

SUMMER CITIZENS

Logan, Utah



2018

DISCOVER / ENGAGE / CELEBRATE

summercitizens.usu.edu

800.538.2663 or 435.797.2028



**SUMMER
CITIZENS**
University Inn & Conference Center
UtahStateUniversity™



Discover the Fun!



Ice Cream Social

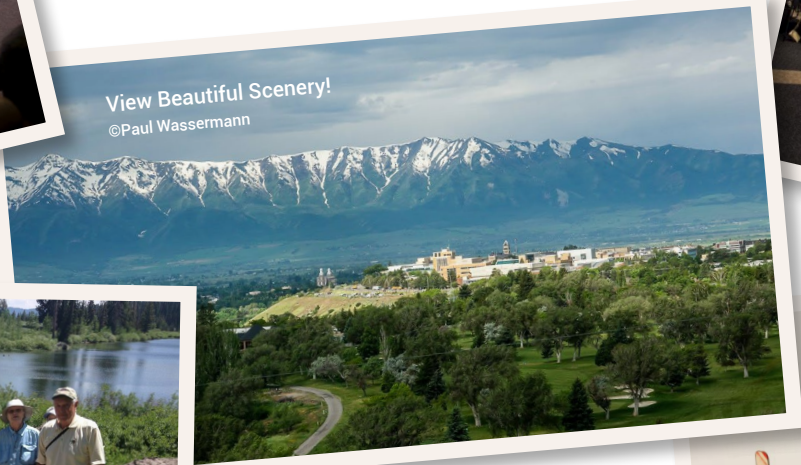


Nancy Gilbertson
Talent Show 2017

What it's Like to Be a Summer Citizen



Make new friends!



View Beautiful Scenery!
©Paul Wassermann



Take exciting tours!



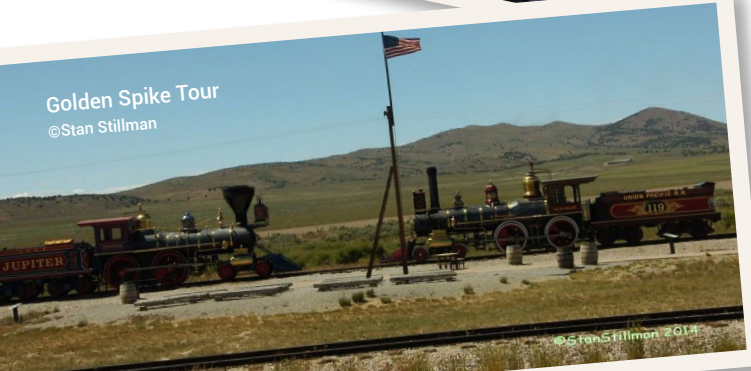
Play Pickleball!



Try new things!



Barbara at the Cruise In
©Barbara Wilder



Golden Spike Tour
©Stan Stillman



Attend "Talk under the Trees"



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The Summer Citizens Card

Cost Saving Benefits Available

ID Card Fee Includes:

- Vehicle Parking Pass – Big Blue Parking Terrace and permitted lots on campus
- IT Support & Computer Lab Access
- Merrill Cazier Library Privileges
- Free T-Shirt (with on-line registration only)
- Free Performances – (Alumni Band, Cool Classics)
- Free Discount Coupon Booklet – local merchants
- Free Luncheon – End of Summer Celebration
- Free USU Department Tours
- Free Sunday under the Trees guest lectures
- Free Health Clinic
- Access to numerous Club Activities including golf, hiking, tennis, photography, cards, cycling, and pickleball



Parking Pass On Campus

(See map on page 7 "P" designates Parking Pass privileges)

- USU Big Blue Parking Terrace - 4 hrs per day
- Additional unlimited daytime parking in Black, Merrill Hall Gray, Yellow, and Blue lots (see map on page 7)
- Optional \$10 upgrade permit to include Orange lot

Technology on Campus

- IT Service Desk Assistance located in the Information Technology Janet Quinney Lawson building (#27 on map, see pages 6-7)
- Service valued at \$40 per hour.
- Computer Labs

Library Privileges on Campus

- Open access labs; Hours of operation: it.usu.edu/labs
- Books and electronic media

Aggie Express Account on Campus

- USU Meal Plan purchase qualifies for a 10% discount

Exclusive Community Discounts

- Coupon Book with great savings
- 2 Merchant Fair Expos
- Includes discounts to dozens of local businesses

* Additional Options:

- Educational Courses
- Guided Bus Tours
- Scholarship Fund – tax deductible donations (see page 38)
- Recreation & Fitness Classes – HPER Pass \$25, ARC Pass \$105



Summer CITIZENS

Logan, Utah



**Linda
D'Addabbo**

A01234567



Additional Information

Why is a Summer Citizen ID Card required?

The Summer Citizens Program is a self-support program. The revenue collected from ID Card sales is re-distributed throughout USU campus departments to compensate for services provided to cardholders during the summer months. A small portion of this revenue supports administrative costs of the program.

The ID Card and Summer Housing

Housing properties are contracted as sponsors of the program to provide affordable and comfortable apartment housing opportunities to registrants of the Summer Citizens Program. All current housing sponsors include the ID Card in their lease agreements.

ID Card and Performing Arts / Free Events

Local businesses and community events heavily rely on the support of Summer Citizens Program registrants. Through our partnership, the community is able to provide professional high quality musical theatre, opera, local fairs, daily free concerts and more. Your support of purchasing the ID Card has a direct correlation to the success and future of the amazing entertainment and community events.

ID Card / Discount Coupon Book

Sponsors of the Summer Citizens Program advertise and offer discounts in the Summer Citizen Coupon Book. These discounts to recreation, health care providers, restaurants, and numerous other merchants are a benefit to each program registrant as well as to our sponsors. It's a great way to keep our community growing and to help each Summer Citizen participate in our community recreational opportunities, make medical appointments, shop, dine-out, attend events and explore our community.

Card Prices

\$100 per ID Card
Sponsored housing card fee included in lease.

Early Registration Deadline
April 25, 2018

Price Increases \$10 per card after April 25, 2018 for persons not residing in sponsored housing. All ID Cardholders **must register online** with the Summer Citizens Program.

Discounts & Benefits Valued at Over \$600

*The Summer Citizens Card is required to take advantage of all features listed above and must be presented at all program activities.
* Additional Options require an additional fee.*

Enjoy your summer in Logan!

We're excited to introduce you to our charming community.



Downtown Logan is only a 5-minute drive from outdoor adventure and beauty in the Wasatch-Cache National Forest.

Logan Canyon National Scenic Byway is a 41-mile spectacular drive past limestone cliffs, the Logan River, and forested canopies to the turquoise-blue waters of Bear Lake.

The dramatic canyon provides great fishing, hunting, hiking, camping, canoeing, biking, geocaching, horseback riding, and bird-watching. Don't miss Tony Grove Lake, a glacial lake surrounded by wildflowers and a likely spot to spy a moose.

www.explorelogan.com

Cache Valley's dramatic landscape represents the rugged struggle to settle the American West. It's the ancestral home of the Northwest Band of the Shoshone, mountain men roamed and traded furs here in the 1820s, and Mormon pioneers settled the area in the 1850s.

Stop in at the American West Heritage Center, a 160-acre outdoor living history center and experience the history of the Old West. Depending on the day, you'll visit with mountain men, farmers, and pioneers. Check out the bison. Museum open year-round; living history open seasonally.

www.awhc.org

Welcome to Utah's heart of the arts, nurtured and thriving since 1856. Logan was so artsy that in the early 1900s it was known as the Athens of the West.

Take in a wide variety of fantastic talent at our free Noon Music Concerts at the historic Tabernacle Monday through Friday. Concerts last about 45 minutes.

Logan boasts its own historic theatre district with three exquisitely restored theaters in just one block. You'll be impressed by the 1923 Ellen Eccles Theatre, home of Utah Festival Opera and Musical Theatre; the 1913 Caine Lyric Theatre; and The Utah, a 1924 Art Deco masterpiece. All three are full of activity all summer long.

www.explorelogan.com

Check out our website for area info and a calendar of events. We can't wait to meet you!

www.explorelogan.com

199 N. Main St, Logan, UT
1-435-755-1890

(Located in the historic
Cache County Courthouse)

**"It seemed the entire city of Logan
were glad we were in Logan."**

Calendar of Events

Noon Music at the Tabernacle

First of May – Mid-August

Lyric Repertory Theatre

June 1st – August 4th

Cache Valley Storytelling Festival

June 8th – 9th

Summerfest Arts Faire

June 14th – 16th

Celebrate America Show

June 28th – 30th

Utah Festival Opera & Musical Theatre

June 23rd – August 4th

Hyrum Star Spangled Week

July 1st (Patriotic Program)
July 4th (Parade & Fireworks)

Freedom Fire Celebration

July 3rd

Lewiston's 4th of July

July 3rd – 4th

Cache Valley Cruise-In

July 5th – July 7th

Logan's 46th Annual Summer Sidewalk Sale

July 12th – 14th

Cache Valley Mountain Man Rendezvous

July 20th – 21st

Pioneer Day Festival

@ American West Heritage Center
July 21

Pioneer Day Celebration – Logan City

July 24th

Preston Famous Night Rodeo

July 26th – 28th

Bear Lake Raspberry Days

August 2nd – 4th

Cache County Fair & Rodeo

August 9th – 11th



Stroll on the beautiful campus of Utah State University, a major research university founded as an agricultural college in 1888. Old Main is an architectural icon and the A on top stands for the Aggies, the USU mascot.

www.usu.edu

Take a walking tour of historic downtown Logan, where you'll find great examples of early Mormon pioneer architecture, including the temple and tabernacle, the 1923 Ellen Eccles Theatre, the 1914 Bluebird Café (the oldest restaurant in the state), impressive turn-of-the-century homes and churches, and the beautifully restored Cache County Courthouse, home of the Cache Valley Visitors Bureau.

