

SUMMER CITIZENS AT UTAH STATE



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CENTER

**UtahStateUniversity**

*Photo courtesy of Stan Stillman*

On behalf of Utah State University and the Logan community, we thank you for your interest in the Summer Citizens Program based in beautiful Logan, Utah. Nestled in the breathtaking Cache Valley, Logan not only serves as a wonderful place to live, but also as a gateway to several national parks and other famous sites in Utah.

## WE INVITE YOU TO SEE ALL YOU CAN SEE WHILE VISITING OUR BEAUTIFUL CITY

From outdoors to arts to heritage to restaurants and shopping, you can experience it all. If you crave the great outdoors, try canoeing on the Bear River. It's a beautiful way to get out in nature, see some beautiful birds and other wildlife and enjoy some solitude. You can rent one inexpensively from USU Outdoor Recreation or Muddy Road



Outfitters. Head up Logan Canyon National Scenic Byway (only a 5 minute drive from downtown) for

a picnic, hiking, mountain biking, or feeding the ducks. The wildflowers are stunning, and you might even see a moose. Still not cool enough? We've got great fishing and four beautiful golf courses with even more beautiful prices. If relaxing in an air-conditioned environment is more your style, catch a free concert at noon Monday-Friday at the Tabernacle, and enjoy some of our delicious locally made ice cream. The city of Logan boasts one of the most robust arts scenes in the state. Check out community and fine arts festivals, repertory theater productions, nationally renowned Broadway and opera performances, free weekday concerts and gallery walks. If partying is more your style, hold on tight for the week long 4th of July celebrations, including Logan's magnificent Freedom Fire celebration featuring

bands, the American Festival Chorus, and spectacular fireworks. In the midst of our great patriotic celebrations, check out the Cache Valley Cruise-In the week of July 4th when a thousand classic cars and motorcycles roll into town. In addition to the local area, you'll find great adventures in virtually all of Utah, southeast



Idaho and as far north as Grand Teton and Yellowstone National Parks. Come discover your own adventure right here in Logan Utah.

**If your idea of staying busy is more on the educational or cultural side...discover one of the many courses offered on campus by university professors and local experts. These classes are designed specifically for Summer Citizens without the stress of homework and grades.**

To become a Summer Citizen participant and enjoy all this program and the Logan community has to offer, please browse through this booklet to learn more. **But hurry, because space is limited and fills up quickly!**

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## COURSE AT-A-GLANCE

BACK COVER

*Doug Farrell*

## Summer Citizens 101

# WHAT IS A SUMMER CITIZEN?

The mission of the Summer Citizens Program is to successfully support the 55+ active adult generation by providing continuing education opportunities. To achieve our mission the program offers a unique combination of educational and recreational activities in an affordable setting during the summer semester on the campus of Utah State University.

The program facilitates and provides information regarding low-cost education courses, university food, on campus and off campus lodging, and various recreational activities in Cache Valley and surrounding areas.

The **Summer Citizens Card** is your passport to the many activities, programs and opportunities associated with the Summer Citizens Program. It would be impossible to enjoy the full benefits available without this card. Enjoy all the campus facilities, resources and commercial opportunities usually reserved for students only. Everyone should have one!

In this brochure you will find a Housing Guide detailing lodging opportunities. Simply find an apartment, residence hall, hotel, or RV park that meets your needs, give them a call, and make your reservation today. See a listing on pages 13 and 14. Hurry, spaces are filling quickly.

Up to date information can be found on our website, <http://summercitizens.usu.edu>. Log on today. We look forward to seeing you in Logan this summer!

**“Summer 2013 was our first summer in Logan. We were amazed at how many activities were available to us. The town is so friendly with a rich history. We’ll be back.”** - *Kathleen Neffenger*



# Look at the Many Benefits Available to You With THE SUMMER CITIZENS CARD



## LIFELONG – LEARNING & FUN on & off CAMPUS

- Recreation & Fitness Classes
- Free Health Clinics
- Educational Courses
- Guided Bus Tours
- Free Coordinated USU Department Tours (on & off campus)
- Free Performances - (Alumni Band, Imperial Glee Club & Cool Classics)
- Numerous Club Activities (golf, hiking, tennis, camera, cards, pickleball)
- Free Luncheon - End of Summer Celebration
- Skyroom Restaurant - BOGO
- Free T-Shirt with on-line registration

## PARKING PERMIT on CAMPUS

- USU Big Blue Covered Parking Terrace & Blue Premium - 4 hrs per day (7:30am - 7:30pm), near Student Center, HPER & Field House recreation
- Unlimited daytime parking in Black, Merrill Hall Gray, Yellow and Blue lots
- Optional \$10 upgrade permit to include Orange & Green lots, see map on page 6

## AGGIE EXPRESS ACCOUNT on CAMPUS

- ID Card serves as a debit card
- 10% Off at Most Dining Locations on Campus
- Computer Labs – 10 locations
- Copy Center – Taggart Student Center

## LIBRARY PRIVILEGES on CAMPUS

- Check-out Books
- Electronic Media

## TECHNOLOGY on CAMPUS

- 10 – Open access labs
- IT Service Desk assistance - Valued at \$40 per hr
- Skilled Techs on-site

## EXCLUSIVE COMMUNITY DISCOUNTS

- Coupon Book with Great Savings
- 2 Merchant Fair Expos
- Dozens of local businesses
- Opera/Theater
- Free Cup of Famous Aggie Ice Cream

## DISCOUNT AND BENEFITS VALUED AT OVER \$600

*This card is required to take advantage of all features listed below and must be presented at all program activities.*

### **Early Registration before April 30**

**1<sup>st</sup> Card - \$95 | 2<sup>nd</sup> Card - \$85\***

*\*same household*

### **After May 1**

**\$10.00 more per card**

## 2015 Campus Rec Add-on Option \$22

### HPER Building Hours 7AM-3PM Mon-Fri

- Pool Lap Swim Hours  
8:30AM-12PM M-F
- Open Recreation dance studio/gym hours will be posted every Monday
- Racquetball courts open 7AM-3PM
- Pickleball see schedule posted every Monday in HPER 215

### Fieldhouse Building Hours 7AM-3PM Mon-Fri

- Billiards
  - Spinning room
  - Fitness Center
  - Indoor Track
- \*Building supervisors and attendants will be available for customer service needs and equipment check out*

**YOU MUST PURCHASE THE CAMPUS RECREATION ADD-ON TO YOUR SUMMER CITIZEN CARD TO TAKE ADVANTAGE OF ALL FACILITIES, TRIPS AND EQUIPMENT LISTED.**

### Equipment available to check out at Fieldhouse & HPER (Free with Campus Recreation add-on)

- Pickle Ball
- Bocce Ball
- Croquet
- Washers
- Ladder Ball
- Kubb
- Horse Shoes

### Equipment available to check out at the Outdoor Recreation Program (special discounted rates)

- Canoes
- SUP
- River Tubes
- Fishing Cat
- Hiking Poles
- Backpacks

### Cutler Marsh Canoeing Trips with the ORP

*(more info at [orp.usu.edu](http://orp.usu.edu))*  
Wednesday June 17th,  
Meet at the ORP @ 7am  
Wednesday July 15th, Meet  
at the ORP @ 6am  
(the ORP is located at 950 E 1000 N)

# ENJOY YOUR SUMMER IN LOGAN!



We can't wait to introduce you to our charming community.



Downtown Logan is only a 5-minute drive from outdoor adventure and beauty in the Wasatch-Cache National Forest.

Beautiful Logan Canyon National Scenic Byway is a 41-mile spectacular drive past limestone cliffs, the Logan River, and forested canopies to the turquoise-blue waters of Bear Lake.

The dramatic canyon provides great fishing, hunting, hiking, camping, canoeing, biking, geocaching, horseback riding, and bird-watching. Don't miss Tony Grove Lake, a glacial lake surrounded by wildflowers and a likely spot to spy a moose.  
[www.logancanyon.org](http://www.logancanyon.org)



Cache Valley's dramatic landscape represents the rugged struggle to settle the American West. It's the ancestral home of the Northwest Band of the Shoshone, mountain men roamed and traded furs here in the 1820s, and Mormon pioneers settled the area in the 1850s.

Stop in at the American West Heritage Center, a 160-acre living history center and experience the history of the Old West. Depending on the day, you'll visit with Native Americans, mountain men, farmers, and pioneers. Museum open year-round; living history open seasonally.  
[www.awhc.org](http://www.awhc.org)

Check out our website for area info and a calendar of events. We look forward to meeting you!

[www.visitloganutah.com](http://www.visitloganutah.com)

199 N. Main St, Logan, UT  
1-435-755-1890

*(Located in the historic  
Cache County Courthouse)*



Welcome to our rich cultural tapestry of performing and fine arts, nurtured and thriving since 1856. Logan was so artsy that in the early 1900s it was known as the Athens of the West.

Take in a wide variety of fantastic talent at our free Noon Music Concerts at the historic Tabernacle Monday through Friday. Concerts last about 45 minutes.

The Center for the Arts is home of the stunning 1923 Ellen Eccles Theatre, which hosts local, regional, and nationally touring productions, and the beautifully restored 1878 Thatcher-Young Mansion, now an art gallery with rotating exhibits.  
[www.centerforthearts.us](http://www.centerforthearts.us)

## CALENDAR OF EVENTS

Noon Music at the Tabernacle  
*End of May – End of July*

Old Ephraim's Rendezvous  
*Memorial Day weekend*

Summerfest Arts Faire  
*June 18th - June 20th*

Old Lyric Repertory Theatre  
*June 11th - August 1st*

Hyrum Star Spangled Week  
*June 27th - July 4th*

Cache Valley Cruise-In  
*July 2nd – July 4th*

Freedom Fire Celebration  
*July 3rd*

Lewiston's 4th of July  
*July 3rd & 4th*

Utah Festival Opera & Musical Theatre  
*July 8th – August 8th*

Pioneer Day Celebration – Logan City  
*July 24th*

Spirit of 47 Pioneer Jubilee @ American West Heritage Center  
*July 24th*

Preston Famous Night Rodeo  
*July 30th – August 1st*

Martin Harris Pageant  
*July 31st - August 1st, August 4th - August 8th, August 11th - August 15th*

Bear Lake Raspberry Days  
*August 6th – August 8th*

Cache County Fair & Rodeo  
*August 6th – 8th*



Stroll on the beautiful campus of Utah State University, a major research university founded as an agricultural college in 1888. Old Main is an architectural icon and the A on top stands for the Aggies, the USU mascot. [www.usu.edu](http://www.usu.edu)

Take a walking tour of historic downtown Logan, where you'll find great examples of early Mormon pioneer architecture, including the temple and tabernacle, the 1923 Ellen Eccles Theatre, the 1914 Bluebird Café (the oldest restaurant in the state), impressive turn-of-the-century homes and churches, and the beautifully restored Cache County Courthouse, home of the Cache Valley Visitors Bureau.



The internationally renowned Utah Festival Opera and Musical Theatre takes the Ellen Eccles Theatre stage to perform operas and Broadway shows along with concerts, classes, backstage tours, and more. Hundreds of performers from the nation's greatest stages showcase a month of spectacular performances. Don't miss *Man of LaMancha*, *How to Succeed in Business*, *La Bohème*, and *Carousel*.

[www.utahfestival.org](http://www.utahfestival.org) or  
**435-750-0300 ext. 3**

The Caine-Lyric Theatre opened in 1913 and is home to the Old Lyric Repertory Company, one of the true remaining repertory companies in the nation. Each summer the talented actors and actresses light up the stage with 4-6 productions and offer a charming view of America's theatre past. **435-797-8022**



**RESTAURANTS** – Logan has more than 70 restaurants to choose from, including many unique restaurants with their own specialties as well as various national food chains.

**SHOPPING** – We've got the chains you're used to like Walmart and Walgreens, a mall with more than 40 stores, and unique shops in the historic downtown area. We have Kohl's & Herbergers, but no stores higher end than that. There are plenty of grocery stores too.

**CHURCHES** – More than two dozen religious denominations welcome visitors to worship. Yes, we do have lots of Mormons here, but don't worry, they're not out to get you. You'll notice quiet Sundays with not a lot of businesses open and larger families than you are probably used to seeing.

# MARK YOUR CALENDARS THE PLACE TO BE

THURSDAY, MAY 28 | 2:00 pm

TAGGART STUDENT CENTER BALLROOM

## **OPENING ORIENTATION & VENDOR FAIR**

**FREE CAMPUS WALKING TOUR** Be sure to attend the Summer Citizens Program Orientation. The first orientation in May is open to all and will familiarize you with the Summer Citizens Program, USU campus and current happenings. Also, come to meet other Summer Citizens. This will be a great place to learn about the many benefits a Summer Citizens Card has and what this card will give you. Visit with our community sponsors and learn more about local business offerings at the orientation.

TUESDAY, JULY 7 | 2:00 pm

ECCLES CONFERENCE CENTER - AUDITORIUM

## **MIDSUMMER UPDATE & VENDOR FAIR**

The Mid Summer Update in July is an opportunity to be updated on new events and program information. Visit with our community and housing sponsors and learn more about local business offerings at the orientation.

TUESDAY, AUGUST 4 | 12:00 pm

TAGGART STUDENT CENTER BALLROOM

## **END OF SUMMER CLOSING SOCIAL**

### **RSVP REQUIRED**

Let's close out the summer with a BANG! Our Wrap Up Closing Social Luncheon will be offered free of charge to everyone with a Summer Citizens Card. This is an opportunity to hear fun facts and information regarding this summer and what next summer will hold in store. Prizes drawings and entertainment make for an exciting time! **Reservations required.** **SEE YOUR SUMMER CITIZENS COUPON BOOK FOR THE RESERVATION FORM.**





01 AC	Alumni Center	21 FL	Family Life
02 AGPT	Aggie Parking Terrace	22 GEOL	Geology
03 AGRS	Agricultural Science w/Cafe on the Quad	23 HPER	Health, Physical Education & Recreation
04 AMPH	Amphitheatre	24 IS	Industrial Science
05 ANSC	Animal Science	25 JQL	Janet Quinney Lawson (Information Technology)
06 BBPT	Big Blue Parking Terrace - 4 hr FREE per day	26 LIB	*Library w/Quadside Cafe
07 BNR	Biology & Natural Resources	27 MAIN	*Old Main
08 BUS	Business	28 MERRL	Merrill Hall
09 DE	Distance Education	29 NFS	Nutrition & Food Sciences
10 ECC	Eccles Conference Center	30 NR	Natural Resources
11 EBLS	Edith Bowen Lab School	31 PERF	Performance Hall
12 ECERC	Early Childhood Education	32 RWST	Ray B. West
13 EDUC	*Education	33 SER	Science Engineering Research
14 ENGR	*Engineering	34 TENNC	Tennis Courts
15 ENINV	Engineering Innovation	35 TSC	*Taggart Student Center w/Skyroom & Hub
16 ENLAB	Engineering Laboratory	36 TSOFC	Tower Soccer Field
17 ESLC	Eccles Science Learning Center	37 UI	University Inn
18 FAC	Fine Arts Center	38 VIC	Visitor Information Center
19 FAV	Fine Arts – Visual	39 VSB	Veterinary Science
20 FH	Fieldhouse	40 WIDT	Widtsoe Hall

\* Indicates Computer Lab Locations



**What is a Summer Citizens Card? Do I need it?** The Summer Citizens Card is mandatory. You will be asked to show your card at all times throughout the summer. It allows you to participate in any on-campus program or event. The card will be used as an identification card for campus services such as recreation facilities, fitness centers, and computer labs; a parking privileges card; and a debit card for dining accounts and select discounts.

**What amenities does my Summer Citizens Card allow me to access on campus?** The Summer Citizens Card allows access to the Library and Computer Labs on Campus. (*HPER & Fieldhouse are optional*) Be sure to take your card with you for verification.

#### **What do I do when I arrive on campus?**

- Park in the Big Blue Terrace located on 700 North, see USU map on page 06.
- Go to the Eccles Conference Center – basement room 103, see map on page 06.
- At the Eccles Conference Center you will pick-up your USU Summer Citizens ID Card if you pre-registered and have had a card issued in prior years. If you have not pre-registered or this is your first summer, you will receive a voucher for the ID card with instructions where to go to get the card printed.
- At the Eccles Conference Center you will also pick-up your USU Parking Pass, Coupon Book, T-Shirt for those who registered online, and other program information
- Eccles Conference Center hours of operation Monday - Friday from 8:00 am to 5:00 pm
- Call 435-797-2028 for additional information

**What happens once I register for a Summer Citizens Card and Courses?** Once you have registered for a Summer Citizens Card and/or courses, a confirmation letter will be emailed or postage mailed to you. Information about Utah State University and Cache Valley, including a coupon book offering discounts to local vendors, will be provided to you upon check in on campus at the Eccles Conference Center.

**Can I just buy one card and share it with my spouse/significant other?** Each Summer Citizen participant must have their own card. Your card is used to identify you as a participant in the program, therefore, not allowing you to share your card with anyone else. Your picture and signature are on the Summer Citizens Card.

**Who is the coordinator for the Summer Citizens Program?** Linda D'Addabbo is the Summer Citizens Coordinator. The Assistant Coordinator is Megan Woolstenhulme. Their offices are located in the basement of the Eccles Conference Center. They can be contacted at Megan: 435-797-2028 or Linda: 435-797-0425. Or at [linda.daddabbo@usu.edu](mailto:linda.daddabbo@usu.edu) and [megan.woolstenhulme@usu.edu](mailto:megan.woolstenhulme@usu.edu).

