

2020 Course Schedule At-A-Glance

Detailed course information begins on page 26. For information on this year's tours, see page 47.

WK	COURSE	TIME	TITLE & DAYS	LOCATION
Multi-week classes	101	8:00-8:45	Water Aerobics & (June 1 - July 31, M,W,F)	HPER Small Pool
	102	9:00-10:00	Yoga & (June 2-June 25 T,Th)	HPER 102
	103	9:00-10:00	Yoga for Lifelong Well-Being & (July 7 -30 T,Th)	HPER 102
	104	10:00-11:00	Tai Chi & (June 1 - July 22, M,W)	BRH 153 & 154
	105	10:00-11:00	Chair Yoga & (June 1 - July 29 M,W)	HPER 215
	106	10:30 - 11:30	Summer Citizen Chorus & (M only excluding 7/7-7/14)	TBD
	107	2:00 - 4:00	Beginning Knitting & (T (3 wks) (6/2 - 6/16))	HH 380
	108	10:30-11:45	Drumming and Rhythm For Fun! & (Wks 1,2,3 T/Th wk 1 (June 2 - June 18))	HPER 209
	109	2:00-4:00	Intermediate Knitting - Felted Wool Bag (June 23 - July 7)	HH 380
Week 1 (June 1-5)	110	9:00-10:15	Banned Books: A discussion of time and context & (M-F)	HH 380
	111	10:30 - 11:45	Don't Let Hearing Loss Keep You Out of the Conversation & (M-F)	HH 380
	112	1:30 - 2:45	BITCOINS, Cryptocurrencies, and Block Chain & (M-F)	HH 322
	113	1:30 - 4:30	Create Custom Greeting Cards - Beginning and Intermediate levels (3 - 3 hour classes=9 sessions) & (M,W,F)	HH 370
	114	1:30-2:45	Naval Battles of the Pacific War & (M-F)	HH 360
	115	3:00 - 4:15	SOCIAL MEDIA BASICS (FOR BEGINNERS) & (M-F)	HH 322
Week 2 (June 8-12)	116	9:00-10:15	The Lyric Theatre: From Page to Stage & (M-F)	HH 322
	117	10:30-11:45	Edward Abbey: Inspiration or Eco Terrorist & (M-F)	HH 380
	118	10:30-11:45	Nutrition Mysteries & (M-Th)	HH 322
	119	1:30-2:45	In Search of the Recent Past-Making Sense of Our Times & (M-F)	EBB 215
	120	1:30-2:45	Lightning Moments & (W, Th, F)	HH 370
	121	3:00 - 4:15	Being Comfortable in the Uncomfortable & (Monday)	HH 370
Week 3 (Jun 15-19)	122	9:00-10:15	Utah's Struggle for Statehood & (M-F)	HH 380
	123	10:30-12:30	Japanese Brush Painting - Traditional Asian Water Color Course & (M-F)	FAV TBD
	124	1:30-2:45PM	The Edwardians & (M-F)	HH 370
	125	1:30 - 4:30	Create Custom Holiday Cards (3 - 3 hour classes = 9 sessions) & (M,W,F)	HH 380
	126	3-4:30PM	Low Back Pain Treatments & (Monday)	HH 322
	127	3:00-4:15	Cache Valley Goes Worldwide & (M-F)	HH 360
Week 4 (Jun 22-26)	128	9:00 - 10:15	How to Optimize Your Android Phone or Tablet & (M-F)	HH 380
	129	9:00- 10:45	Introduction to Drones & (M-F)	TECH 108
	130	10:30 - 11:45	Galapagos Islands Ecosystems & (M-F)	HH 380
	131	10:30-11:45	Baroque Art History & (M-F)	HH 370
	132	1:00 - 4:00	Discover the Joy and Magic of Watercolor & (M-F)	FAV TBD
	133	1:30-2:45	Weather Forecasting & (M-F)	HH 370
	134	3:00 - 4:15	Meet Your Neighbors: Insights Into the Church of Jesus Christ of Latter-Day Saints & (M-F)	HH 322

WEEK	COURSE	TIME	TITLE & DAYS	LOCATION
Week 5 (Jun 29-July 2)	135	9:00-10:30	Supervolcanoes and Lava Fountains: The Geology of the Snake River Plain & (M-Th)	HH 322
	136	10:30-12:00	History's Mysteries and Ironies & (M-Th)	HH 370
	137	1:30-3:00	Political-Military Events in the 20th Century: America dominates the World Stage & (M-Th)	HH 370
	138	3:00-4:30	Peter Sinks, the Coldest Location in the U.S. & (M-Th)	HH 360
	139	9:00-11:00	Beginning Drawing & (M - Th)	FAV TBD
Week 6 (Jul 6-10)	140	10:30-11:45	Maximize Your Use of Gmail and Google & (M-F)	EDUC 170 E/F Lab
	141	1:30-2:45	Early First Ladies of the US & (M-F)	HH 370
	142	3:00-4:15	Shoshone Culture & (M-F)	HH 322
	143	3:00-4:15	US Civil-Military Relations in the 20th Century & (M-F)	HH 360
Week 7 (Jul 13-17)	144	9:00-11:00	The Beatles 'From Liverpool to Abbey Road' - 2 weeks (8 sessions per week) & (M-Th wk 1)	HH 380
	145	9:00-10:15	Experience the Relaxation of Tibetan Singing Bowls (2 day class) & (M-T)	HH 370
	146	10:30-11:45	Ins and Outs of Google Drive & (M-F)	EDUC 170 E/F Lab
	147	2:00 - 4:00	The Sixties: The British Invasion & (M - Th wk 1)	HH 370
	148	1:30 - 2:45	World War II: Key Insights into the Pacific Theater & (M-F)	HH 380
	149	3:00-4:15	Terrorism Awareness: Global and Domestic from a Politically Incorrect Perspective & (M-F)	HH 380
	Week 8 (Jul 20-23)	cont'd	9:00-11:00	The Beatles 'From Liverpool to Abbey Road' - 2 weeks (8 sessions per week) & (M-Th wk 2)
cont'd		2:15 - 4:15	The Sixties: The British Invasion & (M - Th wk 2)	HH 370
150		2:15 - 3:45	America's International Political Challenges & (M-Th)	HH 370
151		3:00-5:00	Beginning Oil Painting & (M-Th)	FAV TBD
Week 9 (Jul 27-31)		152	9:00 - 10:15	SOCIAL MEDIA PLATFORMS AND MOBILE APPLICATIONS (FOR BEYOND BEGINNERS) & (M-F)
	153	10:30-11:45	The Israeli-Palestinian Conflict & (M-F)	EBB 215
	154	2:15 - 3:30	Astronomy: All About Stars & (M-F)	ESLC 046
	155	3:00 - 4:45	American Lighthouse History Tour & (M,W,F)	HH 380

Legend

BRH-Bear River Health Department (off campus)
 EBB-Eccles Business Building
 EDUC-Education Building
 ESLC-Eccles Science Learning Center
 FAV-Fine Arts Visual
 HH-Huntsman Hall
 HPER-Health, Physical Education & Recreation
 IS-Industrial Science Building

- Culture, Religion, and Science
- History and World Events
- Technology
- Health and Fitness
- Entertainment and the Arts