Restaurants – Logan has more than 70 restaurants to choose from, including many unique restaurants with their own specialties as well as various national food chains.

The internationally renowned Utah Festival Opera and Musical Theatre takes the Ellen Eccles Theatre stage to perform operas and Broadway shows along with concerts, classes, backstage tours, and more. Hundreds of performers from the nation's greatest stages showcase a month of spectacular performances. Don't miss *Secret Garden*, *Into the Woods*, *Barber of Seville*, *Amazing Grace*, and *You're a Good Man Charlie Brown*.

www.utahfestival.org or
435-750-0300 ext. 3

Shopping – We've got the chains you're used to like Walmart and Walgreens, a mall with more than 40 stores, and unique shops in the historic downtown area. Major department stores include Kohl's and Herbergers, and there are plenty of grocery stores to choose from.

The Caine Lyric Theatre opened in 1913 and is home to the Lyric Repertory Company, one of the true remaining repertory companies in the nation. Each summer the talented actors and actresses light up the stage with 4-6 productions and offer a charming view of America's theatre past. You'll enjoy *Peter and the Starcatcher*, *Sense & Sensibility*, *Grey Gardens*, and *A Streetcar Named Desire*.

435-797-8022

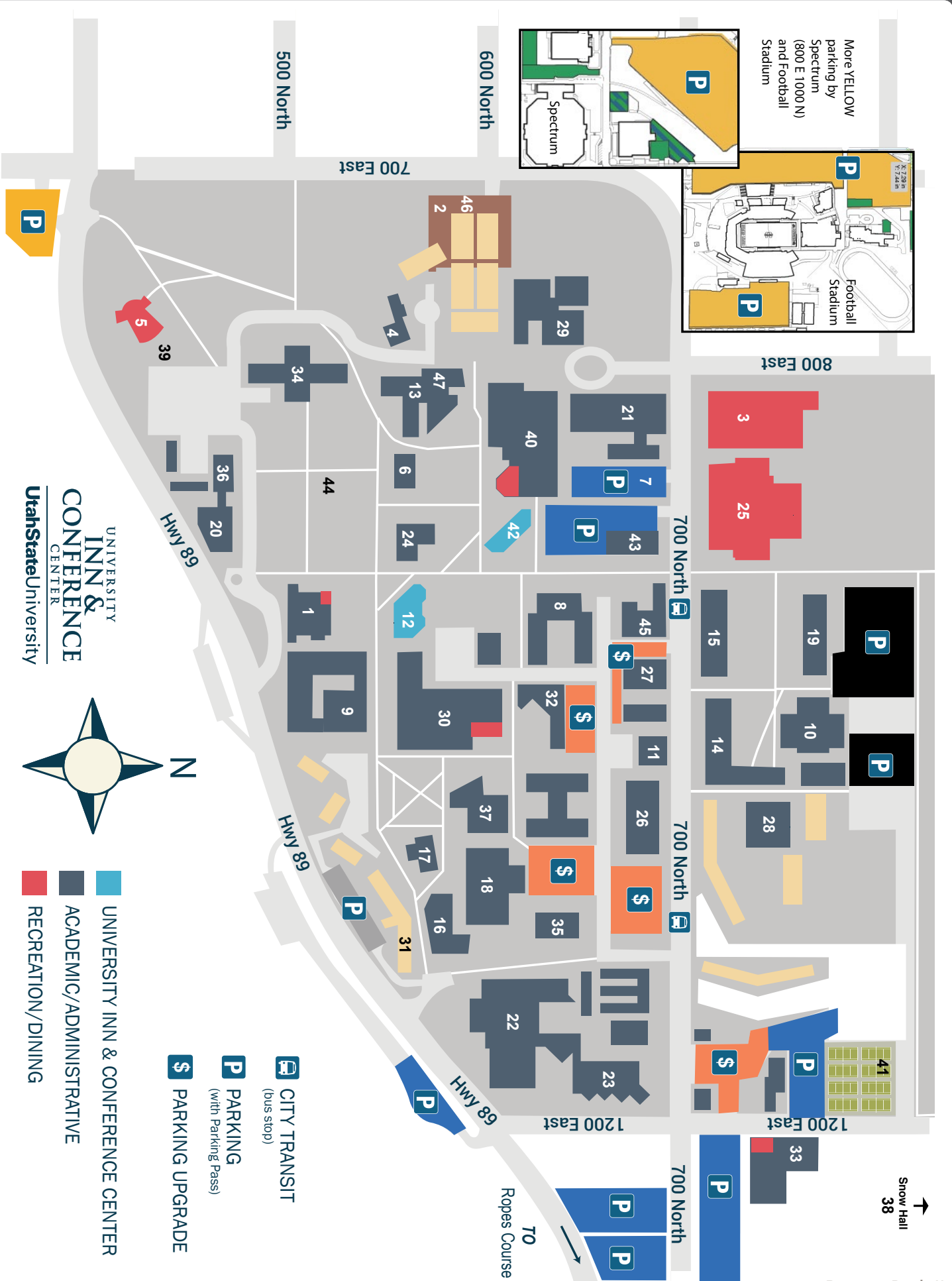
Churches – More than two dozen religious denominations welcome visitors to worship. Yes, we do have lots of Mormons here, but don't worry, they're not out to get you. You'll notice quiet Sundays with not a lot of local businesses open and larger families than you are probably used to seeing.

Map of Utah State University

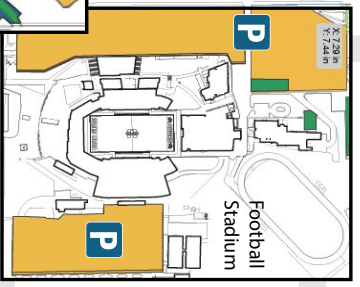
- 1 Agricultural Science (restaurant)
- 2 Aggie Parking Terrace (\$)
- 3 Aggie Recreation Center
- 4 Alumni House
- 5 Amphitheatre
- 6 Animal Science
- 7 Big Blue Parking Terrace
- 8 Biology and Natural Resources
- 9 Business / Huntsman Hall
- 10 Center for Persons with Disabilities
- 11 Distance Education
- 12 Eccles Conference Center /
Summer Citizens Office (basement)
- 13 Eccles Science Learning Center
- 14 Edith Bowen Lab School
- 15 Education YETC Lab
- 16 Engineering ENGR /
Summer Citizen Classes
- 17 Engineering Innovation
- 18 Engineering Laboratory
- 19 Early Childhood Education
- 20 Family Life
- 21 Fieldhouse
- 22 Fine Arts Center
- 23 Fine Arts – Visual
- 24 Geology
- 25 Health, Physical Education and
Recreation HPER (with pool)
- 26 Industrial Science
- 27 Janet Quinney Lawson (I.T. Services)
- 28 Junction
- 29 LDS Institute
- 30 Library (restaurant)
- 31 Merrill Hall
- 32 Natural Resources
- 33 Nutrition & Food Sciences
(ice cream and restaurant)
- 34 Old Main
- 35 Performance Hall
- 36 Ray B. West
- 37 Science Engineering Research
- 38 Snow Hall
- 39 Sunday Under the Trees (lawn)
- 40 Taggart Student Center (restaurants)
- 41 Tennis Courts
- 42 University Inn (hotel packages)
- 43 USU Credit Union and Alumni Center
- 44 USU Quad
- 45 Veterinary Science
- 46 Visitor Information Center
- 47 Widtsoe Hall



Parking is color coded by designated lots approved with a Parking Pass.



More YELLOW parking by Spectrum (800 E 1000 N) and Football Stadium



UNIVERSITY INN & CONFERENCE CENTER
UtahStateUniversity



- UNIVERSITY INN & CONFERENCE CENTER
- ACADEMIC/ADMINISTRATIVE
- RECREATION/DINING

- CITY TRANSIT (bus stop)
- PARKING (with Parking Pass)
- PARKING UPGRADE

Common Questions

You've got questions. We've got answers.

Very Important Message:

Program sponsored apartment residents WILL need to register online to identify the apartment complex they are residing in and for all other events, or classes associated with the Summer Citizens program.

What is a Summer Citizens ID Card? Do I need it?

The Summer Citizens Card is mandatory. You will be asked to show your card at all times throughout the summer. It allows you to participate in any on-campus program or event. The card will be used as an identification card for campus services such as recreation facilities, fitness centers, computer labs, parking privileges, and a debit card for dining accounts and select discounts. If you registered with the program in 2015 or later, you must keep your Summer Citizens ID Card. Bring it with you, because the card is a lifetime card that is reactivated each year you register with the program. Everyone who registered prior to 2015 will be issued a new lifetime card in 2018.

What happens once I register for a Summer Citizens Card and Courses?

Once you have registered for a Summer Citizens ID Card and/or courses, a confirmation letter will be emailed to you. When you arrive/check-in at the Eccles Conference Center where the Summer Citizens Program office is located.

What do I do when I arrive on campus?

Park in the Big Blue Parking Terrace located on 700 North, see map on page 7, building #7. Go to the Eccles Conference Center Summer Citizens Program office—basement room 103, see page 7, building #12.