**When are the workout facilities open?** The HPER Building is open 7:00 am – 3:00 pm Monday – Friday. Lap Swim in the HPER is open 8:30 am – 12:00 pm Monday – Friday. The Fieldhouse is open 7:00 am – 3:00 pm Monday – Friday.

**Where can I park on campus?** The Summer Citizens Parking pass allows parking in all Blue, Black, Merrill Hall Gray, and Yellow Lots. It also allows 4 hours in the Big Blue Parking Terrace, & Blue Premium, located on 700 North. (*See map on pg 6.*) **Optional \$10 upgrade permit to include orange & green lots.**



**Handicap accessible parking?** You must have a handicap permit or license plate to park in designated handicap stalls on USU's campus.

**What is the Welcome and Orientation?** The Welcome and Orientation will be held Thursday, May 28th at 2:00 pm in the Taggart Student Center Ballroom. This is the place to learn why the Card holds such great value! Summer Citizens will have the opportunity to visit with university and community representatives to learn about benefits and discounts for being a Summer Citizens Cardholder. Be sure to attend!

**How do I register for the Closing Social?** Fill out the ticket in the back of your coupon booklet and deposit the ticket in the drop box at the Summer Citizens Office in the Eccles Conference Center. The Closing Social is August 4th at 12:00 pm, in the TSC Ballroom.

**If I'm staying at one of the Program Hotels, how will I learn about university and community events during my stay?** After each Communication Council meeting, the hotel will be given information that was distributed at the meeting. You can also find the information posted on the Summer Citizens website. Short term stay orientations will be held for hotel guests. Visit the website for dates & times.

**How will I know about university and community events throughout the summer?** Each authorized program apartment complex chooses one or more individuals to be a Communication Council member. These members attend a bi-weekly meeting where they will receive information/flyers about upcoming events for posting on bulletin boards in your complex. If you have alternative housing, you may attend these meetings to learn about this information. The first communication council meet-

ing will be held Tuesday, May 26th at 8:30 am. Event information will also be posted on our website calendar of events at [summercitizens.usu.edu](http://summercitizens.usu.edu).

**What is the weather like?** Even on a hot day it typically cools down in the evening and stays pleasant through most of the morning. An evening breeze from Logan Canyon cools the temperatures at night.

**What if I want to bring my pet(s)?** Space is extremely limited for those who would like to bring pets. Cambridge Court, Riverside Apartments, Island Inn, Crystal Inn, and the Best Western Plus Weston Inn are the only housing facilities that allow pets. For more details, please contact them directly:

**Cambridge Court**  
Sonya Davis - 435-760-5464

**Riverside Apartments**  
*Additional Cost*  
Brooke Huppi - 435-787-4985

**Island Inn**  
Larry or JJ - 435-752-2073

**Crystal Inn**  
*Additional Cost*  
435-752-0707

**Best Western Plus Weston Inn**  
435-752-5700

**"As we drive into Logan we feel like we have come home. Every year we make more friends who are Summer Citizens and local people. There are so many wonderful things to do in Logan that the hardest problem is which thing to choose. We have fallen in love with Logan and its great people." - Norma & Bill Heflin**



**The apartments listed are members of the Utah State University Summer Citizens Program. However, no endorsement, guarantee, or recommendation of these apartments by Utah State University should be implied or presumed from this listing.**

**AGGIE FLATS** is close to the university and offer two and three bedroom apartments in a relaxing and social environment. The apartments are clean, affordable, comfortable and newly renovated. It is a quiet location with on-site managers, game nights, and dinner socials. Rates include high speed wireless internet, DirecTV, and all utilities. Come celebrate your summer with Aggie Flats and enjoy the best in off campus living.

**APPLETREE COVE** is a new experience in summer housing, tucked away off the street for privacy and close to the USU campus. With many extras such as double walled separation between units, large Low-E windows, built in microwave, free internet connection in every room, free TV included, cable services available but not included, central air, dishwasher (dishes, pots, pans, glasses and utensils included), and front loading washer and dryer, makes everything just a little nicer than you would expect in a rental. Summer options available. Call for details.

**BLUE SQUARE** is conveniently located across the street from campus and Romney Football Stadium! We provide Summer Citizens with flexible 1, 2, & 4 bedrooms housing options to fit your needs. Cable, internet, utilities, free laundry, and storage are all included in the contract price. In only the 3rd year of operation, Blue Square offers access to a variety of on-site restaurants satisfying various food cravings including: Mundo's Latin Grill; Subway; Mojo's Frozen Yogurt; and The Bull's Head Grille. All are located on the ground floor of our anchoring building. With a beautifully equipped private Resident Lounge, gas-powered fire pit, Jacuzzi pavilion, work-out room, sky viewing deck and more, Blue Square has quickly become the off-campus village for all Summer Citizens to enjoy!

**CAMBRIDGE COURT** is nestled by a quiet canyon close to Utah State University and offers both comfort and value. Our wonderful amenities include a heated indoor pool, large jetted hot tub, and inviting sundeck in a landscaped courtyard setting. There is ample parking and a convenient bus stop in front of the premises. You'll also find responsive, on-site management and a splendid social environment, social center with exercise room, community computers, foosball, BBQ grills and management sponsored socials. Prepare for a wonderful summer.

**D'S BRIDGERLAND** Apartments have two large bedrooms, kitchen, living room, bathroom, and plenty of storage space. The couch, loveseat, end tables, lamps, desk, dining table and chairs, beds, dressers and vacuums are all furnished for summer guests. Air-conditioning is available on the second and third floors. The apartments also have a clubhouse with daily activities, including bridge games, craft times, and parties! On-site management, come and spend your summer months in Cache Valley. Includes free basic cable and high speed internet.

**ISLAND INN** welcomes our Summer Citizens to your home away from home. We are located in Logan's beautiful "Island" area where the cool and refreshing breezes of Logan Canyon filter down. The grassy area and amenities provided make Island Inn a true Senior Community for three months between each school year. Island Inn's well-furnished guest units include large kitchens, free high speed wireless internet, air conditioning, and more. Our splendid social environment offers scheduled summer activities. We provide a heated swimming pool, jetted hot tub, sundeck, fitness center, computer center, and a secluded BBQ and group picnic area. You'll be steps away from Cache Valley's free public transportation access points. Come join us at our Cache Valley "get away" and make this summer one to remember.

**MERRILLHALL** (Utah State University Residence Hall) is an apartment style complex in the ideal location for a quick summer retreat or a full summer stay. In this spacious, three-story residence hall you'll have three bedrooms, one full bath, and a large room adjacent to the kitchen. It provides a great opportunity to become familiar with Utah State University and surrounding areas. You'll have the main campus at your doorstep and be just steps away from the library and key campus buildings. Rates include basic furniture, utilities, cable TV, internet and a USU Summer Citizen card for each occupant. (*Maximum of 2 cards per apartment.*)

**OAKRIDGE** Apartments provides a wonderful senior community atmosphere, comforts of home with friendly onsite management & maintenance, and activities catered specifically to our Summer Citizens. Each air conditioned apartment is around 1200 sq ft, 4 bedrooms & 2 full baths. Our amenities stand above the rest: with a heated pool & jetted hot tub, fitness center, game room & free laundry. Remember...All inclusive – Flat Screen TV in every apartment, free internet, cable, utilities & laundry. There is always something going on...card or dice games in the clubhouse, BBQ's, movies each Sunday, guests visiting outside in one of the grassy areas, & Oakridge hosted socials. Oakridge has a half season for those not coming to Logan until July. Convenience Packages – With many new Summer Citizens coming to Logan for the first time, we will setup your apartment with all your basic needs-\$150 for the whole summer.

**OLD FARM** Town Homes offers Summer Citizens a unique combination of convenience, relaxing atmosphere, & a dynamic social environment. The townhouses feature 3 bedrooms, 1 & a half bathrooms, full furnishings, wireless internet, cable TV, manicured common areas, ample free parking, coin-operated laundry facility & social lounges. With a convenient location to the University & to community events, Old Farm residents can enjoy a large variety of activities on-site such as: nightly card playing, yoga/ exercise classes, pot luck dinners, holiday celebrations &

the famous Old Farm Summer Olympics & lawn games. Also stay well informed of events in & around the valley. Helpful on-site management, & daily maintenance available; Summer Citizens will find Old Farm the ideal place to spend their summer months in Cache Valley.

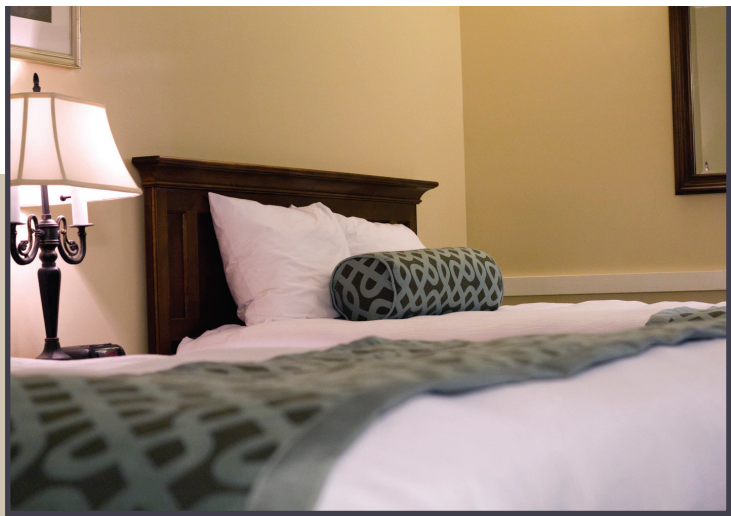
**PINE VIEW** Apartments was the first apartment community to accommodate Summer Citizens in Logan. This experience and knowledge provides us expertise in meeting the needs and wants of Summer Citizens. Pine View is located just steps away from the Utah State University campus and offers residents an impressive array of amenities. Our clean, single level, spacious, three-bedroom, two-bathroom apartments are modern and comfortably furnished. (Residents provide their own linens, utensils, cookware, and bedding). Our social coordinators specialize in organizing activities and events based on interests of Summer Citizens, which provides an enjoyable and entertaining experience for residents. Delight in a refreshing swim in the sparkling pool or relax in the new spa at Pine View West. The friendly, professional, on-site management team is committed to provide residents with a high level of customer service. Please call our Summer Program Representatives, Jim and Margaret Gallenstein at 623.362.0622 or visit our website at [www.pineviewllc.com](http://www.pineviewllc.com) for more information. *This is the place you want to live!*

**RIVERSIDE** Our brand-new building will have elevator access to each floor, a modern fitness center, and a state-of-the-art stadium theater. Each apartment is fully furnished, and includes a washer/dryer. A vehicle/bicycle parking garage, with an electronic key system throughout the building, makes us the ideal choice for safety and peace of mind. Riverside offers a quiet, comfortable place to call home. A shuttle stops within steps of the building, and we are located right across the street from Romney Stadium. If you would like more information, or to secure your spot at Riverside, call (435) 787-4985.

**SNOW HALL** (Utah State University Residence Hall) In this spacious, air-conditioned, five-story residence hall, you'll have three full bedrooms, two full baths and a large great room adjacent to the kitchen. You'll be steps from the Helen Lundstrom Center and right next to all housing-sponsored campus activities. Rates include basic furniture, utilities, cable TV, internet and a USU Summer Citizen card for each occupant. (*Maximum of 2 cards per apartment.*)

UNIVERSITY  
**INN &  
 CONFERENCE**  
 CENTER

**UtahStateUniversity**



GET THE SUMMER CITIZENS **SPECIAL RATE!**  
 at the University Inn – the center of all your summer fun.

**STAY ANY TIME**

MAY 4 - AUGUST 7, 2015

14 NIGHT PACKAGE

21 NIGHT PACKAGE

**\$1199+TAX**

**\$1599+TAX**

**2 QUEEN ROOM**

upgrade to a King  
 for just \$199

**2 QUEEN ROOM**

upgrade to a King  
 for just \$199

**SUMMER CITIZEN CARD INCLUDED IN PACKAGE**



**HOTEL AMENITIES**

- Microwave and fridge unit
- Full bath with a second vanity
- Air conditioning
- Cable TV
- Non-smoking rooms
- 24-Hour guest services
- ADA accessible rooms
- Daily housekeeping services
- Free high-speed internet
- Free covered parking
- Complimentary hot breakfast
- Free cup of Aggie Ice Cream

*SPACE LIMITED, ADVANCED RESERVATIONS RECOMMENDED. Credit card required to reserve package. Cancellation notification must be received in writing two weeks prior to arrival date. Two weeks prior to arrival date, the credit card reserving the package will be billed for the full amount, plus tax. Cache County hotel tax 10.6%. Once the credit card is charged the package is NON-REFUNDABLE.*

## BEST WESTERN PLUS WESTON INN EXTENDED STAY PACKAGES

Located in the beautiful Cache Valley of Northern Utah, The Best Western Plus Weston Inn is the perfect place to spend a night or extended stay in comfort. The Best Western Plus Weston Inn offers travelers a relaxing stay. Every room has a 32" flat panel TV, microwave, refrigerator, and an Ethernet connection for high-speed internet access. It is the perfect place for a special discounted 15 night stay, a family gathering, or just a place to rest your head before heading up to campus for the summer. Located on Main Street in Logan, the Best Western Plus Weston Inn is close to many of the area's great restaurants and attractions. Enjoy a night at the opera, or a play at the stately Ellen Eccles theater or the Historic Old Lyric Repertory Theater. Bear Lake and Beaver Mountain are

just a short drive up scenic Logan Canyon, where sailing, fishing and hiking or site seeing are available. It is only 15 miles to Hardware Ranch, 2 blocks to the Logan LDS Temple and 8 blocks to Utah State University. Seven miles away you can step back in time with a visit to the American West Heritage Center and Jensen Historical Farm. Main Street, also known as Hwy 89-91, is a scenic byway to Yellowstone National Park. The Best Western Plus Weston Inn has a bit of something for everyone.

**Contact Sales at 435-752-5700**

STAY ANYTIME	
JUNE 1 - August 31, 2015	
1 - 14 NIGHTS	15+ NIGHTS
<b>79.99</b> PER NIGHT	<b>69.99</b> PER NIGHT

Nestled in the scenic Cache Valley of Northern Utah, Logan is surrounded by stunning natural beauty. The Bear River Mountains rise on the east while the exceptionally steep Wellsville Mountains provide a stunning backdrop to the Cache Valley farmlands on the west. Logan provides an attractive gateway to the rich, scenic wonderland of northwest Wyoming and southern Idaho.

- Interior Entrance
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Long ago, the rich soil of Logan attracted pioneers in search of fertile land. Today, Logan is home to Utah State University, site of one of the finest university-level agricultural programs in the nation. Originally founded in 1888 as a land-grant agriculture college, USU has since developed into a major learning and research center.