At the Eccles Conference Center you will receive a USU Summer Citizens Welcome Packet. If this is your first summer, or you were not registered in 2015, 2016, or 2017, you will receive a voucher for the ID card with instructions of where to get the card printed.

Your Welcome Packet includes a USU Parking Pass, Coupon Book, T-Shirt for those who registered online or living in sponsored housing, and other program and community information.

Eccles Conference Center hours of operation are **Monday – Friday, 8:00 am–5:00 pm.**

Call **435-797-2028** for additional information.



Can I just buy one card and share it with my spouse/significant other?

Each Summer Citizen participant must have their own card. Your card is used to identify you as a participant in the program. Therefore, sharing cards is not allowed. Your picture and A# are on the Summer Citizens ID Card.

How will I know about university and community events throughout the summer?

Each authorized program sponsored apartment complex chooses one or more residents to be a Communication Council member. These members attend a bi-weekly meeting where they receive information/flyers about upcoming events for posting on bulletin boards in your complex. The first communication council meeting will be held **Wednesday, May 30th at 8:30 am in the University Inn**. Event information will also be posted on our website calendar of events at summercitizens.usu.edu.

Who is the coordinator for the Summer Citizens Program?

Linda D'Addabbo is the Summer Citizens Coordinator. The Assistant Coordinator is Sydney Anderson. Their offices are located in the basement of the Eccles Conference Center. Sydney: 435-797-2028 or sydney.anderson@usu.edu
Linda: 435-797-0425 or linda.daddabbo@usu.edu

When are the workout facilities open with a Campus Rec Pass?

Aggie Recreation Center (ARC) \$105 for 3 months	M-F	6:30am–8:00pm
HPER Building \$25 for 3 months	M-F	6:30am–7:00pm
Lap Swim (large pool) Both passes include pool access	M-F	8:00am–1:00pm 5:00pm–7:00pm
Open Rec Swim Both passes include pool access	M/W/F T/Th	11:00am–12:00pm 11:00am–1:00pm
Log Rolling Available	M/W/F	5:00pm–7:00pm

Where can I park on campus?

The Summer Citizens Parking pass allows parking in Blue, Black, Gray, and Yellow Lots (designated by "P" on map on page 7). It also allows 4 hours per day in the Big Blue Parking Terrace located on 700 North. Optional \$10 upgrade permit to include Orange and Green lots (designated by "\$" on map on page 7).

Is there handicap accessible parking?

You must have a handicap permit or license plate to park in designated handicap stalls on USU's campus.

"Within the first week after arriving we were 'blown away' by the friendliness of the USU staff, local citizens, business, etc. What a fun & culturally uplifting summer this has been."

– Gary & Mary Prebay

What is the Welcome Orientation, Merchant Fair, and Silent Auction?

The Welcome Orientation, Merchant Fair, and Silent Auction will be held **Tuesday, May 29 at 2:00 pm** in the Taggart Student Center Ballroom. This is the place to learn why the ID Card holds such great value! Summer Citizens will have the opportunity to visit with university and community representatives to learn about benefits and discounts of being a Summer Citizens Cardholder. Donations from program sponsors are presented for bid prior to the Orientation. Be sure to attend!

How do I register for the Closing Social?

All registered Summer Citizens will receive an email in July 2018, with an invitation to register for the Closing Social Luncheon. The Closing Social is scheduled to be held **Thursday, August 2 at 12:00 p.m.** in the TSC Ballroom.

If I'm staying at the University Inn, how will I learn about university and community events during my stay?

After each Communication Council meeting, the hotel will be given information that was distributed at the meeting. You can also find the information posted on the Summer Citizens Announcement web page. Short-term stay orientations may be held for hotel guests. Visit the website for dates & times.

Do I have to stay for the whole summer or can I just stay for a few weeks?

There are some apartment housing sponsors that offer less than a 3 month lease. The University Inn provides a 2 week or 3 week package option. Please see the 2018 Renter's Guide for contract options and cost. To participate in the USU Program an ID Card is required and pro-rating is not an option.

What is the weather like?

Even on a hot day it typically cools down in the evening and stays pleasant through most of the morning. An evening breeze from Logan Canyon cools the temperatures at night.

Mark Your Calendars

Tuesday, May 29 | 2:00 pm

TAGGART STUDENT CENTER BALLROOM

Welcome Orientation, Merchant Fair & Silent Auction

Be sure to attend the Summer Citizens Program Orientation. The first orientation in May is open to all and will familiarize you with the Summer Citizens Program, USU campus, and current happenings. Also, come to meet other Summer Citizens. This will be a great place to learn about the many benefits a Summer Citizens ID Card has and what this card will give you. Visit with our community sponsors and learn more about local business offerings at the orientation.

Thursday, July 5 | 2:00 pm

TAGGART STUDENT CENTER BALLROOM

MidSummer Orientation & Merchant Fair

Welcome event for new arrivals, the MidSummer Orientation in July is an opportunity to be updated on new events and program information. Visit with our community and housing sponsors and learn more about local business offerings at this orientation.

Thursday, July 12 | 9:00 am – 3:00 pm

ON-SITE AT SPONSORED APARTMENT HOUSING UNITS

Summer Citizens Sponsored Apartments Open House

The Summer Citizens Sponsored Apartments will open a unit for viewing. More information will be available at the July 5 MidSummer Orientation.

Thursday, August 2 | 12:00 pm

TAGGART STUDENT CENTER BALLROOM

End of Summer Closing Social & Talent Show







RSVP REQUIRED—Invitation Emailed Mid-June

Let's close out the summer with a BANG! Our Closing Social Luncheon will be offered free of charge to anyone with a Summer Citizens ID Card with pre-registration for the event. This is an opportunity to enjoy a delicious meal, learn fun facts and recap summer events, and hear from our community leaders. Prize drawings and entertainment make for an exciting time! Reservations required. Talent show performers sign-up through the Summer Citizens website. Sign-ups begin February 5, 2018.

Become a Lifelong Learner

The Summer Citizens Program is dedicated to providing educational opportunities for senior citizens.

More than 60 courses are taught by university professors, local experts, and Summer Citizens with specialty backgrounds and qualifications, with a wide range of stimulating topics. Below is a listing of the Summer Citizens Courses to be offered during 2018. Registration opens February 5, 2018. See page 39 for information on how to register. The courses below are listed by topic and color coded in the following manner:

	CULTURE, RELIGION, AND SCIENCE	pg 12-14
	HISTORY AND WORLD EVENTS	pg 15-20
	TECHNOLOGY	pg 21-25
	HEALTH AND FITNESS	pg 26-32
	ENTERTAINMENT AND THE ARTS	pg 33-35
	TRAVEL ADVENTURES	pg 36-37

Cancellations

There will be a \$10.00 cancellation fee for all of the classes, and a \$25.00 cancellation fee for all of the tours. Please refer to page 40 for cancellation policies.

The pricing for courses and guided tours will increase \$10.00 each after April 25, 2018. So register now!

“This program is wonderful! There are so many interesting courses offered, all for a very *moderate cost*. I especially enjoy the opportunity to take the technology courses. These courses help me to keep up with this rapidly changing world of tech.”

Course #	Dates	Time	Days	Cost	Location
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Astronomy for Beginners

Course #115	4-Jun – 8-Jun	1:30 PM – 2:45 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: We'll cover the history of astronomy and learn about constellations. We'll study the solar system, especially the moon, Mars, Jupiter, Saturn and its moon, and Pluto. Learn about the search for other solar systems and how our solar system formed. Learn about our sun and other galaxies, star clusters, and double stars. We'll discuss recent advances in cosmology (origins of the universe and the Big Bang), and the search for life on other Earthlike planets (exoplanets). There will be an evening star party at Heritage Park in Nibley with telescopes from the Cache Valley Astronomical Society.

INSTRUCTOR: **Tom Westre** is a retired public school educator with 37 years of teaching experience at the high school level. Tom received his bachelors and masters degree in education from the University of South Dakota. Tom has taught many subjects including American History and astronomy at the high school level. Tom is the past president of the Cache Valley Astronomical Society (CVAS), a group of local amateur astronomers. He has been involved with astronomy since he was nine years old. He has four telescopes and enjoys observing and astrophotography.

Hemingway's War

Course #117	4-Jun – 8-Jun	3:00 PM – 4:15 PM	M-F	\$50.00	ENGR 201
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DESCRIPTION: Hemingway's life was deeply affected by war. He was wounded in WW I, and he experienced the Spanish Civil War and WW II as a war correspondent. We will read and discuss two books: *For Whom the Bell Tolls*, and *A Farewell to Arms*. Discussion topics may include but are not limited to: how war is portrayed, effects of war, and war trauma and wounds. We may also discuss: Hemingway's actions in war, other war writers and Hemingway, influences on his war perspectives, and his war correspondence. The course will end with a discussion on the class opinion of the books.

REQUIREMENTS: Read both *A Farewell to Arms* and *For Whom the Bell Tolls* by Ernest Hemingway before class.

INSTRUCTOR: **Melissa Maughan** is a Staff Assistant in the Utah State University's History department. She graduated with a BA in History from USU in 2013 with a specialization in US History 1900-1945 with an emphasis in Japanese Internment. She has an MA in English from USU with a specialization in rhetoric. She has a special interest in wartime and classic literature, both fiction and nonfiction.

Writing the Poets of Logan

Course #131	25-Jun – 29-Jun	10:30 AM – 11:30 AM	M-F	\$50.00	ENGR 203
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DESCRIPTION: This course will introduce participants to the work of many Logan poets, including the late former poet laureate of Utah, Kenneth W. Brewer, and Logan's most famous poet, May Swenson. After each study/discussion session, participants will receive a writing prompt to complete on their own and share with the class if they choose to do so.