## EXTENDED STAY PACKAGES

UP TO 30 NIGHTS	30+ NIGHTS
<b>\$79.00</b> PER NIGHT <i>DOUBLE QUEEN/SINGLE KING</i>	<b>\$69.00</b> PER NIGHT <i>DOUBLE QUEEN/SINGLE KING</i>
<b>\$94.00</b> PER NIGHT <i>KING SUITES</i>	<b>\$84.00</b> PER NIGHT <i>KING SUITES</i>

*(If during black out dates – standard rate will apply.)*

**Contact: Sondra Parker, Sales Manager. 435-752-0707, [sondrap@crystalinns.com](mailto:sondrap@crystalinns.com)**

■ INCLUDED WITH RENT  
■ ADDITIONAL COST  
■ AVAILABLE IN SOME UNITS  
■ AVAILABLE FOR CHECKOUT  
**HK** PROVIDED BY HOUSEKEEPING  
**EV** ELEVATOR AVAILABLE

**\*ALL UNITS ARE NON-SMOKING**

		# OF BEDROOMS	ELECTRICITY	GAS	WATER	SATELLITE / CABLE TV	REFRIGERATOR	DISHWASHER	MICROWAVE	DISPOSAL	VACUUM	
<b>01</b> UNIVERSITY INN 800-231-5634	4300 Old Main Hill · Logan, UT 84322 uicc.usu.edu	1	■	■	■	■	■	■	■	■	■	HK
<b>02</b> MERRILL HALL 800-863-1085	8600 Old Main Hill · Logan, UT 84322 housing.usu.edu	3	■	■	■	■	■	■	■	■	■	■
<b>03</b> SNOW HALL 800-863-1085	8600 Old Main Hill · Logan, UT 84322 housing.usu.edu	3	■	■	■	■	■	■	■	■	■	■
<b>04</b> AGGIE FLATS 435-752-6874	729 E 900 N #1 · Logan, UT 84321 www.aggie-flats.com	2 - 3	■	■	■	■	■	■	■	■	■	■
<b>05</b> APPLE TREE COVE 888-687-7626 EXT. 3	668 E 800 N · Logan, UT 84321 Web: www.purplechair.info Email: info@purplechair.info	3	■	■	■	■	■	■	■	■	■	■
<b>06</b> BLUE SQUARE 435-787-2582	1111 N 800 E #A101 · Logan, UT 84341 www.bluesquareusu.com	2 & 4	■	■	■	■	■	■	■	■	■	■
<b>07</b> CAMBRIDGE COURT 435-760-5464	590 Canyon Road #1 · Logan, UT 84321 www.cambridgecourt.net	2	■	■	■	■	■	■	■	■	■	■
<b>08</b> CRYSTAL INN 435-752-0707	853 S Highway 89/91 · Logan, UT 84321 www.crystalinnlogan.com	1	■	■	■	■	■	■	■	■	■	HK
<b>09</b> D'S BRIDGERLAND 435-890-2557	956 N 600 E #26 · Logan, UT 84321 www.bridgerlandapartments.com Jennifer Anderson	2	■	■	■	■	■	■	■	■	■	■
<b>10</b> ISLAND INN 435-752-2073	558 & 568 Canyon Rd · Logan, UT 84321 www.islandinnapts.com Larry Or "JJ" Emery	2 - 4	■	■	■	■	■	■	■	■	■	■
<b>11</b> OAKRIDGE 435-753-6555	1355 N. 800 E. Apt #1 · Logan, UT 84341 www.allinclusivestudenthousing.com	4	■	■	■	■	■	■	■	■	■	■
<b>12</b> OLD FARM 435-752-7501	777 East 1000 North · Logan, UT 84321 oldfarm96@gmail.com	3	■	■	■	■	■	■	■	■	■	■
<b>13</b> PINE VIEW APTS. 480-661-0404	780 East 1000 North #26 · Logan, UT 84321 www.pineviewllc.com Jim and Margaret Gallenstein	2 - 3	■	■	■	■	■	■	■	■	■	■
<b>14</b> RIVERSIDE 435-787-4985	1251 N 800 E · Logan, UT 84321 bhuppi@mountainstatespm.com Brooke Huppi	4 - 5	■	■	■	■	■	■	■	■	■	■
<b>15</b> BEST WESTERN PLUS WESTON INN 435-752-5700	250 North Main · Logan, UT 84321 www.westoninn.com	3	■	■	■	■	■	■	■	■	■	HK





AIR CONDITIONER/EVAP. AIR	TELEVISION SET	DESK	FURNISHING PACKAGE	SWIMMING POOL	JACUZZI/SPA	COIN-OPERATED LAUNDRY	STORAGE	COVERED PARKING	STAIRS	ADA ACCESSIBLE ROOMS	FOOD WITHIN WALKING DISTANCE	PETS	ALSO RENTS TO STUDENTS	ON-SITE MANAGER	INTERNET CONNECTIONS	SOCIAL ENVIRONMENT	COMPUTER ACCESS	SHORT TERM OPTIONS AVAILABLE	SUMMER CITIZEN CARD	CONTRACT DATES	COST
									EV		X		NA							SEE PAGE 11	SEE PAGE 11
											X									MAY 19 - AUG 7 4 TO 12 WEEKS	\$1810 \$1115 - \$1480
											X									MAY 19 - AUG 7	\$2390
											X									MAY 19 - AUG 16	\$1600- \$1700
																				MAY 11 - AUG 17	\$2300
									EV		X									MAY 16 - AUG 16	\$3050- 2 bdrm \$3500 - 4 bdrm
																				MAY 18 - AUG 15	\$2150
											X		NA							SEE PAGE 15	SEE PAGE 12
											X									MAY 16 - AUG 22	\$1500
																				MAY 17 - AUG 16	\$2190
											X									MAY 15 - AUG 8 JUNE 29 - AUG 8	\$2298 \$1598
											X									MAY 14 - AUG 13	\$1400
											X									MAY 14 - AUG 18	\$1825- \$1725
											X									MAY 19 - AUG 14	\$2275 - \$2625
											X		NA							SEE PAGE 12	SEE PAGE 12

# HOUSING MAP

1400 N



1400 N

800 E

11 OAKRIDGE

14 RIVERSIDE

1200 E

200 E

400 E

600 E

06 BLUE SQUARE

03 USU HOUSING SNOW HALL

1000 N

SEE INSET BELOW

MAIN STREET

900 N

800 N

05 APPLETREE COVE

700 N

01 UNIVERSITY INN

TO BEAR LAKE

UTAH STATE UNIVERSITY

02 USU HOUSING MERRILL HALL

400 N

100 E

700 E

CANYON RD

300 N

07 CAMBRIDGE COURT

200 N

15 BEST WESTERN PLUS WESTON INN

10 ISLAND INN

## INSET ABOVE ENLARGED

CENTER

MAIN STREET

600 E

800 E

09 OLD FARM

1000 N

D'S BRIDGERLAND

09

13 PINE VIEW

04 AGGIE FLATS

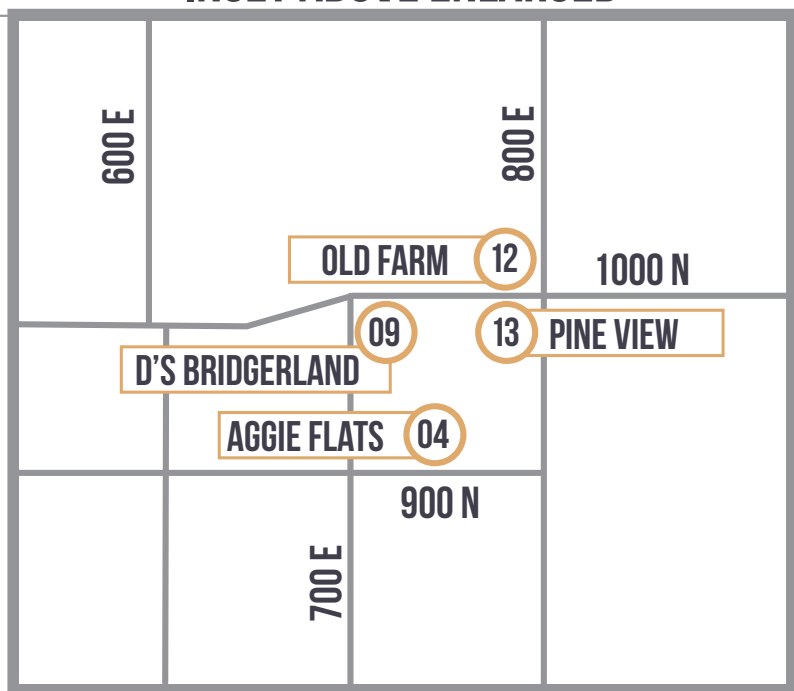
04

900 N

08 CRYSTAL INN

700 E








TO SALT LAKE CITY



## BECOME A LIFELONG LEARNER

THE SUMMER CITIZENS PROGRAM IS DEDICATED TO PROVIDING EDUCATIONAL OPPORTUNITIES FOR SENIOR CITIZENS.

More than 60 courses are taught by university professors and local experts with a wide range of stimulating topics. Below is a listing of the Summer Citizens Courses to be offered during 2015. Registration opens January 12, 2015 See page 45 for information on how to register. The courses below are listed by topic and color coded in the following manner:

 CULTURE & RELIGION	pg 15-18	 HISTORY & WORLD EVENTS	pg 31-34
 ENTERTAINMENT & THE ARTS	pg 18-22	 TECHNOLOGY	pg 35-38
 ENVIRONMENTAL & NATURAL RESOURCES	pg 23-24	 TRAVEL ADVENTURES	pg 38-44
 HEALTH & FITNESS	pg 25-30		

### DISCOVERING YOUR FAMILY HISTORY

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
142	June 1 - June 5	1:30 PM - 3:15 PM	MON - FRI	\$50.00	YETC PC Computer Lab

Begin the exciting search for your family's story. Learn the basics to get you started researching your family history and the tips and tricks to help you continue your search. This class will focus on: beginning genealogy research strategies, easy to use and easy to access sources such as census records, cemetery records and vital records, organizing your information, helpful websites, with an emphasis on those that are available for free, making the internet work for you, and fun ways to share your family history. This class will be half lecture and half personal work time, so bring your family information with you. Basic computer experience is helpful.

**INSTRUCTOR:** YVONNE CURRY is a professional family history researcher and lecturer. She successfully completed the NGS home study course, the BYU Family History Certificate program, has served as a FHC volunteer and on the library committee of the California Genealogical Society. She currently serves as a volunteer at the Logan FamilySearch Library assisting patrons and teaching genealogy classes as well as lecturing at regional genealogy conferences.

### SPANISH FOR BEGINNERS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
145	June 1 - June 5	3:30 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 304

This class is designed for those who have never taken a Spanish language course before, or for anyone who has studied some time ago but has forgotten and wants to have a quick review of the basics. Topics covered will include pronunciation, greetings, introductions, numbers, asking and answering questions, plus vocabulary used in daily conversation. Use of flashcards and repetition will actively involve all students in a fun and engaging class.

**INSTRUCTOR:** JORGE APARICIO was born and educated in Mexico City. For 30+ years he worked for Chemithon Corp. in Seattle, WA in sales and marketing engineering and most recently as International Sales Manager in Latin America and Asia. After retiring to Sun Lakes, AZ, he has taught all levels of conversational Spanish at several venues including community college, fire departments, real estate, construction groups, and local adult communities. He's developed his own method of teaching with flash cards and repetition which enables students to learn the language in a fun and easy way.

## MEET YOUR MORMON NEIGHBORS: INSIGHTS INTO THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
181	June 15 - June 19	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 201

Come and learn about the history, doctrines, organization, culture and quirks of the Church of Jesus Christ of Latter-day Saints. This is NOT an attempt to convert anyone, just a chance to discover more about your neighbors in your summertime home in a fun and relaxed learning environment.

**INSTRUCTOR:** JULIE HOLLIST is a sixth-generation active member of the Church of Jesus-Christ of Latter-day Saints. She has taught gospel doctrine classes in her congregation for 6 years and is well-acquainted with the history and culture of the LDS Church.

## DOES SCIENCE SUPPORT RELIGION?

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
208	June 22 - June 26	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 202

Explore separate areas in the progression of increasingly complex life forms through time, from the many constants of the universe, the first form of life, and different ideas of how complexity could come about. By better understanding what was necessary for life to begin on primitive earth, we can make a more informed decision to the question: Is life here by chance, or did it require a creator? Ken D. Wright will explore what science has discovered about life and the universe, including many of the constants that make life possible. If any of these numbers were different by even a small amount, life would cease to exist. Ken will also discuss the on-going battle between religion and mainstream science, and address some of the many existing problems in science that are still unanswered. Dr. Frank B. Salisbury summarizes many of the attempts that have been made to discover how such complexity could come about according to the known laws of physics and chemistry. Progress has been made in suggesting ways that the elements and molecules of life might have appeared on Earth shortly after it was formed, but there are astronomically wide gaps in our understanding of how these elements and molecules might have been organized into the first functioning cell. Dr. Rex Spendlove describes the complexities of the simplest cell and what is necessary for this cell to survive. It soon becomes apparent that such a cell is very close to being irreducibly complex. If virtually any of the structures and functions were missing, this simple cell could not live. To at least some scientists, this complexity cries out for an Intelligent Designer: God. Finally, Ken Wright will focus on light and some of its amazing properties that dovetail beautifully with the Spiritual Light that fills the universe.

**INSTRUCTOR:** ADAM BROWN The Scientists Supporting Religion Foundation is a 501(c)(3) nonprofit organization with a mission to show that the discoveries of science indicate that this universe and all living forms of life have been designed. Our goal is to provide the scientific information necessary to allow individuals to make an informed and educated decision for themselves whether or not science supports religion. Dr. Rex Spendlove: Rex received his PhD in microbiology from Ohio State University. He has taught at the University of Connecticut and Utah State University. Frank S. Salisbury: After earning his bachelor's and master's degrees in botany and biochemistry at the University of Utah, Frank went on to earn his doctorate in plant physiology and geochemistry at Cal Tech. Ken D. Wright: Ken received his Bachelor of Arts in mathematics from Brigham Young University in 1962 and worked in aerospace as a mathematician and scientific programmer until returning to school for an MBA.

**“Truly wonderful experience-stimulating educationally and culturally.” – Warren Salinger**

## CONTINUING YOUR FAMILY HISTORY

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
226	June 29 - July 2	10:30 AM - 11:45 AM	MON - THUR	\$50.00	YETC PC Computer Lab

After the initial excitement of successfully finding more about our families, family history researchers often hit a brick wall. Finding records and information becomes more difficult. This class will explore more advanced family history research techniques, additional sources such as military records, immigration records, newspapers, local history books, etc., and special problems such as identifying female ancestors and origins of immigrant ancestors. This class will be half lecture and half personal work time so make sure and bring your family information. Basic computer experience is helpful.

**INSTRUCTOR:** YVONNE CURRY is a professional family history researcher and lecturer. She successfully completed the NGS home study course, the BYU Family History Certificate program, has served as a FHC volunteer and on the library committee of the California Genealogical Society. She currently serves as a volunteer at the Logan FamilySearch Library assisting patrons and teaching genealogy classes as well as lecturing at regional genealogy conferences.

## CONVERSATIONAL SPANISH FOR BEGINNERS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
259	July 6 - July 10	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 204

This class is designed for students who have some prior Spanish exposure but have not yet acquired the level of confidence needed to speak in actual conversations. Through use of repetition and flash cards, students will be able to form sentences using different tenses. The class will include expressions used in conversations with friends and family, asking and giving directions, forming questions, and telling time.

**INSTRUCTOR:** JORGE APARICIO was born and educated in Mexico City. For 30+ years he worked for Chemithon Corp. in Seattle, WA in sales and marketing engineering and most recently as International Sales Manager in Latin America and Asia. After retiring to Sun Lakes, AZ, he has taught all levels of conversational Spanish at several venues including community college, fire departments, real estate, construction groups, and local adult communities. He's developed his own method of teaching with flash cards and repetition which enables students to learn the language in a fun and easy way.

## BEGINNING DECORATIVE ART: ACRYLIC FREE HAND FLORAL

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
118	June 4 - June 25	10:15 AM - 11:45 AM	THUR	\$60.00	FAV 209

Nature is full of amazing shapes and color. In this 4 week, 2 hr. class, the participant will learn how to hold and use a flat brush to create the shapes of petals and leaves. Using acrylic paint, loading techniques will be taught to give soft color blend. Included in the learning are simple wildflowers, daisies, pansies, and roses. Paint projects will be on wood - which the individual will choose on their own at the local craft store. Course Fee Includes: 7 Basic Paints & 2 Basic Brushes.

**INSTRUCTOR:** MARILYN PETERSON is an education and wellness junkie. She graduated from Utah State University as a student of Therapeutic Recreation and Programming. She received her masters degree in Gerontology from the University of Utah Interdisciplinary Program, with a focus on life long learning . She has worked with the elderly population for over 14 years, as a program director, fitness coach, and advocate. Marilyn has taught on the university level classes in diversity, leisure, and therapeutic recreation. Within the community, Marilyn has taught outreach classes in nutritional lifestyles, sit down exercise, and wellness, and she enjoys working with the Alzheimers' support group. Marilyn shares a simple life philosophy, "You don't know til you try- so why not give it a try", and her many interests are an example of that. She has logged over 1100 hours teaching in the decorative arts, and has facilitated numerous group activities, developed methods of working with Alzheimers' clients, choreographed weekly sit down exercise groups, led a book club, is fascinated with good music, and loves interacting with people

## A SALUTE TO THE GREATEST FOLKLORE MUSIC AND GREAT PERFORMANCES OF CUBA AND BRAZIL

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
175	June 15 - June 19	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 202

Take a nostalgic musical/historical educational tour through the sites, music, instruments, rhythms, and dances from the provinces and cities, view and listen on screen the great performances by the famous musicians productions and performances such as: Segundo Company, Celia Cruz, Israel Cachao, Tito Puente, Isolina Carillo, Jobim, Astro Gilberto, Xavier Cugat, Casa de la Trova, Ibrahim Ferrer, and Social Club Buena Vista. Watch all the famous dances such as the rumba, mambo, cha-cha, and lambada with the great performers and their orchestras.

**INSTRUCTOR:** DR. RONI STEIN - Musicologist, is a graduate of Juilliard School of Music-NYC and North Carolina State University with PhD in classical & world music history, composition, harmony and counterpoint. She is a university professor-lecturer in New York, Florida, Latin America, the "Kravis Center for the Performing Arts"-Florida, the USU Summer Citizens Program-Logan, the "UMFO" Opera Festival Academy -Logan, Utah. Affiliated with the "Music Healing Program." Member of the Speakers' Bureau of the Israeli General Consulate. Served as Cultural Attache in the Carribean and Latin America.

## BEST AMERICAN SHORT STORIES OF THE 20TH CENTURY

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
202	June 22 - June 26	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 204

Adventure into the world of literature as told by some of the best contemporary short story writers. The short story is quality fiction, but it is short, unlike the novel. It has always been America's own typical form of literary expression from Washington Irving to Edgar Allan Poe. Since then, there are nearly 3,000 short stories submitted every year, and how wonderful they are. Only the purported "best" are represented in the book we will use, The "Best American Short Stories of the Century", edited by John Updike and Katrina Kenison purchased on Amazon for a very reasonable price. We will read, discover, and discuss the most compelling stories of each decade, extraordinary stories that represent a century's worth of unsurpassed accomplishments by writers like Updike himself, Sherwod Anderson, Willa Cather, F. Scott Fitzgerald, Vladimer Nabokov, Martha Gellhorn, Saul Bellow, to name a few. These authors explore the depths of human behavior be it war, family complications authentic social issues, love of God, others, personal suffering, political conversations, all expressed in masterful and exciting discourse for the reader to unveil the characters, unravel the plot, resolve a crises, and explore the human state of mind. Each of us will bring to this short story class our unique experiences as to our intellectual interpretation of the stories.resulting in some lively discussion. We should have an exciting week A list of the selected stories will be provided to you prior to the class. If you find a story that particularly interests you, please let me know and I will consider it for one of our group discussions.