INSTRUCTOR: **Star Coulbrooke**, Poet Laureate of Logan, Utah, is co-founder and coordinator of Helicon West, a bi-monthly open readings/featured readers series that publishes community broadsides. Star's poems are published nationally. Her most recent poetry collections are *Walking the Bear* and *Thin Spines of Memory*. Star teaches poetry writing workshops and directs the Utah State University Writing Center.

"The USU campus has become a part of our life style. After four years we now refer to Logan as the place we come to enjoy our *summer family*."

Course #	Dates	Time	Days	Cost	Location
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Meet your Mormon Neighbors: Insights Into The Church of Jesus Christ of Latter-Day Saints

Course #135	25-Jun – 29-Jun	3:15 PM – 4:30 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Come and learn about the history, doctrines, organization, culture, and quirks of The Church of Jesus Christ of Latter-Day Saints. This is NOT an attempt to convert anyone, just a chance to discover more about your neighbors in your summertime home in a fun and relaxed learning environment. Mark your calendar for a field trip the Sunday after our class. You can attend a Sunday service and have dinner with a family in our congregation.

INSTRUCTOR: Julie Hollist Terrill is a sixth-generation active member of the Church of Jesus Christ of Latter-Day Saints. She has taught gospel doctrine classes in her congregation for 6 years and is well-acquainted with the history and culture of the LDS church.

How Airplanes Fly: See the Picturesque Cache Valley from the Air!

Course #145	9-Jul – 13-Jul	9:00 AM – 12:30 PM	M-Th	\$75.00	IS 101A
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DESCRIPTION: The REDBIRD full motion (3-axis) flight simulator introduces participants to the exciting life of a pilot. Each participant will be at the controls of a 200 degree visibility simulator from take-off to landing in preparation for an optional flight in a USU aircraft. Before embarking on the flight, discussions will cover the basic principles of flight, how an aircraft creates lift, and the controls of a plane. Flights will be scheduled around weather and aircraft availability in the early evenings.

REQUIREMENTS: Limited to 20 students, enroll early. Optional flights in a DA-40 cost \$100 and a passenger can come, depending on weight and balance. Flights scheduled and paid through Baron Wesemann.

INSTRUCTOR: Andreas "Baron" Wesemann is an assistant professor and professional practice instructor in the Aviation Technology Program. He arrived at USU in 2015 after more than 27 years in the U.S. Air Force. While serving in the Air Force, Wesemann worked as an instructor pilot in five different aircraft, taught German at the Air Force Academy, and instructed at Specialized Undergraduate Pilot Training. His professional interests are in areas related to aviation, including curriculum development, leadership and ethics in the cockpit, and safety and risk management systems.

Traveling Across America with Classic Literature

Course #148	9-Jul – 12-Jul	10:30 AM – 11:45 AM	M-Th	\$50.00	ENGR 304
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DESCRIPTION: Be prepared to take a trip each day—without packing a suitcase—as different pieces of literature will focus on a different region of the United States: the East, South, Midwest, Southwest and the West. Class discussions will cover how location, landscape, and society influenced the writer and their work. Book list will be published prior to class start date.

INSTRUCTOR: Terri Wesemann is a Utah State University graduate student studying aviation folklore. She instructs a technical communication class and is collaborating with the Hill Aerospace Museum on a World War II nose art exhibit. Her undergraduate degree is in American Studies focusing on history and literature with a minor in English. She interned in the History of Aviation in America class where she helped develop a new curriculum and co-taught the Summer Citizens class on the History of Aviation in America. Terri is married to a pilot and has spent half her life around aviation.

Course #	Dates	Time	Days	Cost	Location
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How We Drill Oil Wells in Deep Ocean Waters

Course #152	12-Jul – 13-Jul	3:00 PM – 4:15 PM	Th, F	\$20.00	ENGR 101
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DESCRIPTION: In May of 2010, the blowout of the Deepwater Horizon Well in the Gulf of Mexico caused the worst oil spill in history. It raised many questions such as how are wells drilled in deep water? What are the potential hazards that exist in drilling in that depth? What went wrong with the Deepwater Horizon well specifically? What can be done to prevent future similar disasters? In this highly-illustrated presentation, Miller will take the class through the step-by-step process involved in drilling a deepwater well and offer some comments on how to prevent another uncontrolled blowout.

INSTRUCTOR: Gerry Miller worked 25 years assisting in design of offshore rigs and platforms as a certified professional ergonomist (CPE) for maximizing safety and efficiency. He has a BS degree in structural engineering and MS degree in clinical and experimental psychology. Gerry's involvement in accident investigations of major offshore oil and gas accidents included an invitation to the investigative hearings conducted in Washington, D.C. for the Deepwater Horizon disaster. He has authored 70+ technical papers and lectured extensively in the U.S. and overseas on worker safety for offshore structures.

Understanding Money, Banking, and Finance

Course #157	16-Jul – 20-Jul	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 304
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DESCRIPTION: Let's make the financial world understandable. No textbook is required. We will discuss some of the best explanations to decipher the world of money. Planet Money and Marketplace podcasts will be used. No personal money issues nor any personal investment strategies will be discussed. Subscribe to a *Washington Post* email newsletter. Go to washingtonpost.com, at the top left go to Sections, scroll down to Newsletters and Alerts and look for the 202s, The Finance 202, Your Economic Policy Briefing. You don't need to be a *Washington Post* subscriber to receive this newsletter, it's free!

REQUIREMENTS: Download Planet Money and Marketplace podcasts. Read the Finance 202, Your Economic Briefing.

INSTRUCTOR: Rick Ernst is a retired financial advisor who specialized in retirement planning and since retirement has led Osher Lifelong Learning Classes at the University of Arizona on subjects like UnSpun, Finding Facts in a World of Disinformation; Investing 101; Investing 201; Smuggler Nation, How Illicit Trade made America; and the Battle for the Soul of Capitalism.

Understanding Islam and the Muslims

Course #160	16-Jul – 20-Jul	3:00 PM – 4:15 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: For a fifth of the world's population, Islam is both a religion and a complete way of life. Muslims follow a religion of peace, mercy, and forgiveness. The majority have nothing to do with the extremely grave events which have come to be associated with their faith. Let's learn more about Islam and have a chance to visit with some of the members.

INSTRUCTOR: Lucille Hansen is a former history teacher. While teaching, she spent many years working with the University of Utah's Middle East Center being trained to give other Utah teachers tools to teach about Islam. She has traveled extensively in the Middle East and spent a summer in a mosque in Abiquiu, New Mexico on an NEA Grant, training with experts from Saudi Arabia. She has given countless workshops on this subject. It's time to share this information with you.

Course #	Dates	Time	Days	Cost	Location
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British History – The Tudors

Course #113	4-Jun – 8-Jun	9:00 AM – 10:15 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: The Tudor period of British history is one of the most fascinating as well as the bloodiest. There was religious turmoil for over 50 years. Thousands of Catholics and Protestants were executed for their religious beliefs. An innocent queen was set aside while another one was executed. Did Richard III have the Princes in the Tower murdered or was it Tudor propaganda? Did Elizabeth I have a child or was she the “Virgin Queen”? We will explore these questions and many more.

INSTRUCTOR: Arthur Clarke was born and lived in England for 55 years before marrying and coming to live in the U.S. He became a citizen in 2008. He exemplifies the saying “you can take the man out of England but you cannot take England out of the man.” He holds a B.Ed from Cambridge Institute of Education and taught in English schools for over 33 years. He loves British history and is enthusiastic to share his knowledge with everyone and anyone.

Utah’s Struggle for Statehood & Guided Bus Tour

Course #118	11-Jun – 15-Jun	9:00 AM – 10:15 AM	M-F	\$115.00	ENGR 101
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DESCRIPTION: People living in Utah territory asked Congress 6 times for statehood. They were denied and Congress inflicted major penalties. Why did it take 47 years? Why was 1/3 of the pre-Civil War US Army deployed to Utah? Responses to these questions and others you’ve never even asked will be answered as we discuss this topic. On Thursday we’ll travel to Camp Floyd, where Johnston’s Army was based. We’ll then bus to camp

Douglas where Patrick Connor’s men were stationed. We’ll get to see homes built with money generated in the mining industry—including our Utah Governor’s Mansion.

INSTRUCTOR: Lucille Hansen thinks everything makes more sense if history is understood. Her favorite classes to teach are history classes--especially Utah History. She loves the Summer Citizen program and looks forward to greeting everyone.

Unsung Heroes of World War II

Course #122	11-Jun – 15-Jun	3:00 PM – 4:15 PM	M-F	\$40.00	ENGR 203
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DESCRIPTION: During World War II, a number of organizations failed to receive either recognition or credit for their efforts in that war. The five groups I have chosen made significant contributions, but out of neglect, indifference, or secrecy, these Americans were mostly ignored. They are the Flying Tigers, First Air Commandos, Women’s Air Force Service Pilots (WASPS), Tuskegee Airmen, and the Submarine Service. Each of the five class days will cover one of these groups.

INSTRUCTOR: Dick Clark graduated from the USC School of Business 1960. In 1997, upon retirement, he joined the Palm Springs Air Museum, a World War II air museum, as a docent and served as such until he was nominated to the presidency of that museum in 2010. In addition, he served on their Board of Directors. During those years his responsibilities included touring groups and teaching classes to new docents and lecturing on WWII history.



Course #	Dates	Time	Days	Cost	Location
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Colorful Characters of the Bear River Region

Course #123	11-Jun – 15-Jun	3:15 PM – 4:30 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Explore the colorful characters who have helped shape the Bear River Region's culture then and now. The fabric of Cache Valley and the surrounding area was influenced by a diverse group: from Shoshone Indians to Bear Lake trader Peg Leg Smith; from Dr. Pierce, the millionaire quack to a multitude of musicians; and from settlers who were saints and some who were sinners. They all played a part. This class highlights some classic contributions of historical figures and residents who are making history today.

INSTRUCTOR: Julie Hollist Terrill is the director of the Cache Valley Visitors Bureau. She holds a masters degree in journalism and communications from Utah State University, loves new adventures, and is a sought-after speaker and instructor. She has taught as an adjunct professor at Utah State University and you're just as likely to find her at the rodeo as at the opera. She loves summer citizens and can't wait to share some of the area's history with you.

The Vietnam War

Course #125	18-Jun – 22-Jun	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Why was the US in Vietnam? How did we get involved? Did we win or lose? We'll answer those and many other questions. We'll look at war opposition and how it divided the US. We'll look at 1945 when the French retook Vietnam after World War II, 1954 when Vietnam divided, 1960 when US advisors went in, 1964 when the Americanization of the war began, 1969 when Nixon began Vietnamization, 1973 when we left, and 1975 when S. Vietnam fell. We'll look at lessons learned. Tom Westre served in Vietnam March 1968-Feb 1969 and has a unique perspective. Class members who served may share their stories. Optional readings before the course begins are *American Reckoning* by Christian Appy and *Enduring Veitnam* by James Wright.

INSTRUCTOR: Tom Westre is a retired public school teacher. He served in the US Army from 1967-1969 with a year in Vietnam 1968-1969 in a Field Artillery unit. Following his return, he completed his bachelors in history education and later a Masters Degree in education. Tom retired from education in 2008. Over the years, he has studied the Vietnam War and taught it in his high school history classes. He has invited other Veterans into his classrooms to give their stories to the students. He believes the Vietnam Era has many important lessons that need to be learned and applied in today's world.

Shoshone Nation History

Course #128	18-Jun – 22-Jun	3:00 PM – 4:15 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: This course will cover Shoshone history from when they were one nation numbering 70,000 to when they divided into geographical areas and smaller bands. We will cover their hunting/gathering way of life. We will discuss the impact of the Mormon pioneer settlers who expanded north from the Salt Lake Valley. We will discuss the impact this expansion had and what conflicts occurred because of their ways of life. We will also discuss the Bear River Massacre, both the cause and outcome of this horrific event. We will conclude with a discussion on the conversion of the survivors to the Mormon faith.

INSTRUCTOR: Darren Parry is an enrolled member of the Northwestern Band of the Shoshone Nation where he serves as the Chairman of the tribe. He has served his people for more than 10 years. He received his BS in Education from Weber State University and served as an Adjunct Professor at Weber State University. He guest lectures at Universities around the country and speaks about his culture to many K-12 schools sharing his knowledge of his people. He is the great-great-great-grandson of Chief Sagwitch who was the Chief during the Bear River Massacre. The Shoshone perspective needs to be heard.

Course #	Dates	Time	Days	Cost	Location
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Pondering Petra through Objects + Research

Course #133	25-Jun – 29-Jun	1:30 PM – 2:45 PM	M-F	\$50.00	TBD
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DESCRIPTION: Join Curator Cannon for an exploration of this ancient caravan-city situated in one of the world's driest regions between the Dead Sea and the Red Sea on the Arabian Peninsula. Throughout the course, we will work with Nabatean material culture from the Museum of Anthropology's collection to understand more about daily life in the city of Petra. Some of the questions that we will explore include: what natural resources were available to the Nabateans, how did they manage their water supply in the Jordanian Desert, and how does the material record reflect the geography of this ancient city?

INSTRUCTOR: **Molly Boeka Cannon**, Ph.D. is the Executive Director and Curator for the Museum of Anthropology at Utah State University. Molly is interested in the social and cultural dimensions of built spaces, spatial modeling, and the application of remote sensing technologies in archaeology. She conducts fieldwork throughout the Intermountain West and shares her studies with students and the public through experiential learning in research and practice. Her research has been published in the *Journal of Archaeological Science*, *Journal of Archaeological Practice*, *Plains Anthropologist*, and *Utah Archaeology*.

Smuggler Nation, How Illicit Trade Made America

Course #138	2-Jul – 6-Jul	8:45 AM – 10:15 AM	M, T, Th, F	\$40.00	ENGR 101
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DESCRIPTION: America's long history of illicit imports has ranged from West Indies Molasses and Dutch gunpowder in the 18th century, to British industrial technologies and African slaves in the 19th century, to French condoms and Canadian booze in the early 20th century, to Mexican workers and Columbian cocaine in the modern era. Contraband capitalism, it turns out, has been an integral part of American Capitalism. I recommend that you read *Smuggler Nation, How Illicit Trade made America* by Peter Andreas. Class members will be asked to report on different examples of illicit trade.

REQUIREMENTS: Read *Smuggler Nation, How Illicit Trade Made America* by Peter Andreas, available from Amazon.

INSTRUCTOR: **Rick Ernst** is a retired financial advisor who specialized in retirement planning and since retirement has led Osher Lifelong Learning Classes at the University of Arizona on subjects like UnSpun, Finding Facts in a World of Disinformation; Investing 101; Investing 201; Smuggler Nation, How Illicit Trade made America; and the Battle for the Soul of Capitalism.

History of the Arts in Cache Valley

Course #139	2-Jul – 6-Jul	10:30 AM – 11:30 AM	M, T, Th, F	\$35.00	Off-Campus
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DESCRIPTION: Learn the story of Cache Valley's arts landscape. Boasting six magnificent theatres, two semi-professional theatre companies, a ballet school, a modern dance company, an orchestra, four amateur musical theatre companies, two youth theatre companies, and dozens of visual artists, we still earn the nickname "the Athens of the West." Study the pioneers who built performance halls as they carved out homes, the leaders who supported visual arts, the vaudeville performers who brought big city color (if often "a brevity of attire"), and the community visionaries who build on traditions of the past.

INSTRUCTOR: **Wendi Hassan** is Executive Director of the Cache Valley Center for the Arts, which includes three Logan-owned cultural facilities that are used by more than 50 organizations each year. In 2009, she was commissioned to conduct some research on the history of the "Capitol Theatre" (now the Ellen Eccles Theatre) and promptly went down the rabbit hole. She hasn't emerged since. Wendi has degrees in theatre, arts administration, and policy and business administration from USU and Ohio State University.

Course #	Dates	Time	Days	Cost	Location
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British History – The Stuarts

Course #140	2-Jul – 6-Jul	1:30 PM – 3:00 PM	M, T, Th, F	\$35.00	ENGR 101
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DESCRIPTION: Which king was nearly blown up? Who were the “King Killers”? What is the First English Commonwealth and why is it important? What does an oak tree have to do with a king? No heir or spare for this King, but he had 22 children? A Catholic Monarch?...Never!! So who receives the crown? Which king had three crowns? We will explore these and many more questions!

INSTRUCTOR: Arthur Clarke was born and lived in England for 55 years before marrying and coming to live in the U.S. He became a citizen in 2008. He exemplifies the saying “you can take the man out of England but you cannot take England out of the man.” He holds a B.Ed from Cambridge Institute of Education and taught in English schools for over 33 years. He loves British history and is enthusiastic to share his knowledge with everyone and anyone.

Bob Paul: King of the Arizona Lawmen

Course #147	9-Jul – 13-Jul	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Bob Paul was a lawman for 47 years in California and Arizona at every level from town to U.S. Marshal. He came to Arizona in 1878, was the Pima County Sheriff, and served as U.S. Marshal for the AZ Territory. His size (6’4” and 240 lbs) and adept use of firearms made him a formidable force to deal law and order in the Wild West. He killed five of the worst outlaws in gunfights and hanged another 10. Killing three train robbers in a shootout helped him gain national recognition. Yet Paul had his weaknesses, and we will talk about those as well. Western history buffs should know Bob Paul.

INSTRUCTOR: Gerry Miller began his interest in western lawmen when he moved to Dodge City, KS sixty years ago. Since his retirement and move to Arizona in 2000, he has extensively researched and lectured on those lawmen little-known by the public but who were instrumental in shaping law and order in the west in general, and Arizona in particular. Miller’s interest in law enforcement extended to his serving nine years in the San Diego Police Departments Reserve Police Unit. Miller also performs a one-man stage show enacting one of Arizona’s sheriffs, John Slaughter.

History of Aviation in America: Military Aircraft Over the Past 100 Years

Course #149	9-Jul – 12-Jul	1:30 PM – 2:45 PM	M-Th	\$50.00	IS 101A
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DESCRIPTION: From the Wright Military Flyer to modern fighter aircraft, planes have affected and prevented wars, and changed the course of history. Military aircraft have also set many records, amazed crowds at airshows, and helped develop many technologies we use every day. Day one will cover the early years through World War I aircraft. Day two we will review World War II. Next will be the Cold War with Korea and Vietnam. Finally, we will cover modern aircraft and advanced technologies. This class will prepare participants for a trip to the Hill Air Force Base Museum, a great course complement on Friday.