**INSTRUCTOR:** ROBERTA KLEBANOFF received her BA from Hunter College, NY, and M.ED from the University of Maryland. She has taught English and writing in seconday shools and colleges in Maryland and Mission Viejo, CA. In 1997, she ventured to China where she taught Oral English, reading comprehension, and Understanding American Culture. She has also taught in Germany, Alaska, and Italy. At the present time, she is tutoring college students at Palm Desert Community College in expository writing and essays exploring the elements of fiction.

## THE OLD LYRIC REPERTORY COMPANY: AN INSIDER'S GUIDE FROM THE PAGE TO THE STAGE

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
211	June 25 - July 1	10:30 AM - 11:45 AM	THUR - WED	\$50.00	ENGR 202

Examine the process of mounting a stage production with a series of guest lectures from directors, actors, and designers at the Old Lyric Repertory Company. Discover what it is like to be a professional (Equity) actor. Learn about the history of theatre in Cache Valley and tour Logan's historic theatres. Discuss several plays, then see them performed (optional). The group will meet before a show for a potluck dinner at the instructor's home and have talkbacks with the actors and directors of the productions. The cost of tickets and the price of the dinner are not included in the course tuition but will be reasonable.

**INSTRUCTOR:** DENNIS HASSAN is Professor of Scenic Design at Utah State University and Co-Artistic Director for the Old Lyric Repertory Company. He has designed over 150 productions for theatres across the United States. Dennis started working for the Old Lyric Repertory Company nearly 30 years ago first as performer, then as technician, scenic designer, and now as Co-Artistic Director. He teaches period styles, scenic design, scene painting and contemporary theatre.

## SHAKESPEARE: CYMBELINE

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
223	June 29 - July 2	9:00 AM - 10:30 AM	MON - THUR	\$40.00	Bullen Center - Carousel Ballroom 43 S Main St Logan UT

Experience the beauty of Shakespeare's language and the relevance of his characters by delving into one of his richest, but least frequently performed plays, Cymbeline, which will open in Logan in early August. Learn to find the clues Shakespeare left in his texts that help actors bring his 450-year-old characters to life. Work with the director and a few veteran actors of Logan Youth Shakespeare as we explore this exciting collaborative art form together. Logan Youth Shakespeare is a community arts organization in which kids between 9 and 19 years of age learn about Shakespeare by acting in his plays. These young actors perform the complete text of Shakespeare's plays with full understanding and an intensity that belies their tender years. In just 5 years the program has given 85 performances of 16 different plays, spawned an actor-directed company, developed a strong local following and garnered numerous awards. Come find out, first hand, how this happens. Transportation to the Bullen Center in downtown Logan is on your own.

**INSTRUCTOR:** MARY JACKSON-SMITH is the founding director of Logan Youth Shakespeare. A renaissance woman of sorts, Mary as a bachelor's from Oberlin College, and a master's from the University of Wisconsin. As a young woman, she worked with the Amish in Ohio and traveled Great Britain on foot. As a slightly older woman, she taught her two-year olds at a Montessori school while raising sheep and children in Wisconsin and Utah. She followed her daughters to Shakespeare, working first as a volunteer, then director at Young Shakespeare Players in Madison, WI before founding Logan Youth Shakespeare in 2009. She studied Shakespeare and learned to direct and create costumes in USU's theatre department, and is a member of Rolling Home, a local acapella harmony group. She has directed 17 full-length Shakespeare plays.

## FROM VERDI TO PUCCINI-GREATEST CLASSICAL OPERAS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
232	June 29 - July 2	3:15 PM - 5:00 PM	MON - THUR	\$40.00	ENGR 202

A nostalgic journey and education of world class performances from the most notable operas presented on screen from the famous world opera houses and its greatest performers. Discuss each opera synopsis, characters and roles of each act. Learn about each composer's life, career and motivation. Operas included in this course are "La Traviata", "Rigoletto", "The Barber of Seville", "Madama Butterfly", "Turandot", "Tosca", "Carmen", "L'Eiser di Amor" "Don Pasquale" and more.

**INSTRUCTOR:** DR. RONI STEIN - Musicologist, is a graduate of Juilliard School of Music-NYC and North Carolina State University with PhD in classical & world music history, composition, harmony and counterpoint. She is a university professor-lecturer in New York, Florida, Latin America, the "Kravis Center for the Performing Arts"-Florida, the USU Summer Citizens Program-Logan, the "UMFO" Opera Festival Academy -Logan, Utah. Affiliated with the "Music Healing Program." Member of the Speakers' Bureau of the Israeli General Consulate. Served as Cultural Attache in the Carribean and Latin America.

## SCREWBALL COMEDIES OF THE 1930'S

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
241	July 6 - July 10	8:50 AM - 10:15 AM	MON - FRI	\$40.00	ENGR 202

The original "rom-coms", Screwball comedies of the 1930's and 1940's such as Bringing Up Baby, Top Hat, His Girl Friday, My Man Godfrey, The Philadelphia Story, and My Favorite Wife brought a new level of sophistication and wit to the world of Hollywood comedy. Starring some of the greatest legends Hollywood ever produced - such as Katherine Hepburn, Cary Grant, Fred Astaire, Ginger Rogers, William Powell, Myrna Loy, and James Stewart - these "battle-of-the-sexes" films emerged during the Great Depression as an antidote to the problems of wider society. We will watch the films, look at the history, and discuss why they are still considered the gold standard for American film comedy.

**INSTRUCTOR:** DAVID WALL is Assistant Professor of Film and Visual Studies at Utah State University. Originally from the UK, he has a PhD in American Culture Studies and has taught in universities in both the UK and the USA. He is currently writing a book about British film of the post WWII period.

## THE MAGIC OF GILBERT AND SULLIVAN

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
253	July 6 - July 17	1:30 PM - 3:00 PM	MON - FRI	\$75.00	ENGR 202

This ten session course will present and examine the historical, biographical, and psychological aspects of the brilliant light operas skillfully crafted by this unlikely partnership between 1871 to 1896 (fourteen operas in all). Excerpts of all their operas will be utilized to go along with the story line of each production. Also, examination of patter songs past and present will be utilized. Modern takes on Gilbert and Sullivan will be demonstrated.

**INSTRUCTOR:** PETER VAN DER WALDE is a graduate of Harvard Universty, and Tufts Universty Medical School. He was a clinical instructor in psychiatry at Boston University School of Medicine. He taught a class on the psychology of movies at Scottsdale Community College. He had teaching responsibilities as Founding Director of Trinty Mental Center in Framingham Mass, and as Director of Admissions, and Associate Clinical Director at Medfirdl State Hospital in Massachusetts.



## ART HISTORY OF THE FRENCH IMPRESSIONISTS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
277	July 13 - July 17	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 204

Art lovers will appreciate this course which brings to life the great era of the Impressionists. It will cover the fascinating history of the new movement from the last part of the 19th century and beyond. We will discuss at great length the eight main artists who lead the early movement, as well as their many contemporaries. In addition, we'll learn about some of the important Post Impressionists.

**INSTRUCTOR:** JEANETTE CORABI As an artist working in multi-media, Jeanette Corabi has been enamored of the Impressionists Era since her early years of art history and appreciation. She has been fascinated with, studied the great artists, and has traveled widely to gaze in awe at their beautiful works exhibited in museums around the world.

## CHARLIE CHAPLIN AND EARLY FILM COMEDY

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
283	July 20 - July 23	8:45 AM - 10:30 AM	MON - THUR	\$40.00	ENGR 201

Revisit early American film greats such as Charlie Chaplin, Harold Lloyd, Buster Keaton, Mabel Normand, the Keystone Cops and many more. We will look at the films and performers in their historical context and think about why 1920's American spawned so many great film stars. In discussing the lives and histories of these performers, we will get a chance to look again at some of the funniest films ever to come out of Hollywood.

**INSTRUCTOR:** DAVID WALL is Assistant Professor of Film and Visual Studies at Utah State University. Originally from the UK, he has a PhD in American Culture Studies and has taught in universities in both the UK and the USA. He is currently writing a book about British film of the post WWII period.

## FROM BEETHOVEN TO LISZT-A SALUTE TO THE GREATEST CLASSICAL SYMPHONIES

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
289	July 20 - July 23	1:15 PM - 3:00 PM	MON - THUR	\$40.00	ENGR 202

Become familiar and go through the motions of analyzing the composers selected. Masters of symphonies such as Beethoven, Mozart, Haydn, Mendelssohn, Schumann, Schubert, Tchaikovsky, Brahms, Liszt, and more will be studied. View on screen the performances led by world famous conductors with most notable orchestras in concerts.

**INSTRUCTOR:** DR. RONI STEIN - Musicologist, is a graduate of Juilliard School of Music-NYC and North Carolina State University with PhD in classical & world music history, composition, harmony and counterpoint. She is a university professor-lecturer in New York, Florida, Latin America, the "Kravis Center for the Performing Arts"-Florida, the USU Summer Citizens Program-Logan, the "UMFO" Opera Festival Academy -Logan, Utah. Affiliated with the "Music Healing Program." Member of the Speakers' Bureau of the Israeli General Consulate. Served as Cultural Attache in the Caribbean and Latin America.

**"A wonderful summer experience. The talented performers available at the various musical venues are awesome and truly remarkable. The university facilities are outstanding."- Glenn Rudd**

## ASTRONOMY

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
193	June 22 - June 26	10:30 AM - 11:45 AM	MON - FRI	\$40.00	ENGR 204

This course will present a comprehensive tour of the universe with a special aim at getting beginners started in this exciting hobby. This course will be a practical overview in how a novice or beginner can get started in a life long hobby of astronomy. We will also include some evening observing with a telescope.

**INSTRUCTOR:** TOM WESTRE is a retired public school educator with 37 years of teaching experience at the high school level. Tom received his bachelors and masters degree in education from the University of South Dakota. He has also completed post-graduate courses including Astronomy from USU. Tom has taught many subjects including astronomy at the high school level. Tom is currently a member and president of the Cache Valley Astronomical Society (CVAS), a group of local amateur astronomers.

## IDENTIFICATION AND ECOLOGY OF UTAH BIRDS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
196	June 22 - June 26	10:30 AM - 11:45 AM	MON - FRI	\$50.00	ENGR 206

We will learn to identify birds using various characteristics including field marks (plumage coloration and patterns, bill shape, etc.), sounds (songs, calls, and non-vocal sounds), and behavior (feeding, flight, nesting, etc.). In addition, we'll investigate the ecological connections among birds and their habitats. We'll cover a wide range of bird families found in a variety of typical western habitats from low elevation grasslands to high mountain forests. Information will be delivered through a combination of classroom presentations and field experiences. We will spend portions of our lecture time developing our field skills on campus. Also, we will discuss an optional Saturday morning field trip to Cache Valley's best birding areas (carpooling and transportation would be on your own and binoculars would be extremely helpful). Registration fee includes a \$10 per person donation to the Stokes Nature Center

**INSTRUCTOR:** FRANK HOWE, PH.D. has been on the Faculty at Utah State University for the last 7 years where he teaches Avian Ecology and Management. He spent 15 years as the Utah Division of Wildlife Resources (UDWR) Nongame Avian Program Coordinator involved with all aspects of avian ecology, biology, conservation, and research in the state. His current job as UDWR's University Liaison involves developing research projects related to critical wildlife conservation and management issues in Utah. Frank is also the Chairman of the Stokes Nature Center Board of Trustees.

## WEATHER 101

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
205	June 22 - June 26	2:00 PM - 3:30 PM	MON - FRI	\$40.00	ENGR 304

Learn the basics of weather in this first of two classes. This one week class will highlight basic Meteorology taught at the college/university level. In this non-mathematical class students will learn about the sun and its relation to weather, atmospheric moisture and temperature and how it affects the weather, clouds and their formation along with wind and lifting mechanisms that develop rain and precipitation. Students will also learn about fronts, atmospheric circulations, mid-latitude cyclones and air masses. All will be taught by an enthusiastic meteorologist that has over 30 years of research and forecasting experience. Learn half of a semester's worth of weather in one week, minus the tests and quizzes.

**INSTRUCTOR:** ZANE STEPHENS has a BS and MS from Utah State University and has his own company forecasting temperatures and weather conditions for agriculture and special events around the world. His more well known clients are Disney, The Superbowl, The Academy Awards and The Rose Bowl. He also provides forecasts for movie productions, tv shows and commercials. Mr. Stephens discovered Middle Sink and Peter Sinks meteorologically in the early 1980s as a Freshman at Utah State University. He has studied both locations for over 30 years and is an expert in inversion (cold air) meteorology. He was an on-camera meteorologist for 3 years and in his spare time chases severe weather including tornadoes and hurricanes.

## DRILLING OIL &amp; GAS WELLS IN THE DEEP OCEANS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
271	July 13 - July 14	10:30 AM - 11:45 AM	MON/TUES	\$15.00	ENGR 202

This two-day presentation describes the history of the offshore oil and gas industry in the U.S., how oil and gas wells are drilled in deep oceans (up to 10,000 feet water depth), some technical and personnel challenges that confront the workers on offshore structures, and some specific details on the explosion and fire that destroyed the Deepwater Horizon rig in the Gulf of Mexico in May of 2010. This presentation also provides some information on five of the worlds worst offshore oil and gas disasters and describes the "human error" contributions to each of these accidents. This class is geared specifically to those who have no technical background but who are interested in knowing what is involved in recovering the oil and gas from deep oceans, and what the future of offshore oil and gas holds in providing America's future energy needs.

**INSTRUCTOR:** GERRY MILLER worked in the offshore oil and gas industry for 25 years assisting in the design of offshore rigs and platforms as an ergonomist. His academic credentials, which include a BS degree in structural engineering and a MS degree in clinical and experimental psychology, prepared him to become a certified professional ergonomist (CPE) specializing in ensuring that the rig and platform designs maximized worker safety and efficiency. Gerry has been involved in several accident investigations involving major offshore oil and gas accidents and was invited to participate in the investigative hearings associated with the Deepwater Horizon disaster held in Washington, D.C. He is the author of over 70 technical papers and has lectured extensively in the U.S. and overseas on how to enhance worker safety on offshore structures.

## WEATHER 102

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
307	July 27 - July 31	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 202

Weather 102 takes another week to finish teaching the second half of Weather 101. Students taking this non-mathematical class will learn about thunderstorms and their formation, wind shear, lightning, hail, tornadoes, hurricanes and other severe weather. What is needed to make a storm go severe? What conditions does it take to develop tornadoes or hurricanes? Students will also learn the basics of forecasting and will be able to interpret basic weather data and models and make their own forecasts by the time they finish the class. This class is taught by Zane Stephens, a high energy meteorologist that really loves the weather!

**INSTRUCTOR:** ZANE STEPHENS has a BS and MS from Utah State University and has his own company forecasting temperatures and weather conditions for agriculture and special events around the world. His more well known clients are Disney, The Superbowl, The Academy Awards and The Rose Bowl. He also provides forecasts for movie productions, tv shows and commercials. Mr. Stephens discovered Middle Sink and Peter Sinks meteorologically in the early 1980s as a Freshman at Utah State University. He has studied both locations for over 30 years and is an expert in inversion (cold air) meteorology. He was an on-camera meteorologist for 3 years and in his spare time chases severe weather including tornadoes and hurricanes.

## WATER AEROBICS: GET WET, HAVE FUN, USE YOUR BODY

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
103	June 1 - July 31	7:30 AM - 8:20 AM	MON/WED/FRI	\$90.00	HPER Small Pool

The health benefits of exercising in the water are well-known. It is easy on your joints, enhances muscle tone, and reduces stress. Meet your neighbors in the pool, it's an invigorating way to start your day. Swing to music using a pool noodle and water weights and enjoy a feel-good experience while doing a favor to your body.

**INSTRUCTOR:** ROBERTA KLEBANOFF received her BA from Hunter College, NY, and M.ED from the University of Maryland. She has taught English and writing in secondary schools and colleges in Maryland and Mission Viejo, CA. In 1997, she ventured to China where she taught Oral English, reading comprehension, and Understanding American Culture. She has also taught in Germany, Alaska, and Italy. At the present time, she is tutoring college students at Palm Desert Community College in expository writing and essays exploring the elements of fiction.

## FLEXIBILITY AND STRENGTHENING FOR SENIORS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
106	June 1 - July 31	8:00 AM - 8:50 AM	TUE/THUR	\$70.00	HPER 102

The course is a progressive, mild to moderate stretching and strengthening program designed for muscles of the core, and includes activities to improve balance, stability and flexibility. It includes physioball activities and floor exercise. At the end of the 9 weeks, one should be able to continue the conditioning program independently. Requirements: Participants should be able to kneel and rise from the floor using a physioball. Physioball and yoga/soft floor mats are required for the course. A closet will be available for storage of students balls & mats. Questions: Contact Donna at [dbordenpt@msn.com](mailto:dbordenpt@msn.com)

**INSTRUCTOR:** DONNA BORDEN received her physical therapy degree from the University of Kentucky and specialized in orthopedic and geriatric physical therapy practices in multiple settings. She taught numerous physical therapy educational programs and is now retired in AZ.

## ZUMBA GOLD

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
109	June 1 - July 31	9:00 AM - 9:50 AM	MON/WED/FRI	\$95.00	HPER 102

The Zumba Gold program targets the largest growing segment of the population: baby boomers. It takes the Zumba formula and modifies the moves while bringing down the pace. What stays the same are all the elements the Zumba Fitness-Party is known for: the zesty Latin music, like salsa, merengue, cumbia, and reggaeton; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. The boomer group wants camaraderie, excitement and fitness as a regular part of their weekly schedule. The Zumba Gold class is the perfect fit, and the right choice for those just starting their journey to a fit and healthy lifestyle. It's a dance-fitness class that feels friendly, and most of all, fun.

**INSTRUCTOR:** STACEY TURNER is so excited to be returning as the Summer citizens Zumba® Gold program! Stacey has been teaching Zumba® for about 5 years. It has brought so much happiness to her life, and when Stacey was introduced to Zumba® Gold, she never imagined she would love that even more! Stacey can't tell you how much fun it has been getting to know the summer citizens over the last three years. Not only has she enjoyed "shake'n it" with you but you have touched her heart. Stacey not only teaches Zumba® Gold, but regular Zumba and Zumba kids. She can't wait to see you all this summer!

## SILVER SNEAKERS STYLE EXERCISE

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
115	June 1 - July 31	8:30 AM - 9:30 AM	TUE/THUR	\$0.00	HPER 215

SilverSneakers® Fitness program is an innovative program that gives you the freedom to get fit your way. This class, offered 2 times a week for 50 minutes each, is a good way to maintain or improve your current state of wellness. This class is taught by a Silver Sneakers Flex instructor, who understands common challenges that the older individual experiences regarding exercise. The participant is encouraged to take things at a comfortable pace as the group stretches, moves, and enjoys good company.

**INSTRUCTOR:** MARILYN PETERSON is an education and wellness junkie. She graduated from Utah State University as a student of Therapeutic Recreation and Programming. She received her masters degree in Gerontology from the University of Utah Interdisciplinary Program, with a focus on life long learning . She has worked with the elderly population for over 14 years, as a program director, fitness coach, and advocate. Marilyn has taught on the university level classes in diversity, leisure, and therapeutic recreation. Within the community, Marilyn has taught outreach classes in nutritional lifestyles, sit down exercise, and wellness, and she enjoys working with the Alzheimers' support group. Marilyn shares a simple life philosophy, "You don't know til you try- so why not give it a try", and her many interests are an example of that. She has logged over 1100 hours teaching in the decorative arts, and has facilitated numerous group activities, developed methods of working with Alzheimers' clients, choreographed weekly sit down exercise groups, led a book club, is fascinated with good music, and loves interacting with people.

## SQUARE DANCING SESSION 1

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
116	June 2 - June 16	1:30 PM - 3:00 PM	TUE	\$40.00	HPER 215

Come enjoy the fun, friendly atmosphere of this modern basic square dancing class. Experience the engaging dynamic of square dancing through an experienced caller, meet new friends, and have a blast! \*The \$40 class fee covers 1 couple (2 people) for 3 classes of square dancing.

**INSTRUCTOR:** STEVE SULLIVAN has been calling and teaching modern square dancing for over 40 years. He is an accredited Caller Lab as well as a BMI/ASCAP licensed member. He currently calls for 3 clubs in Idaho and 2 clubs in Utah each week year round. Steve enjoys the fun, friendly people he meets through square dancing.

## YOGA FOR SENIORS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
121	June 1 - July 1	10:30 AM - 11:30 AM	MON/WED	\$70.00	HPER 102

This class is designed for the beginning and/or intermediate yoga student. During this class, we will increase strength, flexibility, and balance using proper alignment techniques that are designed to support the body through various poses. In addition, we will explore therapeutic applications of Yoga as they apply to various conditions: such as back and neck pain, knee and hip issues and also chronic conditions such as fatigue and stress-related disorders. Additionally, we will explore meditation and breathing techniques to help decrease emotional disturbances such as stress, anxiety or depression. Modifications are offered for those with limited mobility.

**INSTRUCTOR:** EMILY PERRY, RYT has been studying the graceful functions of the body for over ten years. Her training and dedication to the yoga practice has inspired a genuine love and fascination for the physical, mental, emotional and spiritual aspects of the yoga practice. Emily has accrued over 500 training hours, and is recognized as a Registered Yoga Teacher through the Yoga Alliance. Her teaching experience has offered the opportunity to teach all ages and abilities, and she is delighted to be returning to the Summer Citizens program, where she enjoys serving and connecting with each one of her students.

## MEDITATION/INTEGRATED WELLNESS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
124	June 1 - July 1	11:45 AM - 12:45 PM	MON/WED	\$50.00	HPER 118

The objective of this course is to bring a sense of ease, peace and freedom to oneself through the practice of meditation, introspection and self-study. This course is designed to bring awareness and understanding to the relationship between your body, mind, and emotions and the affect they have on each other in an effort to facilitate greater well-being, alleviate stress, generate creativity, and release unhealthy thoughts and habits. This course is a combination of instruction, meditation, and discussion. Come prepared with an open mind, an open heart and great expectations?it is sure to have a profoundly positive effect on all areas of your life. (Furthermore, it's a great complement to the Yoga class!)

**INSTRUCTOR:** EMILY PERRY, RYT has been studying the graceful functions of the body for over ten years. Her training and dedication to the yoga practice has inspired a genuine love and fascination for the physical, mental, emotional and spiritual aspects of the yoga practice. Emily has accrued over 500 training hours, and is recognized as a Registered Yoga Teacher through the Yoga Alliance. Her teaching experience has offered the opportunity to teach all ages and abilities, and she is delighted to be returning to the Summer Citizens program, where she enjoys serving and connecting with each one of her students.

## CHALLENGE THE CHALLENGE: LIVING WELL WITH DIABETES

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
127	June 4 - July 9	1:15 PM - 3:15 PM	THUR	\$0.00	ENGR 206

The Living well with Chronic Conditions series is a 6 week class developed by Stanford University and endorsed by the CDC. This class teaches and encourages self-management to achieve a state of wellness while dealing with chronic conditions. The course that is focused on diabetes is an extension of the chronic conditions course, and discusses things such as the role of nutrition, understanding blood sugar and glucose levels, dealing with difficult emotions, and how to find support.

**INSTRUCTOR:** MARILYN PETERSON is an education and wellness junkie. She graduated from Utah State University as a student of Therapeutic Recreation and Programming. She received her masters degree in Gerontology from the University of Utah Interdisciplinary Program, with a focus on life long learning . She has worked with the elderly population for over 14 years, as a program director, fitness coach, and advocate. Marilyn has taught on the university level classes in diversity, leisure, and therapeutic recreation. Within the community, Marilyn has taught outreach classes in nutritional lifestyles, sit down exercise, and wellness, and she enjoys working with the Alzheimers' support group. Marilyn shares a simple life philosophy, "You don't know til you try- so why not give it a try", and her many interests are an example of that. She has logged over 1100 hours teaching in the decorative arts, and has facilitated numerous group activities, developed methods of working with Alzheimers' clients, choreographed weekly sit down exercise groups, led a book club, is fascinated with good music, and loves interacting with people.

## LOW BACK PAIN 1

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
133	June 3	1:30 PM - 2:30 PM	TUE	\$0.00	ENGR 206

Learn various causes, treatment options, and prevention of low back pain and spine pain.

**INSTRUCTOR:** VIKAS GARG, MD, MSA is a pain management physician practicing in Logan, UT. I have done residency in family practice and anesthesiology and is board certified. I completed my fellowship in pain management from nationally recognized University of Washington, Seattle and is board certified in pain management also. I have been in Logan, UT for about the last 10 years. My main expertise has been in , Migraine and other headaches , Low Back and Neck Pain , Bulging and herniated disc , Degenerative disc disease , Spinal stenosis , Whiplash injury , Facet joint arthritis Last year, I had number of patients who came to Logan with senior citizen program and inspired me to do this course. Contact information: Office: 435-713-9681

## VIBRATIONAL MEDICINE 1

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
157	June 8 - June 12	10:30 AM - 11:45 AM	MON - FRI	\$40.00	ENGR 204

This course will discuss some of the techniques that may be used in Vibrational Medicine such as: Reiki, Cranial Sacral, Zoning, sound therapy, aromatherapy and more. We will explore how these techniques can affect and improve the vibration of the body to optimize a person's health and things that individuals can do to help themselves. Vibrational Medicine is based on the scientific principles that all matter vibrates to its own precise frequency. Every aspect of the body, mind and spirit has a distinct frequency that can be measured. Each has a range of frequencies that are healthy and those that are unhealthy. The body and soul are made up of frequencies that form a harmonic whole when a person is in balance. When the frequencies fall out-of-harmony due to stress and tension, this tends to result in disease. Once harmony is restored, the disease tends to weaken and often falls away. Our whole being is like a piano. If just one string is out of tune, the music doesn't sound right. If several strings are out of tune, it sounds unpleasant. The Vibrational technician is like the piano tuner who searches to discover which strings are out of tune, and then uses multiple techniques to bring the strings back into tune, restoring its natural vibration. 'There is no true healing without a change in consciousness'.

**INSTRUCTOR:** DEBBI SPENDLOVE is a Life Coach and Energy Practitioner working in the field of Alternative Health and Healing for over 14 years. She is certified in Reiki, Cranial Sacral, Foot Zoning, SMT/PRT pain relief, and facilitates classes in Personal Development, Inner Child work, Reiki, Chakra instruction, and facilitates Family Matrix realignments.

## COMMUNICATING WHEN YOU HAVE A HEARING LOSS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
160	June 8 - June 12	1:30 PM - 3:15 PM	MON - FRI	\$50.00	ENGR 204

This course will focus on helping people who have hearing loss use communication strategies, technology, and their residual hearing in the most productive ways to improve their ability to communicate. Hearing loss, issues surrounding hearing aid technology, speech-reading or lip-reading, and communication repair strategies are just some of the topics to be discussed. A good course for those with hearing loss and those who communicate with someone with a hearing loss regularly. Attendees who have hearing loss are encouraged to bring their spouse or someone with whom they communicate regularly.

**INSTRUCTOR:** JEFFERY B. LARSEN PHD is an audiologist certified by the American Speech and Hearing Association and is the adult audiology clinic director and a clinical assistant professor in the Communicative Disorders and Deaf Education Department at USU. Jeff received his Ph.D. in Speech and Hearing Science at the University of Illinois and has practiced clinical audiology in the public schools, at a hospital, and in a university clinic. His specialties are aural rehabilitation, speech perception, acoustics, and amplification.

## ARTHRITIS PRIMER

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
166	June 17	2:00 PM - 4:00 PM	WED	\$10.00	ENGR 304

A two hour basic education for non-medical personnel in anatomy, types of arthritis, and its effects as we age. We will discuss care of our joints and modes of treatment to delay arthritic changes. It will be a power point presentation followed by a question and answer period as time allows. It is free for those enrolled in Flexibility and Strengthening for Seniors and \$10 per person for others.

**INSTRUCTOR:** DONNA BORDEN received her physical therapy degree from the University of Kentucky and specialized in orthopedic and geriatric physical therapy practices in multiple settings. She taught numerous physical therapy educational programs and is now retired in AZ.

## SQUARE DANCING SESSION 2

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
215	June 23 - July 7	1:30 PM - 3:00 PM	TUE	\$40.00	HPER 215

Come enjoy the fun, friendly atmosphere of this modern basic square dancing class. Experience the engaging dynamic of square dancing through an experienced caller, meet new friends, and have a blast!

\*The \$40 class fee covers 1 couple (2 people) for 3 classes of square dancing.

**INSTRUCTOR:** STEVE SULLIVAN has been calling and teaching modern square dancing for over 40 years. He is an accredited Caller Lab as well as a BMI/ASCAP licensed member. He currently calls for 3 clubs in Idaho and 2 clubs in Utah each week year round. Steve enjoys the fun, friendly people he meets through square dancing.

## WHAT DO ALL THOSE CLINICAL LAB TESTS MEAN?

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
220	June 29 - July 2	8:45 AM - 10:30 AM	MON - THUR	\$40.00	ENGR 206

Most seniors meander through healthcare with a myriad of laboratory tests. Often confusing, the results may not be what was expected nor are the implications well understood. Indeed, many times there are expectations that those tests ordered are sufficient to diagnose all conditions. In this course we shall look at the different basic clinical laboratory tests as well as some other less well-known diagnostic tools used by physicians. We'll break them down into physiological as well as the scientific disciplines involved. We'll learn how the tests are performed, what are possible sources of error, how to interpret results, and how to understand and use the results to better communicate with our healthcare team.

**INSTRUCTOR:** DAVID SHERER, MD, a board certified clinical pathologist, was formerly director of Clinical Laboratories for Group Health Cooperative of Puget Sound, a Seattle based comprehensive healthcare system caring for over 500,000 enrollees in the Pacific Northwest as well as a clinical assistant professor of Laboratory Medicine at the University of Washington School of Medicine. He created, computerized and led a system of over 40 hospital, outpatient and reference laboratories. He pioneered delivering results of lab tests directly to patients as well as to their physicians and integrating "reflexive" test groupings to provide optimal use of available resources.

## SQUARE DANCING SESSION 3

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
281	July 14 - July 28	1:30 PM - 3:00 PM	TUE	\$40.00	HPER 215

Come enjoy the fun, friendly atmosphere of this modern basic square dancing class. Experience the engaging dynamic of square dancing through an experienced caller, meet new friends, and have a blast!

\*The \$40 class fee covers 1 couple (2 people) for 3 classes of square dancing.

**INSTRUCTOR:** STEVE SULLIVAN has been calling and teaching modern square dancing for over 40 years. He is an accredited Caller Lab as well as a BMI/ASCAP licensed member. He currently calls for 3 clubs in Idaho and 2 clubs in Utah each week year round. Steve enjoys the fun, friendly people he meets through square dancing.



## VIBRATIONAL MEDICINE 2

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
292	July 20 - July 23	3:15 PM - 5:00 PM	MON - THUR	\$40.00	ENGR 202

This course will discuss some of the techniques that may be used in Vibrational Medicine such as: Reiki, Cranial Sacral, Zoning, sound therapy, aromatherapy and more. We will explore how these techniques can affect and improve the vibration of the body to optimize a person's health and things that individuals can do to help themselves. Vibrational Medicine is based on the scientific principles that all matter vibrates to its own precise frequency. Every aspect of the body, mind and spirit has a distinct frequency that can be measured. Each has a range of frequencies that are healthy and those that are unhealthy. The body and soul are made up of frequencies that form a harmonic whole when a person is in balance. When the frequencies fall out-of-harmony due to stress and tension, this tends to result in disease. Once harmony is restored, the disease tends to weaken and often falls away. Our whole being is like a piano. If just one string is out of tune, the music doesn't sound right. If several strings are out of tune, it sounds unpleasant. The Vibrational technician is like the piano tuner who searches to discover which strings are out of tune, and then uses multiple techniques to bring the strings back into tune, restoring its natural vibration. 'There is no true healing without a change in consciousness'

INSTRUCTOR: DEBBI SPENDLOVE is a Life Coach and Energy Practitioner working in the field of Alternative Health and Healing for over 14 years. She is certified in Reiki, Cranial Sacral, Foot Zoning, SMT/PRT pain relief, and facilitates classes in Personal Development, Inner Child work, Reiki, Chakra instruction, and facilitates Family Matrix realignments.

## LOW BACK PAIN 2

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
295	July 30	1:30 PM - 3:00 PM	THUR	\$0.00	ENGR 206

Learn various causes, treatment options, and prevention of low back pain and spine pain.

INSTRUCTOR: VIKAS GARG, MD, MSA is a pain management physician practicing in Logan, UT. I have done residency in family practice and anesthesiology and is board certified. I completed my fellowship in pain management from nationally recognized University of Washington, Seattle and is board certified in pain management also. I have been in Logan, UT for about the last 10 years. My main expertise has been in , Migraine and other headaches , Low Back and Neck Pain , Bulging and herniated disc , Degenerative disc disease , Spinal stenosis , Whiplash injury , Facet joint arthritis Last year, I had number of patients who came to Logan with senior citizen program and inspired me to do this course. Contact information: Office: 435-713-9681

## CRUISE THROUGH HISTORY - CARIBBEAN, CENTRAL AMERICA AND BERMUDA

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
163	June 8 - June 12	3:30 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 201

Take a cruise through history without leaving Logan. This year, Cruise through History storyteller Sherry Hutt will return to take Summer Citizens on a cruise to the Caribbean, Central America and Bermuda. Each day the class will stop at ports to hear stories that entertain those who have traveled and may be enticed to travel to these near-by destinations. Discover how a shipwreck on Bermuda inspired Shakespeare to write a new play and how during WWII, Bermuda was the site of mystery at its US submarine base. The Caribbean Islands are filled with stories of pirates, two of whom became island governors. In Central America the story is on bananas and the first Love Boat. Travel to Puerto Rico - center of the Spanish terrestrial universe and now the extraterrestrial universe. In Panama the stories are the Panama Canal, that was almost the Nicaragua Canal, and the mysterious masked rider who appeared to protect travelers along the Old Inca Trail. Finally, sail safely to port through the Bermuda Triangle.