INSTRUCTOR: Andreas “Baron” Wesemann is an assistant professor and professional practice instructor in the Aviation Technology Program. He arrived at USU in 2015 after more than 27 years in the U.S. Air Force. While serving in the Air Force, Wesemann worked as an instructor pilot in five different aircraft, taught German at the Air Force Academy, and instructed at Specialized Undergraduate Pilot Training. His professional interests are in areas related to aviation, including curriculum development, leadership and ethics in the cockpit, and safety and risk management systems.

“We have really enjoyed our summer in Logan. The classes were excellent and our housing was great. The best was *making new friends* whom we hope to meet again next summer.”

Course #	Dates	Time	Days	Cost	Location
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Soaring Through the Decades with Aviation Films

Course #153	9-Jul – 12-Jul	6:00 PM – 7:15 PM	M-Th	\$50.00	ENGR 101
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DESCRIPTION: Did Hollywood affect the aviation industry or did the aviation industry affect Hollywood? Come see what started society's romance with aviation and what lead to their break up. Did they make up? Find out the answers to these questions while we discuss the romance, action, adventure, war, comedy and drama of aviation in film. Movie list will be published prior to class.

INSTRUCTOR: **Terri Wesemann** is a Utah State University graduate student studying aviation folklore. She instructs

a technical communication class and is collaborating with the Hill Aerospace Museum on a World War II nose art exhibit. Her undergraduate degree is in American Studies focusing on history and literature with a minor in English. She interned in the History of Aviation in America class where she helped develop a new curriculum and co-taught the Summer Citizens class on the History of Aviation in America. Terri is married to a pilot and has spent half her life around aviation.

British History – The House of Hanover

Course #158	16-Jul – 20-Jul	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Which Monarch was 52nd in line to the throne? Why were the first 51 ruled out? Which King could not speak English? Which King was the last monarch to lead his troops in to battle? Which George was know as "Farmer George"? Whose marriage was annulled because of the religion of his "wife"? Which King was Prince Regent for 18 years before becoming King? Which King was the third son of a King? Who was the last Monarch of the house of Hanover and the first of the house of Saxe-Coburg Gotha?

INSTRUCTOR: **Arthur Clarke** was born and lived in England for 55 years before marrying and coming to live in the U.S. He became a citizen in 2008. He exemplifies the saying "you can take the man out of England but you cannot take England out of the man." He holds a B.Ed from Cambridge Institute of Education and taught in English schools for over 33 years. He loves British history and is enthusiastic to share his knowledge with everyone and anyone.

When the White House is in Crisis: An Overview of How America Navigated Real and Perceived Executive Malfunction

Course #163	23-Jul – 27-Jul	8:45 AM – 10:15 AM	M, W, Th, F	\$50.00	ENGR 101
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DESCRIPTION: This class analyzes traumatic issues that surrounded the Executive Branch. From the Election of 1800 to the current Administration, we'll create context for how the nation survived crises and changed because of them. We'll discuss stakes of the constitution with the Electoral College and issues it caused, handling the death of a President or Vice President, (until passage of the 25th amendment), impeachment trials (Johnson, Nixon, and Clinton), health issues (Garfield, Cleveland, Reagan), and other examples. Who knows what the next 8 months will bring, but we'll have fun figuring it out.

INSTRUCTOR: **Dr. F. Ross Peterson** is a native of Idaho and graduated from Utah State in 1965. He then completed a PhD at Washington State University in 1968. After three years at the University of Texas-Arlington, he returned to USU in 1971. He served as Department Head from 1976-1984. He returned to USU as Vice President of Advancement from 2007-2011. Peterson teaches Recent American History as well as courses in African American Studies. His publications include a biography of Idaho Senator Glen H. Taylor and histories of Idaho, Cache County, and Ogden, Utah. His wife Kay, and all three of his sons have USU degrees.

Course #	Dates	Time	Days	Cost	Location
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JFK Assassination: Warren Commission vs JFK Researchers

Course #164	23-Jul – 27-Jul	10:30 AM – 12:00 PM	M, W, Th, F	\$40.00	ENGR 101
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DESCRIPTION: President Kennedy's assassination has become a controversial event and we'll look at both sides. The Warren Report is the government explanation showing how Lee Harvey Oswald was the lone gunman and there was no conspiracy. Over the last 50 years, hundreds of private researchers have uncovered information not stated in the report. Why did JFK go to Dallas? Who was Lee Harvey Oswald? What is the evidence of the single bullet theory? Was Oswald a patsy as he stated? Tom Westre researched the assassination for 20 years and visited Dallas in 2013 at the 50th anniversary of the event.

INSTRUCTOR: Tom Westre is a retired public high school teacher, where he taught US History. He met JFK in 1962 when the President came to South Dakota to dedicate the Oahe Dam on the Missouri River. He recalls the day the President was assassinated and when the Warren Commission came out in 1964, he believed it. When the Oliver Stone film came out, he began to research the assassination. He's made strong conclusions about what happened that day. Tom visited Texas in 2013 for the 50th anniversary of the assassination. Tom used the event to help his students understand results of the Warren Commission and in-depth results of 50 years of research. Tom will cover both sides of the issue and help students understand this complex event.

Japanese Internment in WWII

Course #169	30-Jul – 3-Aug	10:30 AM – 11:45 AM	M-F	\$50.00	ENGR 101
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DESCRIPTION: Two months after the Japanese bombed Pearl Harbor, President Franklin D. Roosevelt signed Executive Order 9066, which led to the relocation of approximately 120,000 Japanese-Americans, many of whom were American citizens, to 1 of 10 internment camps located across the country. Some were allowed to leave beginning in 1945, and the last camp closed in March 1946. One of these camps was in central Utah. In this course, we'll discuss the timeline of internment in Utah. We'll discuss and compare primary and secondary sources. We will also briefly discuss the implications of these internment camps.

REQUIREMENTS: Bring two books: *Desert Exile* by Yoshiko Uchida, and *Prisoners Without Trial: Japanese Americans in World War II* by Roger Daniels.

INSTRUCTOR: Melissa Maughan is a Staff Assistant in the Utah State University's History department. She graduated with a BA in History from USU in 2013 with a specialization in US History 1900-1945 with an emphasis in Japanese Internment. She has an MA in English from USU with a specialization in rhetoric. She has a special interest in wartime and classic literature, both fiction and nonfiction.

"So many opportunities to grow and learn! I enrolled in seven classes and thoroughly enjoyed each one. We enjoyed walking on campus under a canopy of trees enjoying the cool weather and beautiful views."



Course #	Dates	Time	Days	Cost	Location
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iPhone Photography

Course #105	7-Jun – 2-Aug	8:45 AM – 9:45 AM	Th only	\$45.00	ENGR 304
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DESCRIPTION: Many have found they can leave their cameras at home and take comparable photos with their iPhones. The iPhone has an advantage of always being with you. The course will start with the basics of photography and your iPhone. There will be sections on photo composition, editing, candid photography, and night photography. We will add drama and excitement to your photos with things like reflections and silhouettes. Each week's class will contain a fun assignment to reinforce the techniques presented. Part of the next week's class will be discussing and analyzing photos taken by the students.

REQUIREMENTS: iPhone or iPad are needed for assignments. Knowledge of the iOS Apple operating system is helpful.

INSTRUCTOR: Bruce Petrarca began photography when he was in junior high school. Over the years, he has enjoyed photography and videography both on the surface and underwater. His work can be seen on petrarcas.com. Ranging from printing black and white photos in his dorm room to editing electronic images, he has kept abreast of the changes in photography. He combines a technical education with hands-on experience. He brings fun and humor to teaching technical subjects. His work experience ranges from being an engineer in the computer and aerospace industries to various entrepreneurial ventures.

Utah State University Summer Citizens Camera Club

Course #106	7-Jun – 26-Jul	10:00 AM – 11:00 AM	Th only	\$45.00	ENGR 201
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DESCRIPTION: This is a place where Summer Citizen photographers can show images, practice photography, and enjoy the company of other Summer Citizen photographers. A weekly show and evaluation of images will be held, guest speakers, photo programs, and "Grab and Go" field trips will be held. New photographers, cell phone photographers, and people who would like to learn about cameras are encouraged to join. Discussions will include photographing with cell phones, point and shoot cameras, bridge cameras, and digital SLR's. At the end of the Summer Citizens Program, we will have a display of members' images.

INSTRUCTOR: Stan Stillman, with over 35 years of photo industry experience (Camera Store Management, Studio Photography and Conducting Seminars), has instructed many amateur and professional photographers in California & Arizona. Also, Stan has received photographic recognition in local, state, national, and international competitions. Stan is a Certified Photographic Consultant (CPC), Past President of Fresno Camera Club in Fresno, California, past member of the board of directors of Camera Guild of Sun City, and a Logan USU Summer Citizen.

Social Media Basics

Course #116	4-Jun – 8-Jun	3:00 PM – 4:15 PM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Ever wonder why people use social media platforms like Facebook? Or, why millennials communicate differently? Then this is the class for you. We'll outline the history of communication for different generations, providing insight for why generations use different forms of communication and why one is not necessarily better. We'll discuss best uses of social media, especially if you want to communicate with "digital natives". We'll cover the basics of setting up social media accounts and what platforms suit your needs. If you choose, you can set up a Facebook account and learn the basics.

INSTRUCTOR: Preston Parker earned a degree in Business Management at USU (Bachelor), Mass Communication at Indiana University (Master), and Instructional Technology at USU (Doctorate). He's taught courses in social media and professional communication. He's founded two non-profit organizations and several companies specializing in multimedia production and instructional design. He enjoys using social media in the "real world" and bringing his experiences to the classroom. But really, he just wants to be known as a good husband to his wife of 18 years, and a good father to his six children.