**INSTRUCTOR:** SHERRY HUTT is a travel writer and destination speaker on cruise ships. Her book series Cruise through History is nearing its fourth volume of fun stories on world ports of call. She retired twice: as a Superior Court judge in Maricopa County, Arizona and more recently from the US Department of the Interior where for a decade she headed a national cultural property program. Her stories are drawn from over 25 years of world travel and extensive research for your entertainment.

## COLLEGE LIFE AND FUN IN EARLY AMERICA

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
169	June 15 - June 18	8:50 AM - 10:15 AM	MON - THUR	\$32.00	ENGR 202

A lighthearted look at Colonial and early American colleges. Topics include: Session 1. COLLEGE ADMISSIONS: Some people were eliminated for consideration for admission from the start. Learn about some remarkable persons who led the fight to change that, and hear the story of a 12-year old prodigy who fought the customs of the day. Session combines historical facts with accounts of personal stories of people who faced challenges to admission which will surprise you. Could you have qualified? Find out! Session 2. COLONIAL COLLEGE STUDENT LIFE: Always hungry, the students were constantly searching for food and some were willing to risk a flogging to get it. Find out what life was like for them and how they dealt with unheated buildings, dawn to dark work and prayer, scant food and harsh disciplinary practices. Session 3. ACTIVITIES AND SPORTS: Did you know that for the first college football players, the biggest, toughest and meanest dockworkers, miners and farmers were recruited and paid to play? And the more blood they drew, the more they were paid. Learn how football and other activities evolved, and why and how they changed policies on campuses. Find out why extracurricular activities were initiated and managed, how they changed over the years, and why certain games and contests survived until today. Session 4. WHAT DO PROFESSORS DO ALL DAY? Learn how and why early American professors were selected, how they were treated and what their responsibilities were. Discussion will include such topics as tenure, "Publish or perish" customs, and academic freedom. Find out how the professoriate changed over the years and what they do with their time all day.

**INSTRUCTOR:** GAYLE SCHOU holds the doctorate in educational foundations and psychology from Northern Illinois University. She has served in 18 colleges and universities, among them The George Washington University, University of Texas, and St. Mary's University. She has held positions ranging from department chair to division and program director, to dean, to vice president, to campus president, as well as served as faculty at the full professor level. She has taught courses in teacher training programs, higher education administration programs, research and education foundations, and for the last decade of her career worked primarily with doctoral students preparing for positions as university administrators. Dr. Schou has also served as a consultant for colleges, taught in public schools and managed public relations for a private education services company. She is retired and lives in Arizona.

## THE CIVIL WAR IN HISTORY AND MEMORY

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
172	June 15 - June 19	10:30 AM - 11:45 AM	MON - FRI	\$50.00	ENGR 201

The American Civil War endlessly fascinates scholars and “buffs” alike. Why? This course will examine why we remember the war the way we do - how history and memory interact to change objective truth into what we recall today. Why was the charge on the 3rd day at Gettysburg called “Pickett’s Charge?” Why do we venerate Confederate Officers such as General Robert E. Lee? We’ll look at these questions and many more.

**INSTRUCTOR:** JEFF BATEMAN served 32 years in the U.S. Air Force, retiring as a Colonel in 2010. A graduate of the University of Washington, he holds Masters degrees in Criminal Justice, Strategic Studies, and History. He is a 2006 graduate of the U.S. Army War College. Since his retirement from the Air Force, he has worked as a public historian at the Air Force Research Laboratory and the Air Force Flight Test Center. He currently teaches American Military History and U.S. Institutions at Utah State University while also running a small hobby farm and writing his second novel.

## WORLD WAR II EUROPE

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
199	June 22 - June 26	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 202

We will review the historical aspects of World War II and the causes leading to the war in Europe. We will cover historically and personally the phases following: Pre D-Day invasion, D-Day, Hedgerows, St Lo, Falaise Gap, Battle of the Bulge, and General Patton’s assault across Germany to the borders of Czechoslovakia.

**INSTRUCTOR:** GEORGE MORELL was a member of the 90th Infantry Division attached to General Patton’s Third Army. He has spent some 30 years teaching in elementary and secondary education.

## UNITED STATES CONSTITUTION

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
247	July 6 - July 10	10:30 AM - 11:45 AM	MON - FRI	\$40.00	ENGR 202

Our Constitution, now about 235 years old, survives substantially unchanged. While we have had twenty seven amendments, our founders basic objectives are unchanged. We will delve into the period leading up to the Philadelphia Convention, discussing the major players, our declaration of Independence, and Articles of Confederation. We will then view an outstanding film on the Philadelphia Convention. From there we will start through the Constitution article by article, amendment by amendment.

**INSTRUCTOR:** JAMES NORMAN graduated from the University of Iowa in 1954 with a BA and Secondary Teacher’s Certificate. Graduated from the University of California with an LLB, and practiced law in California for thirty seven years. James Norman has no formal training in this course. He is armed only with an unquenchable thirst for the subject matter, which has prompted him to read, no consume, what is available on the subject matter.

**“This was the best summer of our young 72 years.”**  
- Dave & Judy Hodgins

## LOGAN'S CLAIM TO FAME: MEET DAVID & MARRINER ECCLES, CHARLES NIBLEY & THE THATCHER FAMILY

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
250	July 6 - July 10	1:30 PM - 3:00 PM	MON - FRI	\$55.00	ENGR 204

Today the Eccles family is filled with generous philanthropists. Where did their money come from? How did our local banks survive the depression? Who built our beautiful theaters? These questions will be answered as you are introduced to some intriguing early prominent Logan citizens who molded Cache Valley, and the West. One eventually molded the United States into the country we know today. This class will give historical background into their lives, clearing up many mysteries. During the last class period, we will have a bus tour and look inside their beautiful Logan homes. Course fee includes bus transportation. Don't miss this experience!!

**INSTRUCTOR:** LUCILLE HANSEN, the former chairman of Noon Music at the Tabernacle, is a retired school teacher of 31 years. Although she taught all subjects and grades, her favorite classes to teach were Geography, History and Music. After retiring from the Tabernacle, she turned her energy and attention to Logan's fascinating history.

## FAMOUS LAWYERS OF EARLY ARIZONA

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
256	July 6 - July 10	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 202

This course covers some in-depth stories of individual lawyers that made Arizona's history rich in the tradition of the brave and fearless men who upheld the law in early Arizona. Jefferson Davis Milton, John Slaughter, Wyatt Earp's famous "posse" after the Gunfight at the OK Corral, Burt Mossman & the Arizona Rangers, and Al Sieber & The Apache Kid. Most of these men are not household names in western lore (Earp of course is the exception), but each upheld the law in the true western tradition with bravery, and a blazing gun.

**INSTRUCTOR:** GERRY MILLER worked in the offshore oil and gas industry for 25 years assisting in the design of offshore rigs and platforms as an ergonomist. His academic credentials, which include a BS degree in structural engineering and a MS degree in clinical and experimental psychology, prepared him to become a certified professional ergonomist (CPE) specializing in ensuring that the rig and platform designs maximized worker safety and efficiency. Gerry has been involved in several accident investigations involving major offshore oil and gas accidents and was invited to participate in the investigative hearings associated with the Deepwater Horizon disaster held in Washington, D.C. He is the author of over 70 technical papers and has lectured extensively in the U.S. and overseas on how to enhance worker safety on offshore structures.

## THE WHITE HOUSE AND BEYOND

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
265	July 13 - July 17	8:50 AM - 10:15 AM	MON - FRI	\$40.00	ENGR 202

This class, originally scheduled for summer 2014, will present interesting facts pertaining to the White House in Washington, DC - the home of all US presidents since John Adams. It will also focus on the interesting lives of some of the occupants of the Oval Office after their terms as President. Videos of the White House and Presidential home and memorials will be included.

**INSTRUCTOR:** JOAN ELDER has been a life-long teacher. Her 30 year career in Los Angeles Unified School District included elementary and middle schools and staff development. Upon "retirement" Joan also conducted mathematics education workshops for teachers throughout the US for Create-A-Vision. Recently, Joan has taught in her community of SaddleBrooke in Tucson, AZ, in a senior program in San Diego, and this will be her fourth summer teaching in Logan. She looks forward to seeing many former students who enjoyed her course on The First Ladies of the United States.

## VICTORIAN LONDON: UNDERWORLDS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
268	July 13 - July 17	8:50 AM - 10:15 AM	MON - FRI	\$50.00	ENGR 206

Victorian London witnessed massive change from the industrialization of the 1830s and 1840s to the reshaping of the city. This short course will examine the underworlds of London in the 19th century: disease, crime, sanitation, and empire.

**INSTRUCTOR:** TAMMY PROCTOR is Department Head in History at Utah State University and the author of several books exploring the period of World War I, including *Female Intelligence: Women and Espionage in the First World War* (2003) and *Civilians in a World at War, 1914-1918* (2010). A native of Kansas City, Missouri, Proctor has degrees in history and journalism from the University of Missouri and a PhD in modern European history from Rutgers University.

## AYN RAND-ATLAS SHRUGGED-OBJECTIVISM

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
298	July 27 - July 31	8:50 AM - 10:15 AM	MON - FRI	\$40.00	ENGR 202

Ayn Rand is a novelist. She portrays her philosophy of life through her characters. *Atlas Shrugged* was her final and most popular novel. In 2008 *Atlas Shrugged* sold over 200,000 copies; fifty years after it was first published. All six of her novels are still in print. Rand's philosophy -Objectivism- is centered around the entrepreneur vs the government regulator. It focuses on man's mind and capacity to reason and develop cognitive skills. It lays down the gauntlet when it mandates no man should allow another to replace or subvert his capacity to independently reason. Rand declares war on those who seek control over another through force, coercion, or faith.

**INSTRUCTOR:** JAMES NORMAN graduated from the University of Iowa in 1954 with a BA and Secondary Teacher's Certificate. Graduated from the University of California with an LLB, and practiced law in California for thirty seven years. James Norman has no formal training in this course. He is armed only with an unquenchable thirst for the subject matter, which has prompted him to read, no consume, what is available on the subject matter.

## EGYPTOLOGY 101

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
304	July 27 - July 31	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 204

The history of the Ancient Civilization of Egypt has always held a fascination for many people. This course will cover the history of Egypt from its earliest known existence. We'll discuss the importance of its geographical location as part of The Fertile Crescent as well as the Nile River's life giving resource. The course will explore Egypt through the ages: its art, architecture, archaeology, and artifacts.

**INSTRUCTOR:** JEANETTE CORABI As an artist working in multi-media, Jeanette Corabi has been enamored of the Impressionists Era since her early years of art history and appreciation. She has been fascinated with, studied the great artists, and has traveled widely to gaze in awe at their beautiful works exhibited in museums around the world.

## DIGITAL CAMERAS AND BEYOND

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
136	June 1 - June 5	8:50 AM - 10:15 AM	MON - FRI	\$40.00	ENGR 202

The class will answer the students' questions about their digital or film cameras, the operation of cameras, and lenses. Explain exposures, color shifts, depth of field, shutter speeds and use of cell phones and tablets as cameras. Photography information includes how to upload images to the computer and re-sizing images for the web (Facebook, e-mail, etc.). Students are encouraged to bring their cameras to class for specific operational questions. After the class, the instructor will lead a walk around the USU campus and give the students the opportunity to photograph the campus and get tips on improving their images. Referral and Follow-up: USU Summer Citizens Camera Club.

**INSTRUCTOR:** STAN STILLMAN with over 35 years of photo industry experience (Camera Store Management, Studio Photography and Conducting Seminars), has instructed many amateur and professional photographers in California & Arizona. Also Stan has received photographic recognition in Local, State, National and International competitions. Stan is a Certified Photographic Consultant (CPC), Past President of Fresno Camera Club, in Fresno, California, on the Board of Directors of the Camera Guild of Sun City, in Sun City, Arizona, and a Logan USU Summer Citizen.

## PERSONAL CLOUD COMPUTING

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
139	June 1 - June 5	10:30 AM - 11:45 AM	MON - FRI	\$50.00	YETC PC Computer Lab

Learn about and create your FREE personal cloud storage. We will talk about and setup the most popular options including: OneDrive, DropBox, Google Drive and more. Good for both PC and iOS users. Learn about office suite software that is FREE and doesn't change every year. This is one of three classes to help you design and organize your eLife and eFiles. Take one or all three in the series.

**INSTRUCTOR:** CATHY OBERKAMPF has taught for 20+ years. She was a trainer/training manager at the Univ. of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught in the Utah State Summer Citizens program for 2 years.

## USU SUMMER CITIZENS CAMERA CLUB

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
148	June 10	10:30 AM - 11:45 AM	WED	\$0.00	ENGR 201

**Purpose:** A place where Summer Citizens can practice, show their images and have a friendly place to learn, practice, and enjoy the company of other Summer Citizen photographers. A weekly show, competition and evaluation of images will be held. At the end of the Summer Citizens Program, three local people will be invited to judge the final competition of images and ribbons will be given out for 1st, 2nd, 3rd and honorable mention. The competition subject will be "Scenes of Logan and Cache Valley" Also, we would like to have a photo display of members work at the end of the Summer Citizens Program. Winning images will also be placed on the USU Summer Citizens website. Facilitator: Stan Stillman, CPC Certified Photographic Consultant

**INSTRUCTOR:** STAN STILLMAN with over 35 years of photo industry experience (Camera Store Management, Studio Photography and Conducting Seminars), has instructed many amateur and professional photographers in California & Arizona. Also Stan has received photographic recognition in Local, State, National and International competitions. Stan is a Certified Photographic Consultant (CPC), Past President of Fresno Camera Club, in Fresno, California, on the Board of Directors of the Camera Guild of Sun City, in Sun City, Arizona, and a Logan USU Summer Citizen.

## PHENOMENAL INTERNET RESOURCES

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
154	June 8 - June 12	8:50 AM - 10:15 AM	MON - FRI	\$60.00	YETC Mac Computer Lab

This one week exploration will introduce you to some of the outstanding internet resources that will enrich your lives. There is so much available, and you will get the opportunity to explore some of the very best there is. Music, art, books, reference, and so much more!

**INSTRUCTOR:** NATHAN SMITH is the Director of Technology for the College of Education and Human Services at Utah State University. He is an expert on technology and education. Formerly an elementary school teacher, he now trains USU faculty and students. He is also a photographer and artist, a professional at Photoshop and inDesign, and a graphic designer.

## BASICS OF IOS

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
178	June 15 - June 19	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 201

iOS is the operating system used on mobile devices manufactured by Apple. Apple's iPhone and iPad are popular devices that have changed the way we use computers. Learn the basics along with other features like iCloud, iTunes, Siri, and the App Store. This course will cover both iPhone and iPad since the user interface is very similar. All are welcome, however since I will be demonstrating using the most current Apple software, those that have that same software will benefit the most. Bring your own iPhone or iPad to class. \*\*Since all technology has a shelf life not all features will be available on all devices. The older the device the least amount of features that will be available. It is recommend that you have either an iPhone 4s or above or iPad 2 or above.

**INSTRUCTOR:** JOE BAINBRIDGE is not your average computer guy. Joe comes packed with a variety of skills including website design, computer programming, managing Windows and Apple OSX operating systems, Microsoft server management and implementation, and last but not least, computer help desk support. Joe currently works at The Adele and Dale Young Education Technology Center (YETC) at USU as a computer lab associate.

## OPTIMIZING YOUR ANDROID PHONE AND TABLET

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
190	June 22 - June 26	8:50 AM - 10:15 AM	MON - FRI	\$40.00	ENGR 202

How to get your email contacts, calendar and documents on your Android device. Learn about your phone or tablet and how to customize it. Install and learn about popular apps including battery management, security apps and more. This is one of three classes to help you design and organize your eLife and eFiles. Take one or all three in the series.

**INSTRUCTOR:** CATHY OBERKAMPF has taught for 20+ years. She was a trainer/training manager at the Univ. of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught in the Utah State Summer Citizens program for 2 years.

**"A perfect variety of experiences. Much to do, much to see, all expertly produced."- Steven Ensor**

## PHOTOSHOP FOR PHOTOGRAPHERS

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
229	June 29 - July 2	1:15 PM - 3:00 PM	MON - THUR	\$60.00	YETC Mac Computer Lab

During this course you'll learn to use the power of Photoshop to bring out the best in your photos. You'll learn how to use Photoshop's powerful content aware features to seamlessly eliminate unwanted elements. You'll learn how to adjust luminance, adjust vibrance and saturation on each color spectrum, and color correct your photos. If you want to take your photos to the next level, come join us for this hands on learning experience!

**INSTRUCTOR:** NATHAN SMITH is the Director of Technology for the College of Education and Human Services at Utah State University. He is an expert on technology and education. Formerly an elementary school teacher, he now trains USU faculty and students. He is also a photographer and artist, a professional at Photoshop and inDesign, and a graphic designer.

## MAXIMIZE YOUR USE OF GMAIL AND GOOGLE

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
244	July 6 - July 10	10:30 AM - 11:45 AM	MON - FRI	\$50.00	YETC PC Computer Lab

This class will provide you with hands-on experience and tips and tricks for managing and using your inbox, multiple email accounts, contacts, calendars, and Google documents and spreadsheets. You will also learn how to use Google Chrome to customize your internet browsing and to have your bookmarks with you on the go. You can connect your Google account to your various devices for FREE including PC, Android and iOS. This is one of three classes to help you design and organize your eLife and eFiles. Take one or all three in the series.

**INSTRUCTOR:** CATHY OBERKAMPF has taught for 20+ years. She was a trainer/training manager at the Univ. of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught in the Utah State Summer Citizens program for 2 years.

## IOS ADVANCED

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
280	July 13 - July 17	3:15 PM - 4:45 PM	MON - FRI	\$40.00	ENGR 201

This course will delve deeper into the features that iOS has to offer. You will learn how to use the share sheet, Airdrop and other advanced features in Mail, Messages and iCloud. \*\*This course will take full advantage of the features that are only offered on the most current devices that Apple has released. There will be plenty still to learn if you have an older device just know that not all features will be available to you. It is recommended that you either have an iPhone 5s or above or iPad 4th generation or above.

**INSTRUCTOR:** JOE BAINBRIDGE is not your average computer guy. Joe comes packed with a variety of skills including website design, computer programming, managing Windows and Apple OSX operating systems, Microsoft server management and implementation, and last but not least, computer help desk support. Joe currently works at The Adele and Dale Young Education Technology Center (YETC) at USU as a computer lab associate.



## ALL ABOUT APPS (APPLE APPS)

**\$10 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
301	July 27 - July 31	1:30 PM - 3:00 PM	MON - FRI	\$40.00	ENGR 201

Ever heard the phrase, "There's an app for that?" Well that pretty much describes the day and age that we live in. In this course we will go over many apps that will help you get the most out of your Apple device. Before the class begins I will issue an online survey to poll the class on which apps have most interest. \*\*Since all technology has a shelf life not all features will be available on all devices. The older the device the least amount of features that will be available. It is recommend that you have either an iPhone 4s or above or iPad 2 or above.

INSTRUCTOR: JOE BAINBRIDGE is not your average computer guy. Joe comes packed with a variety of skills including website design, computer programming, managing Windows and Apple OSX operating systems, Microsoft server management and implementation, and last but not least, computer help desk support. Joe currently works at The Adele and Dale Young Education Technology Center (YETC) at USU as a computer lab associate.

## BROWN SPACE DYNAMICS TOUR 1

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
100	May 20	6:30 PM - 7:30 PM	WED	\$0.00	Space Dynamics Lab 1695 North Research Park Way, N Logan UT

The 30-minute Space Dynamics Tour includes a brief history and overview of the Space Dynamics Lab, and an opportunity to see a few SDL instruments that have flown in space, including the WISE Telescope. You will see beautiful photos of galaxies, comets, and brown dwarfs discovered by the WISE telescope. In addition, the tour participants will visit the Machine Shop and the THOR chamber, which is always a highlight of the tour. Due to the nature of our work, visitors must be a U.S. Citizen or Permanent Resident to participate in the full tour. Meet in the lobby of the Space Dynamics Laboratory located at 1695 N Research Park Way, North Logan.

INSTRUCTOR: INSTRUCTOR ON-SITE

## BEAR RIVER WILD BIRD WETLANDS &amp; REFUGE

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
130	June 3	8:30 AM - 5:30 PM	WED	\$50.00	Departing Location: USU Bus Turnaround 800 E & 700 N

National Wildlife Refuges serve many purposes, and one of our most important roles is as outdoor classrooms to teach about wildlife and natural resources. Many refuges offer environmental education programs for a variety of audiences. Refuges provide unique and exciting outdoor environments - excellent locations for hands-on learning activities, and Bear River is no exception - with an award winning Environmental Education program. Perhaps the fastest growing activity on national wildlife refuges in the past ten years has been wildlife photography. Nearly 12 million people visit outdoor areas each year to photograph wildlife, and national wildlife refuges naturally are at the top of the list. Refuges provide enhanced opportunities to photograph wildlife in natural habitats by providing platforms, brochures, interpreters, viewing areas, and tour routes. Wildlife photography is a high-priority activity in the Refuge System. We welcome beginning and expert photographers alike to record their outdoor adventures! This tour will begin with classroom style instruction in the morning, and after a break for lunch the afternoon will be spent on a bus tour of the wetlands. Tour fee includes bus transportation, classroom instruction, bottled water, snacks, and driving tour of the wetlands.

INSTRUCTOR: INSTRUCTOR ON-SITE

**SAM SKAGGS FAMILY EQUINE EDUCATION  
CENTER - ANIMAL SCIENCE FARM TOUR**

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
146	June 9	8:30 AM - 11:30 AM	TUE	\$2.00	Meet at Equine Education & Animal Science Farm 3580 S HWY 91 Wellsville UT

The College of Agriculture and Applied Sciences looks forward to showcasing a few of our current research projects. The tour will include five stations where you will view parasites in a cow, learn about the science of cloning and what the future holds, the basics of animal handling and behavior, and see callipyge sheep. We will also teach you how to select a premium cut of beef. The tour will conclude with our world famous Aggie Ice Cream. Transportation to the farms is on your own. Carpooling is recommended due to limited on-site parking, drive between barns/stations - combination of walking & standing at some stations. USU SAM Animal Science Farm is located at 3580 S HWY 91, Wellsville, UT.

INSTRUCTOR: INSTRUCTOR ON-SITE

**PIONEERS AND GHOST TOWNS**

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
151	June 11	9:00 AM - 5:00 PM	THUR	\$80.00	Departing Location: USU Bus Turnaround 800 E & 700 N

We'll gather together on campus in the morning for this exciting tour. Our first stop will be at the rest stop overlooking beautiful Bear Lake. Next we'll spend a few amazing minutes at the historic Tabernacle in Paris, Idaho, built by early pioneers. The California/Oregon Trail Center is our next stop. It is located at Clover Creek, an important resting place for wagon trains. The trail experience is reenacted by experts so well we'll think we were actually living in the 1850's. We will also enjoy a delicious lunch in a covered wagon at the center before traveling on to the Mormon Pioneer village, Chesterfield, Idaho. Chesterfield, an almost perfect ghost town, will be shown in detail to us by the town site directors. We'll be able to actually go into several homes, a general store, as well as the local chapel. Tour fee includes bus transportation, tour guide, bottled water, snacks, and box lunch. Don't miss this unforgettable, exciting trip.

INSTRUCTOR: LUCILLE HANSEN, the former chairman of Noon Music at the Tabernacle, is a retired school teacher of 31 years. Although she taught all subjects and grades, her favorite classes to teach were Geography, History and Music. After retiring from the Tabernacle, she turned her energy and attention to Logan's fascinating history.

**“Lasting friendships and opportunities to experience different cultures of people. Logan is a little paradise all its own. Do what has to be done, do what you want to do, from learning at USU, opera, theater, outdoor activities, hiking, bicycling, fishing, etc. Logan is unbelievable memories forever.”- Edward Kaczmarek**

## SPACE DYNAMICS TOUR 2

\$25 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
184	June 16	6:30 PM - 7:30 PM	TUE	\$0.00	Space Dynamics Lab 1695 N Research Park Way, N Logan, UT

The 30-minute Space Dynamics Tour includes a brief history and overview of the Space Dynamics Lab, and an opportunity to see a few SDL instruments that have flown in space, including the WISE Telescope. You will see beautiful photos of galaxies, comets, and brown dwarfs discovered by the WISE telescope. In addition, the tour participants will visit the Machine Shop and the THOR chamber, which is always a highlight of the tour. Due to the nature of our work, visitors must be a U.S. Citizen or Permanent Resident to participate in the full tour. Meet in the lobby of the Space Dynamics Laboratory located at 1695 N Research Park Way, North Logan.

INSTRUCTOR: INSTRUCTOR ON-SITE

## ANTELOPE ISLAND AND THE GREAT SALT LAKE

\$25 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
187	June 20	9:00 AM - 5:00 PM	SAT	\$85.00	Departing Location: USU Bus Turnaround 800 E & 700 N

The Great Salt Lake is the largest salt water lake in the western hemisphere, and while it's usually about 1700 square miles in area, it averages only 16 feet deep. Because the lake has no outlet, salts, eroded from the watershed over the last 15,000 years, have built up to the point where the lake is 2 to 8 times saltier than the ocean. It is not, however, a dead sea; in fact the Great Salt Lake supports a dynamic and diverse ecosystem and is one of the most important bird sanctuaries on the continent. Only a few plants and animals are uniquely adapted to the saltiest parts of the lake, but when combined with the brackish bays and freshwater wetlands, the lakes' habitats host a wide variety of species. Antelope Island, the largest of 11 islands, will provide us with several vantage points from which to view and explore the lake. We will take a short hike through the islands shrubsteppe habitat to the northernmost point of the island overlooking a large bird colony. We will also walk to the lake shore and have a close up look at the brine shrimp and brine flies which provide the food for the millions of birds that use the lake. The astute birder will pick up dozens of species and even the least observant wildlife watcher can't miss the island's iconic bison. In addition to our "nature" stops, we'll make a stop at the island's visitor center so you'll have a chance to contribute to the local economy. Bring your binoculars, sunscreen, insect repellent and camera. Tour fee includes bus transportation, tour guide, snacks, bottled water, box lunch and includes a \$10 per person donation to the Stokes Nature Center.

INSTRUCTOR: FRANK HOWE, PH.D. has been on the Faculty at Utah State University for the last 7 years where he teaches Avian Ecology and Management. He spent 15 years as the Utah Division of Wildlife Resources (UDWR) Nongame Avian Program Coordinator involved with all aspects of avian ecology, biology, conservation, and research in the state. His current job as UDWR's University Liaison involves developing research projects related to critical wildlife conservation and management issues in Utah. Frank is also the Chairman of the Stokes Nature Center Board of Trustees.

## TREES OF THE INTERMOUNTAIN WEST

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
214	June 26	9:00 AM - 12:00 PM	FRI	\$10.00	Departing Location: USU Romney Stadium 800 E 1000 N parking lot, NW end of stadium

This class will give attendees a basic knowledge of types of trees, tree species that grow in the Intermountain West, and about basic tree biology, forest ecology, and tree care. The event will begin at Wood Camp Trail Head and is a moderate intensity hike which takes about half an hour at a moderate pace. Transportation to Wood Camp will be by carpool for course registrants only. Meet in the parking lot at the NW end of the Romney Football Stadium at 8:45 am (800 E 1000 N). The tour group will leave promptly at 9 am from the Romney Stadium parking lot and finish at the trailhead about noon. Participants must wear good shoes, bring sunscreen, water, snacks, etc...

**INSTRUCTOR:** DR. MICHAEL KUHNS received his B.S. in Forestry in 1977 from the University of Missouri and his M.S. in Forest Ecology/Tree Physiology from Missouri in 1980. After working for the Medicine Bow National Forest, he returned to school in 1982 and received a Ph.D. from Auburn University in 1986, specializing in tree stress physiology. His first extension position was forestry specialist at the University of Nebraska, which was followed by him taking his present position as Utah State University extension forestry specialist, which he has held for 20 years. His programming in extension involves urban and community forestry, trees and forestry in the wildland-urban interface, and rural/conservation forestry. Currently he also is head of the Wildland Resources department at USU.

## MORMON TABERNACLE CHOIR & TEMPLE SQUARE

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
217	June 14	7:00 AM - 4:00 PM	SUN	\$95.00	Departing Location: USU Bus Turnaround 800 E & 700 N

Join us for an adventure you'll never forget as we head to Salt Lake City for a performance by the world-renowned Mormon Tabernacle Choir. Their international broadcast is seen around the world, and this 300-member volunteer choir has been heralded as "America's Choir." Their broadcast initiates in the Conference Center, a beautiful building that holds 21,000 people. We'll have some free time and a tour of Temple Square, with its beautiful museums, family history center, and gardens before we take a short driving tour of the city and enjoy lunch. Tour fee includes bus transportation, tour guide, bottled water, snacks, and a wonderful brunch/lunch.

**INSTRUCTOR:** JULIE HOLLIST is a sixth-generation active member of the Church of Jesus-Christ of Latter-day Saints. She has taught gospel doctrine classes in her congregation for 6 years and is well-acquainted with the history and culture of the LDS Church.

## SPACE DYNAMICS TOUR 3

\$25 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
235	July 9	4:00 PM - 5:00 PM	THUR	\$0.00	Space Dynamics Lab 1695 N Research Park Way, N Logan, UT

The 30-minute Space Dynamics Tour includes a brief history and overview of the Space Dynamics Lab, and an opportunity to see a few SDL instruments that have flown in space, including the WISE Telescope. You will see beautiful photos of galaxies, comets, and brown dwarfs discovered by the WISE telescope. In addition, the tour participants will visit the Machine Shop and the THOR chamber, which is always a highlight of the tour. Due to the nature of our work, visitors must be a U.S. Citizen or Permanent Resident to participate in the full tour. Meet in the lobby of the Space Dynamics Laboratory located at 1695 N Research Park Way, North Logan.

INSTRUCTOR: INSTRUCTOR ON-SITE

## TONY GROVE FIELD TRIP

\$25 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
238	July 8	9:00 AM - 5:00 PM	WED	\$0.00	Departing Location: Blue Parking Lot on HWY 89

The students will meet the instructor in the front of the BLUE Parking lot located on HWY 89 at 9:00am and will carpool to Tony Grove where we will spend time photographing the beautiful flowers, animals and scenes of Tony Grove and Tony Grove Lake. The instructor will work with each student and give help, suggestions and tips as they take pictures. We will meet back in Logan at the USU Summer Citizens Camera Club to view and evaluate the images. IMPORTANT: Be sure to bring cameras, cell phones and tablets with charged batteries. Also bring tripods (or monopods), extra memory cards, walking shoes and a hat. It would also be good to bring water and pack a lunch (sandwich or snack). Referral and Follow-up: USU Summer Citizens Camera Club.

INSTRUCTOR: STAN STILLMAN, with over 35 years of photo industry experience (Camera Store Management, Studio Photography and Conducting Seminars), has instructed many amateur and professional photographers in California & Arizona. Also Stan has received photographic recognition in Local, State, National and International competitions. Stan is a Certified Photographic Consultant (CPC), Past President of Fresno Camera Club, in Fresno, California, on the Board of Directors of the Camera Guild of Sun City, in Sun City, Arizona, and a Logan USU Summer Citizen.

## NATURAL HISTORY AND ECOLOGY OF LOGAN CANYON

**\$25 CANCELLATION FEE**

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
262	July 15	9:00 AM - 4:00 PM	WED	\$80.00	Departing Location: USU Bus Tour Around 800 E 1000 N

A walk around Tony Grove Lake provides an ideal setting for learning about the dominant plant communities, geologic history, and cultural practices that have shaped the landscape of the northern Wasatch mountains. The terrain is steep and rocky, but we will keep to a trail that is fairly flat, and one that crosses a number of different kinds of habitats: from sagebrush flats, spruce-fir forest, rock outcrops, and a boggy meadow with native orchids and saxifrages. The instructor is a retired professor of botany in the College of Natural Resources whose research has focused on the classification of North American flora and the distribution of native plants in Utah. Tony Grove was named for the “Tony” set of young people who found the subalpine meadows and glacier carved valley a cool retreat during hot summers in the early 20th century. The name stuck, and the area is a popular picnic and camping retreat for visitors of all ages and geographic origins. Hundreds of species of native plants grow here. Late July is the best time to witness a spectacular bloom and become familiar with the most conspicuous of these species. Per person registration fee includes bus transportation, snacks & bottled water, box lunch and \$10 donation to the Stokes Nature Center.

**INSTRUCTOR:** LEILA SHULTZ is a Research Professor Emeritus in the Department of Wildland Resources at Utah State University. She was curator of the Intermountain Herbarium for the first 20 years of her professional career where she worked to build the collection and explore remote areas of Utah. As Research Professor in the College of Natural Resources, she has worked on a number of large-scale interdisciplinary projects to document biodiversity in Utah. She is considered an authority on the taxonomy of sagebrush (*Artemisia*) and geography of the Utah flora. She currently serves on the Flora of North America executive committee.



## CRUISE SHIP SAFETY - A PASSENGERS PERSPECTIVE

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
274	July 15 - July 16	10:30 AM - 11:45 AM	WED/THUR	\$15.00	ENGR 202

This two-presentation course is oriented toward providing the attendees specific things they can do before and during a cruise to enhance their safety and enjoyment when they go on the cruise. The lecture covers what a passenger can do to enhance their chances of survival in case of a major accident (e.g. the Costa Concordia), how to reduce their becoming a victim of an accident on the ship (such as falling in their bathroom or down the stairs on the theatre steps), how to protect yourself from criminal activity during shore excursions, or even on the ship, and the current status of at-sea piracy as it affects the cruise industry. This presentation is full of very specific suggestions to enhance a passengers safety and enjoyment on a cruise so attendees should come prepared to take lots of notes. Gerry served as the ergonomist and safety specialist on a federal committee established by the Office of Management & Budget (OMB) twenty years ago to evaluate cruise ship safety after a cruise ship fire occurred on a vessel carrying many U.S. citizens. He has also conducted ergonomic based safety evaluations on cruise ships and is the author of an international maritime ergonomic design standard that is used in the design of ships and offshore oil and gas structures. He enjoys cruising as often as he can but says he does follow his own suggestions when he goes.