Course #	Dates	Time	Days	Cost	Location
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Un Spun, Finding Facts in a World of Disinformation

Course #119	11-Jun – 15-Jun	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Finding reliable facts has become very difficult despite the information available on the internet. What are some of the tricks of the deception trade? "If it's scary, be wary" and "beware of the superlative swindle and how euphemisms deceive" are some of the subjects discussed. We will also discuss a list of reliable websites that separate fact from fiction, where to find reliable nutrition information, and a guide to quackery! What is the role of public relations firms, journalists and lobbyists in forming our opinions? What is the role of investigative journalism?

INSTRUCTOR: **Rick Ernst** is a retired financial advisor who specialized in retirement planning and since retirement has led Osher Lifelong Learning Classes at the University of Arizona on subjects like UnSpun, Finding Facts in a World of Disinformation; Investing 101; Investing 201; Smuggler Nation, How Illicit Trade made America; and the Battle for the Soul of Capitalism.

Beginner iOS

Course #121	11-Jun – 15-Jun	1:30 PM – 2:45 PM	M-F	\$40.00	ENGR 203
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DESCRIPTION: Beginner iOS is a course for anyone who has an iPhone, iPad, or iPod touch. We will learn the basics of the iOS device such as how to turn on and off your phone, how to adjust settings, how to navigate your phone, and how to use the most basic apps such as calling with the phone app or texting with the messages app. We will also look at some of the standard apps that come with the iOS device such as Notes, Reminders, Maps, Calendars, and others. By the end of the week, you will feel comfortable using all the basic and necessary features of your iOS device.

INSTRUCTOR: **Nathan Blaylock** works as the Multimedia Specialist for the Emma Eccles Jones College of Education and Human Services. Not only does he design print and web graphics, but he writes code for the college website, creates videos and motion graphics, and fulfills other multimedia-based roles. Blaylock recently graduated with a master's degree in Instructional Technology and Learning Sciences. Blaylock has been immersed with Apple technology for his entire college and professional career. This includes Mac Desktop and Laptops, iPod touch, iPhone, and iPad.

Awesome Internet Websites You Need To Know

Course #124	18-Jun – 22-Jun	9:00 AM – 10:15 AM	M-F	\$55.00	YETC Computer Lab
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DESCRIPTION: Did you know you could access thousands of audio books for free? How about learning channels about any skill you can imagine? This course will share awesome internet resources with you that will amaze you, and allow you to access amazing materials for free. Come and join us for a week of internet treasure hunting!

INSTRUCTOR: **Nathan Smith** is the Director of Technology Integration for the College of Education and Human Services at Utah State University. He is an expert on technology and education. Formerly an elementary school teacher, he now trains USU faculty and students. He is also a photographer and artist, a professional at Photoshop and inDesign, and a graphic designer.

"The variety of course offerings, the cultural opportunities in Logan, and the many scenic places to visit have made it a stimulating and rewarding environment."

Course #	Dates	Time	Days	Cost	Location
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How to Optimize Your Android Phone or Tablet

Course #129	25-Jun – 29-Jun	9:00 AM – 10:15 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: This class will cover how to get your email, contacts, calendar, and documents on a device. We'll cover how to star frequently used contacts and quickly find them and how to view your call log and save the numbers to your contacts. We'll learn about apps, widgets, and customizing your home screen. We'll review the settings and learn to set ringtones, volume, wifi, bluetooth, and GPS, including checking your data usage. We'll also discuss battery monitoring and management, security apps, locking your phone, and other popular apps. You must bring your own Android phone or tablet to this class.

REQUIREMENTS: Bring an Android smartphone or tablet.

INSTRUCTOR: Cathy Oberkamp has taught for 25+ years. She was a trainer/training manager at the University of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught at Utah State University in their Summer Citizens Program for 5 years. She also teaches at her church and at other nonprofit organizations in her hometown of New Braunfels, TX where she now resides.

Social Media Platforms and Mobile Applications for Beginners

Course #130	25-Jun – 29-Jun	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: Social media makes it easier to connect with loved ones, as we can share stories, photos, and videos. If you're a beginner to social media, this course is for you. We'll focus on Facebook, and apply that knowledge to other platforms. This will be a non-threatening environment to gain experience with Facebook. We will cover hash tags and why they're useful. This course will have lots of fun examples, discussion, and individualized guidance. Bring your electronics; we'll use them in class. Come, having set up a Facebook account and practiced exploring Facebook, and we'll answer your questions!

INSTRUCTOR: Preston Parker earned a degree in Business Management at USU (Bachelor), Mass Communication at Indiana University (Master), and Instructional Technology at USU (Doctorate). He's taught courses in social media and professional communication. He's founded two non-profit organizations and several companies specializing in multimedia production and instructional design. He enjoys using social media in the "real world" and bringing his experiences to the classroom. But really, he just wants to be known as a good husband to his wife of 18 years, and a good father to his six children.

All About Apps

Course #134	25-Jun – 29-Jun	3:00 PM – 4:15 PM	M-F	\$50.00	ENGR 203
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DESCRIPTION: This course is for anyone who has an iPhone, iPad, or iPod touch. We'll look into the standard iOS apps and their possibilities, as well as apps created by others across the globe. With over 2 million apps in the App Store and only one week, we'll look at some of the best apps available and share when you might choose one app over another. Some examples of app categories we may look at are travel, social media, productivity, utilities, entertainment, and health. One of the big focuses will be the App Store, where you purchase apps. Join us for a fun week as we explore and share apps. A beginner knowledge of iOS would be helpful, but not necessary.

INSTRUCTOR: Nathan Blaylock works as the Multimedia Specialist for the Emma Eccles Jones College of Education and Human Services. Not only does he design print and web graphics, but he writes code for the college website, creates videos and motion graphics, and fulfills other multimedia-based roles. Blaylock recently graduated with a master's degree in Instructional Technology and Learning Sciences. Blaylock has been immersed with Apple technology for his entire college and professional career. This includes Mac Desktop and Laptops, iPod touch, iPhone, and iPad.

Course #	Dates	Time	Days	Cost	Location
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Intermediate iOS

Course #146	9-Jul – 13-Jul	9:00 AM – 10:15 AM	M-F	\$50.00	ENGR 101
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DESCRIPTION: Intermediate iOS is for anyone who has an iPhone, iPad, or iPod touch. This class will take your iOS knowledge to the next level as we look at more advanced features. Every year, Apple comes out with a new operating system for these devices, so we will look at some of the major changes in iOS 11. We will look at advanced settings to help you personalize your device, and help you understand iCloud and some alternatives. We'll look at connecting your device to your computer, where you can speedily manage your content and save space on your device. Come prepared to learn about your iOS device.

REQUIREMENTS: Beginner iOS or a firm knowledge of the basics.

INSTRUCTOR: Nathan Blaylock works as the Multimedia Specialist for the Emma Eccles Jones College of Education and Human Services. Not only does he design print and web graphics, but he writes code for the college website, creates videos and motion graphics, and fulfills other multimedia-based roles. Blaylock recently graduated with a master's degree in Instructional Technology and Learning Sciences. Blaylock has been immersed with Apple technology for his entire college and professional career. This includes Mac Desktop and Laptops, iPod touch, iPhone, and iPad.

Social Media Platforms and Mobile Applications for Beyond Beginners

Course #156	16-Jul – 20-Jul	9:00 AM – 10:15 AM	M-F	\$40.00	ENGR 101
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DESCRIPTION: If you're a step above a beginning user of social media platforms, this course is for you. It's a non-threatening environment for you to gain hands-on experience. We will cover how to edit, upload, and organize photos in Facebook; how to tag people in photos; how to use hash tags; how to share other peoples' posts; and pros and cons of each social media platform. This course will be fun and active, with lots of examples and time for discussion. Bring your phones, tablets, and laptops with the applications you want to explore loaded onto them. Come get your questions answered!

INSTRUCTOR: Preston Parker earned a degree in Business Management at USU (Bachelor), Mass Communication at Indiana University (Master), and Instructional Technology at USU (Doctorate). He's taught courses in social media and professional communication. He's founded two non-profit organizations and several companies specializing in multimedia production and instructional design. He enjoys using social media in the "real world" and bringing his experiences to the classroom. But really, he just wants to be known as a good husband to his wife of 18 years, and a good father to his six children.

Maximize Your Use of Gmail and Google

Course #159	16-Jul – 20-Jul	1:30 PM – 2:45 PM	M-F	\$55.00	YETC Computer Lab
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DESCRIPTION: You'll learn how to use Gmail, contacts, calendars, and Google Drive; label, delete, and archive your Gmail; report spam, and receive email from all your accounts in one Inbox. You'll also learn to cleanup, merge, and create contacts and groups; create calendar events and share calendars; create documents, spreadsheets, and presentations in Google Drive; and share and collaborate with others on these e-files. Google Drive is FREE and the only office suite software you'll ever need. You can access Google Drive from any computer with Internet access. This class is in the computer lab on campus.

INSTRUCTOR: Cathy Oberkamp has taught for 25+ years. She was a trainer/training manager at the University of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught at Utah State University in their Summer Citizens Program for 5 years. She also teaches at her church and at other nonprofit organizations in her hometown of New Braunfels, TX where she now resides.