**INSTRUCTOR: GERRY MILLER** Gerry worked in the offshore oil and gas industry for 25 years assisting in the design of offshore rigs and platforms as an ergonomist. His academic credentials, which include a BS degree in structural engineering and a MS degree in clinical and experimental psychology, prepared him to become a certified professional ergonomist (CPE) specializing in ensuring that the rig and platform designs maximized worker safety and efficiency. Gerry has been involved in several accident investigations involving major offshore oil and gas accidents and was invited to participate in the investigative hearings associated with the Deepwater Horizon disaster held in Washington, D.C. He is the author of over 70 technical papers and has lectured extensively in the U.S. and overseas on how to enhance worker safety on offshore structures.

## INDEPENDENT TRAVEL FOR THE ADVENTUROUS SOUL

\$10 CANCELLATION FEE

COURSE #	DATES	TIME	WEEKDAYS	COST	LOCATION
286	July 20 - July 23	10:45 AM - 12:30 PM	MON - THUR	\$40.00	ENGR 201

This course is designed for those who have the desire to travel independently but are nervous about taking that first step. Some of our most favorite destination choices started with a photo and the words "I must go there!!!" This is a hands on "how to" class. Among many other things, we'll talk about transportation (planes, trains, horse cart, tuk tuk and so on), accommodations (hotels are definitely not the only option and no, you are not too old to stay in a hostel) and then there is eating (always our favorite part) .. all those small details that seem so daunting but really aren't. And we will do it on a budget, whatever your budget might be. Like many, many people, we do live on a budget, but we love to travel so much that we found ways to make it work. We would like to share our travel tips with like-minded people. We are not tour guides. This course is not a precursor to..."now if you travel with us and pay us we'll show you all the wonderful places we've been." This course is to empower you with knowledge to embark on your own wonderful adventures. One of our mantras inspired by Ralph Waldo Emerson is "Life is a journey, not a destination" and also in the words of Ellie (from the movie Up).....Adventure is out there!!!!

**INSTRUCTOR: JAMES AND PATTY BURKE** are self professed "travel junkies". Having been married for 25 years, they started traveling together shortly after they began dating and have fueled their addiction every year since. Jim (a former Peace Corp Volunteer) worked in law enforcement for 25 years in Rochester NY until his retirement in 2001. Patty's career path was similar, working as a 911 dispatcher/supervisor in Rochester, NY and Carlsbad, CA before retiring in 2007. Now living in Saddlebrooke, AZ, travel has become almost a full time job: the USA (east and west coasts), some parts of Europe but mostly Southeast Asia and China. Over the past four years, they have traveled to China four times, traveling and teaching Conversational English at Huazhong University of Science and Technology (HUST) in Wuhan, China. They look forward to sharing their travel tips with you.

# How to Register and Become a SUMMER CITIZEN

## Register Early

Registration opens on January 12, 2015. Confirmations will be mailed/emailed following registration. Registration must take place prior to the first day of a course. Early registration is recommended; 20 participants are required to keep most courses going. In some cases, class size is limited. Don't delay...register today!

## Summer Citizens Card and Courses

Participants must purchase a Summer Citizens Card to participate in the program. Refer to page 2 for Summer Citizens Card amenities.

## Confirmations

Once you have registered for a Summer Citizens Card and/or Summer Citizens Course, a confirmation will be emailed/mailed to you. Information about Utah State University and Cache Valley, including a coupon book offering discounts to local vendors, will be provided when you check-in on campus in the Eccles Conference Center Basement Office 103.

## Guest Pass - Refer a friend

Guest passes are available for visitors of registered program participants. These passes are meant for prospective participants. Advance purchase is required and must be approved by a Program Staff member. This pass must be purchased at the Eccles Conference Center, room 103 after presenting a valid Summer Citizens Card.

## THERE ARE 4 EASY WAYS TO REGISTER!

- 1 - Online at [summercitizens.usu.edu](http://summercitizens.usu.edu)  
\*FREE T-SHIRT INCLUDED
- 2 - Call **800-538-2663** and register over the phone
- 3 - **Download and print** the registration form on the Summer Citizens website ([summercitizens.usu.edu](http://summercitizens.usu.edu)), complete and mail with full payment to:  
**USU Summer Citizens Registration  
University Inn & Conference Center  
5024 Old Main Hill  
Logan, UT 84322-5024**
- 4 - Register in person in the **Eccles Conference Center Room 103 (lower level)**

*\*Online registrants receive a FREE Summer Citizens 2015 T-Shirt! Offer not valid for other registration methods.*

**Summer CITIZENS**  
Logan, Utah

*Come Home for the Summer*

**Home**  
**Registration Info**  
**Registration**  
**Registration Tutorial Video**  
**Summer Citizens Card**  
**Course Info**  
**Travel Adventures**  
**Housing**  
**Event Info**  
**January Presentations**  
**Calendar of Events**  
**Announcements**  
**Sponsor Info**  
**View Sponsors**  
**Area Info**  
**Introductory Video**

Greetings from Aggie country! On behalf of Utah State University, we would like to thank you for your interest in the Summer Citizens Program based here in beautiful Logan, Utah. Nestled in the breathtaking Cache Valley, Logan not only serves as a wonderful place to live, but also as a gateway to several national parks and other famous sites in Utah. We invite you to see all you can see while visiting our fair city.

Logan has offerings for all ages and ability levels, from leisurely walks to high energy adventure sports. You won't have a problem finding something to keep you active while celebrating your summer. Did we mention golf? Logan has several beautiful golf courses that challenge even the best of players.

In the evenings you can catch a theatrical performance at Logan's historic Lyric Theatre. If opera is more your cup of tea, you can spend an evening with the Utah Festival Opera Company. Whatever you want, we've got it!

The first step is securing your housing. Find an apartment or residence hall listed in the brochure or on the website that meets your needs, give them a call, and make your reservations today. Hurry, spaces are filling quick! For further information on housing, call 1-800-538-2663 and ask to speak with the Summer Citizens Program Coordinator who will be happy to answer any questions you may have.

**Announcements**  
**View Summer Citizens 2013 Program Booklet**  
**View All Announcements** (including course cancellations and changes)  
**View New Introductory Video**  
**View Registration Tutorial Video**



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*This brochure is based on information available at the time of publication.*

*All information, including statements of course fees, descriptions, and designation of instructors is subject to change without notice or obligation.*

*Moreover, all announcements in this publication are subject to change without notice and do not constitute an agreement between Utah State University Summer Citizens Program and the participant. (The Summer Citizens Program reserves the right to take photos and/or video during the program to be used for marketing purposes. Please see the photo release clause on your hard copy registration form and on the Summer Citizens website.)*



## CANCELLATION POLICIES

Due to financial commitments made by the organization for meeting space and other commitments, there are cancellation fees that apply to cards, courses and tours.

### CARD CANCELLATIONS

Participants wishing to cancel their Summer Citizens Card prior to picking it up at the card office will receive a refund less a \$25 processing fee. ***THERE ARE NO REFUNDS AFTER OBTAINING THE CARD.***

### TOUR CANCELLATIONS

Participants withdrawing from a tour must do so **IN WRITING** by June 1st and will receive a refund less a \$25 processing fee. ***No refunds will be given after June 1st. A "no show" on the day of the tour will result in a loss of all fees paid with no option of a refund.***

### COURSE CANCELLATIONS

**CANCELLATIONS** - Participants wishing to cancel courses must do so **IN WRITING 2 weeks prior to the first day of class** and will receive a refund less a \$10 processing fee per course. ***No refunds will be given once the course has begun.*** You do have the option to trade courses. If you attend the first day and are not satisfied, a refund will not be given, but you can trade for another course of equal or lesser value without penalty. ***(If trading to a course of higher value, difference must be paid immediately after trade. If trading to course of lower value, no credit will be given).***

### T-SHIRT EXCHANGES

T-Shirts **MAY NOT** be exchanged for one of a different size. Please see sizing below to ensure the best fit. (Shirt WILL shrink after they are washed.) ***Free T-Shirts only to those who register on-line. (Shirts are NOT available for purchase)***

### SIZING

Measure and compare a favorite t-shirt to determine the best fit. T-Shirts are unisex sizing.

SHIRT MEASUREMENTS	S	M	L	XL	2XL
Chest	18	20	22	24	26
Sleeve Length	16 3/4	17 3/4	18 3/4	19 3/4	20 3/4
Body Length at Back	28	29	30	31	32

**Note: Chest is measured front - seam to seam.  
Sleeve length is measured from the center of the back.**

## The Summer Citizens

# SCHOLARSHIP ENDOWMENT FUND

In September of 1985 leaders of the Summer Citizens Program initiated a scholarship endowment fund at Utah State University. The purpose of this fund is to provide an enduring expression of gratitude to USU and to the people of Cache Valley for their hospitality. The Fund is a symbol of the satisfying relationships among those persons who make their summer homes in Cache Valley, the university, and the community. Recipients of awards from this Fund are known as Summer Citizens Scholars. Summer Citizens Scholars typically are those students who demonstrate financial need, personal integrity and academic achievement.

Recipients are graduates of a Cache County or City of Logan high school, legal residents of the county and citizens of the United States. Special consideration is given to recipients who would be unable to pursue a higher education without financial assistance. Thanks to the Summer Citizens, in 2014 two students were awarded the Summer Citizens Scholarship to pursue an education at Utah State University.

**You can donate to the scholarship fund at the time of registration.** When you register online, there is an option to add a donation to your registration. If you mail, fax or call in your registration, just indicate that you want to make a donation and the amount. This will be charged to you at the time of registration. You can also donate throughout the summer at the Summer Citizens Office in the lower level of the Eccles Conference Center, room 103.

## 2014 SCHOLARSHIP RECIPIENTS

### Madison Snow

A 2014 Summer Citizens Scholarship was awarded to Madison Snow during the 2014 End of Summer Closing Social Luncheon. Madison graduated from Mountain Crest High School with a GPA of 4.0 and was a dedicated student throughout her high school career. She was heavily involved in leadership positions all across the board: she led both the volleyball and basketball teams as their captain, attended Girl's State and served as a State Delegate, was a part of the Providence City Youth Council, and also held church youth group leadership positions. Her commitment to community service was shown through the amount of time she spent volunteering. Madison served as a member of the Junior Auxiliary in the American Legion, coached youth in both volleyball and basketball, assisted in seminary and church, was a Stake Youth Council member, and was an assets member. Her dedication to education was shown as she received an Academic All-State award, was a member of the National Honors Society, and was a part of the Student Accreditation Committee. Madison's dedication to improving both herself and her community make her a great example to her peers, and she is excited to further her education with the financial assistance from this scholarship.



### Kenzee Jardine

Kenzee Jardine was the second recipient of the 2014 Summer Citizens Scholarship and also was presented with her award at the 2014 End of Summer Closing Social Luncheon. Kenzee graduated from Sky View High School with a GPA of 3.99 and worked hard throughout her high school career to accomplish this. Her extra-curricular activities broadened her horizons, as she was involved in many different aspects of her high school, including Spanish Club, INTERACT, the softball team, American Government and Civics and more. She served her school in National Honors Society, HOSA, Readers Readers and GLC. Kenzee volunteered her time at the Hyde Park City Youth Council, as a church youth leader, and performing simulation training for the police department. Kenzee looks forward to furthering her education at Utah State University and is excited to continue learning with the financial assistance of this scholarship.





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	106	Flexibility and Strengthening for Seniors	8:00 AM	HPER 102
	115	Silver Sneakers Style Exercise	8:30 AM	HPER 215
	109	Zumba Gold	9:00 AM	HPER 102
	121	Yoga for Seniors	10:30 AM	HPER 102
	124	Meditation/Integrated Wellness	11:45 AM	HPER 118
JUNE 1 - JUNE 5	136	Digital Cameras and Beyond	8:50 AM	ENGR 202
	118	Beginning Decorative Art: Acrylic Free Hand Floral=	10:15 AM	FAV 209
	139	Personal Cloud Computing	10:30 AM	EDUC - YETC Lab
	127	Challenge the Challenge: Living well with Diabetes	1:15 PM	ENGR 206
	116	Square Dancing Session 1	1:30 PM	HPER 215
	133	Low Back Pain 1	1:30 PM	ENGR 206
	142	Discovering Your Family History	1:30 PM	EDUC - YETC Lab
	145	Spanish for Beginners	3:30 PM	ENGR 304
JUNE 8 - JUNE 12	154	Phenomenal Internet Resources	8:50 AM	EDUC - YETC Lab
	148	USU Summer Citizens Camera Club	10:30 AM	ENGR 201
	157	Vibrational Medicine 1	10:30 AM	ENGR 204
	160	Communicating When You Have a Hearing Loss	1:30 PM	ENGR 204
	163	Cruise through History - Caribbean, Central America and Bermuda	3:30 PM	ENGR 201
JUNE 15 - JUNE 19	169	College Life and Fun in Early America	8:50 AM	ENGR 202
	172	The Civil War in History and Memory	10:30 AM	ENGR 201
	175	A Salute to the Greatest Folklore Music and Great Performances of Cuba and Brazil	1:30 PM	ENGR 202
	178	Basics of iOS	1:30 PM	ENGR 201
	166	Arthritis Primer	2:00 PM	ENGR 304
JUNE 22 - JUNE 26	181	Meet Your Mormon Neighbors: Insights Into the Church of Jesus Christ of Latter-day Saints	3:15 PM	ENGR 201
	190	Optimizing Your Android Phone and Tablet	8:50 AM	ENGR 202
	193	Astronomy	10:30 AM	ENGR 204
	196	Identification and Ecology of Utah Birds	10:30 AM	ENGR 206
	211	The Old Lyric Repertory Company: An Insider's Guide from the Page to the Stage	10:30 AM	ENGR 202
	199	World War II Europe	1:30 PM	ENGR 202
	202	Best American Short Stories of the 20th Century	1:30 PM	ENGR 204
	215	Square Dancing Session 2	1:30 PM	HPER 215
	205	Weather 101	2:00 PM	ENGR 304
	208	Does Science Support Religion?	3:15 PM	ENGR 202

	#	TITLE	TIME	LOCATION
JUNE 29 - JULY 2	220	What Do All Those Clinical Lab Tests Mean?	8:45 AM	ENGR 206
	223	Shakespeare: Cymbeline	9:00 AM	Bullen Center
	226	Continuing Your Family History	10:30 AM	EDUC - YETC Lab
	229	Photoshop for Photographers	1:15 PM	EDUC - YETC Lab
	232	From Verdi to Puccinni-Greatest Classical Operas	3:15 PM	ENGR 202
JULY 6 - JULY 10	241	Screwball Comedies of the 1930's	8:50 AM	ENGR 202
	244	Maximize Your Use of Gmail and Google	10:30 AM	EDUC - YETC Lab
	247	United States Consitution	10:30 AM	ENGR 202
	250	Logan's Claim to Fame: Meet David & Marriner Eccles, Charles Nibley & the Thatcher Family	1:30 PM	ENGR 204
	253	The Magic of Gilbert and Sullivan	1:30 PM	ENGR 202
	256	Famous Lawmen of Early Arizona	3:15 PM	ENGR 202
	259	Conversational Spanish for Beginners	3:15 PM	ENGR 204
	265	The White House and Beyond	8:50 AM	ENGR 202
JULY 13 - JULY 17	268	Victorian London: Underworlds	8:50 AM	ENGR 206
	271	Drilling Oil & Gas Wells in the Deep Oceans	10:30 AM	ENGR 202
	274	Cruise Ship Safety - A Passengers Perspective	10:30 AM	ENGR 202
	277	Art History of the French Impressionists	1:30 PM	ENGR 204
	281	Square Dancing Session 3	1:30 PM	HPER 215
	280	iOS Advanced	3:15 PM	ENGR 201
	283	Charlie Chaplin and Early Film Comedy	8:45 AM	ENGR 201
	286	Independent Travel for the Adventurous Soul	10:45 AM	ENGR 201
JULY 20 - JULY 23	289	From Beethoven to Liszt-A Salute to the Greatest Classical Symphonies	1:15 PM	ENGR 202
	292	Vibrational Medicine 2	3:15 PM	ENGR 202
	298	Ayn Rand-Atlas Shrugged-Objectivism	8:50 AM	ENGR 202
	295	Low Back Pain 2	1:30 PM	ENGR 206
	301	All About Apps (Apple Apps)	1:30 PM	ENGR 201
JULY 27 - JULY 31	304	Egyptology 101	1:30 PM	ENGR 204
	307	Weather 102	3:15 PM	ENGR 202

- CULTURE & RELIGION
  - ENTERTAINMENT & THE ARTS
  - ENVIRONMENTAL
  - HEALTH & FITNESS
  - HISTORY & WORLD EVENTS
  - TECHNOLOGY
  - TRAVEL ADVENTURES
- ENGR - ENGINEERING BLDG
  - HPER - HEALTH, PHYSICAL EDUCATION, & RECREATION BLDG
  - EDUC - EDUCATION BLDG
  - FAV - FINE ARTS VISUAL BLDG
  - BULLEN CENTER - 43 S MAIN ST LOGAN UT