Course #	Dates	Time	Days	Cost	Location
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Photoshop for Photographers – Beginners

Course #165	23-Jul – 27-Jul	1:45 PM – 3:15 PM	M, W, Th, F	\$55.00	YETC Computer Lab
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DESCRIPTION: In one week you'll learn how to take your photos from ordinary to dazzling! Come join Nathan Smith, who teaches Photoshop and Graphic design to Utah State University students. Learn how to effectively use this extraordinary tool to tweak your own photographs! No prior Photoshop experience required! Have you been wanting to learn how to make your photos look just right? This is the one week class you'll want to take!

INSTRUCTOR: **Nathan Smith** is the Director of Technology Integration for the College of Education and Human Services at Utah State University. He is an expert on technology and education. Formerly an elementary school teacher, he now trains USU faculty and students. He is also a photographer and artist, a professional at Photoshop and inDesign, and a graphic designer.

Ins and Outs of Google Drive

Course #167	30-Jul – 3-Aug	9:00 AM – 10:15 AM	M-F	\$55.00	YETC Computer Lab
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DESCRIPTION: Google Drive is an office suite software. You can create documents and spreadsheets on any computer with Internet access. You aren't tied to one computer, and you get it FREE with a Gmail account! Google Drive is the cornerstone of the Google Cloud and provides you access to other perks from Google. You'll learn to create, edit, and share Google Docs, Sheets, and Slides, and share these files and collaborate with others. There will be hands-on activities in class. This class is held in the computer lab on campus. Google Drive works on PCs, Android phones and tablets, iPhones, iPads, and Macs.

REQUIREMENTS: Google Gmail email account and password.

INSTRUCTOR: **Cathy Oberkamp** has taught for 25+ years. She was a trainer/training manager at the University of Texas Medical Branch in Galveston, TX for 5 years, taught at Habitat for Humanity International for 5 years, and has taught at Utah State University in their Summer Citizens Program for 5 years. She also teaches at her church and at other nonprofit organizations in her hometown of New Braunfels, TX where she now resides.



“The Summer Citizens program is the most extraordinary program I have ever encountered. There is nothing else like it in the United States. It is the most enriching program at an incredible price.”

Course #	Dates	Time	Days	Cost	Location
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Water Aerobics

Course #101	4-Jun – 3-Aug	8:00 AM – 8:45 AM	M, W, F	\$100.00	HPER Small Pool
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DESCRIPTION: Join us in the pool for warm up, cardio, ab work, weight work, and stretching combined with fun and positivity! This year we'll be adding some Water Zumba and continue working to inspiring music, performing 50's dance, ballet, physical therapy moves, and much more. Class is taught in the shallow end of the pool, but can be adapted to deep end if wanted. Equipment is provided and includes water weights, hand paddles, and water noodles.

INSTRUCTOR: Jennifer Benson has been practicing water aerobics for 20 years as both a student & teacher. She is a FiTour Certified Instructor. She focuses on exercise for well-being, body toning & strength at all ages, & has seen success in the discipline, maintaining a 90 pound loss for 12 years. She enjoys performing & leading others; having worked as a musician, conductor, vocalist, pianist, & as a daily talk show reporter on KSL radio. She lives in Hyde Park with her husband, is the mother of 3 children, & will soon be a grandma! Jennifer works as an interior designer and vocalist in her community.

Zumba Gold

Course #102	4-Jun – 3-Aug	9:00 AM – 10:00 AM	M, W, F	\$100.00	HPER 215 & 201
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DESCRIPTION: Perfect For: Active older adults who are looking for a modified Zumba® class that recreates the original moves you love at a lower-intensity. How It Works: The design of the class introduces easy-to-follow Zumba® choreography that focuses on balance, range of motion, and coordination. Come ready to sweat, and prepare to leave empowered and feeling strong. Benefits: Class focuses on all elements of fitness: cardiovascular, muscular conditioning, flexibility, and balance!

INSTRUCTOR: Stacey Turner will be returning to the Summer Citizens Zumba® Gold program! She has been teaching Zumba® for about 6 years. She absolutely loves it. When Stacey was introduced to Zumba® Gold, she never imagined she would love that even more! Stacey can't tell you how much fun it has been getting to know the Summer Citizens over the last 4 years. Not only has she enjoyed "shake'n it" with you but you have touched her heart. Stacey not only teaches Zumba® Gold, but regular Zumba and Zumba kids. She can't wait to see you all this summer!

Summer Citizens Bicycle Club

Course #103	6-Jun – 1-Aug	9:00 AM – 10:00 AM	W only	\$40.00	ENGR 201
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DESCRIPTION: This group, focused on road biking (as opposed to Mountain/Trail biking), will meet weekly for instructor-led discussions on biking skills including maintenance, group riding disciplines, and interesting areas to visit. Each week will feature talks by local biking experts on various bicycling subjects and interests and some riding skills. We will organize and schedule outings in the Logan area for all bikers in the Summer Citizen Community. Riders are encouraged to join this group to meet other biking residents of the diverse community and participate in group activities.

REQUIREMENTS: Road or Mountain Bike suitably equipped for general road biking.

INSTRUCTOR: Chase Allen is a 1957 graduate of (then) San Diego State College, (Now) San Diego State University. While living in Minnesota, from 1989 through 2006, he served in the National Ski Patrol System. To maintain fitness for the winter activities, he became active in the Twin Cities Bicycle Club, riding in the extensive bike areas around the Minneapolis – St. Paul area and the surrounding state trail systems. He has frequently ridden in excess of 1000 mi per year and has continued that interest in the Arizona area. He will be making use of extensive documentation available from the Twin City Bike Club.

Course #	Dates	Time	Days	Cost	Location
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Yoga

Course #104	5-Jun – 2-Aug	9:00 AM – 10:00 AM	T, Th	\$65.00	HPER 102 & 209
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DESCRIPTION: What distinguishes yoga from other calisthenic exercise? The basic definition of yoga is the practice of bringing awareness to the relationship between mind, body, and breath. Recent studies find that yoga can reduce pain and insomnia, improve balance, stability, and function, reduce hypertension, relieve anxiety and depression, and more. In this course we explore function, respiration, load, range of motion, and cognitive abilities. The focus of this class is not just to receive a singular “workout,” but more to learn ways to insert healthy changes throughout daily life.

REQUIREMENTS: Able to get up/down. Some mats/blocks are available, but if you have your own please bring them.

INSTRUCTOR: **Reina Forsythe** began a consistent yoga practice 20 years ago. After 11 years of practice, Reina certified as an instructor through InBody Yoga Academy, D’ana Baptiste’s 500 hr Certification Program, and has been teaching for 9 years. Reina is registered with Yoga Alliance as an E-RYT which necessitates over 2000 hours of teaching experience. Reina has taught at numerous studios as well as corporate and private settings and has further trained and certified in the areas of pre and postnatal yoga, yoga for trauma, biomechanics, alignment, ayurveda, restorative yoga, and meditation.

Flexibility and Strengthening for Seniors

Course #107	5-Jun – 12-Jul	8:00 AM – 9:00 AM	T, Th	\$45.00	HPER 215
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DESCRIPTION: This course is designed as a progressive, mild-to-moderate stretching and strengthening program for core and extremities with balance, stability, and flexibility exercises. The goal is for participants to continue independently after class sessions end. Participants must be able to kneel and rise from the floor using a physio-ball. Closet available for equipment storage. Note: This class will run for 6 weeks this summer due to construction. Participants of this class may register for Arthritis Education for Non-Medical Personnel free of charge. A physio-ball and yoga mat are required. Register for the Arthritis class—follow PROMO CODE instructions for credit.

INSTRUCTOR: **Donna Borden** received her physical therapy degree from the University of Kentucky and specialized in orthopedic and geriatric physical therapy practices in multiple settings. She taught numerous physical therapy educational programs and is now retired in AZ.



Living Well With Pain: Self Management Workshop

Course #108	29-Jun – 3-Aug	1:30 PM – 3:30 PM	F only	\$0.00	ENGR 201
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DESCRIPTION: 76 million people in the US live with chronic pain. It may limit performance of daily activity, lower quality of life, and affect relationships. This free workshop is designed to address concerns of those living with chronic pain, and those caregivers affected by this challenge. Participants are directed in skills to use for chronic pain management. This is an evidence-based self-management program originally developed at Stanford University and is offered free of charge at this time in the Cache Valley area.

INSTRUCTOR: **Marilyn Peterson** graduated from USU with a degree in Therapeutic Recreation and Programming. She received her masters’ degree in Gerontology from the University of Utah Interdisciplinary Program. She has worked with the elderly population as a program director, fitness coach, and advocate. Marilyn has taught classes in diversity, leisure, and therapeutic recreation. In the community, Marilyn has taught outreach classes in nutritional lifestyles, sit down exercise, and wellness. She has logged over 1100 hours teaching in decorative arts, has many varied interests, and loves working with people.

Course #	Dates	Time	Days	Cost	Location
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Intro to Drumming and Rhythm Group for Stress Relief

Course #109	2-Jul – 30-Jul	9:00 AM – 10:15 AM	M only	\$40.00	HPER 209
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DESCRIPTION: Drumming and rhythm has been used for thousands of years to promote wellness and fight disease. This class uses techniques based on years of evidence to teach participants how to reduce stress and anxiety through structured exercises such as rhythmic instrument play and breathing techniques. No previous experience with music or instruments is necessary in order to get the full benefit of this class. Participants will remain seated for the majority of the class, instructor will provide all instruments. Come prepared to have fun!

INSTRUCTOR: Natalie Burningham, NMT, SCMT, MT-BC has been a board certified music therapist since 2010 and has facilitated and worked with numerous drumming and rhythm wellness groups as well as practiced music therapy with children, adults, and seniors with a wide range of diagnosis. Natalie is also a seasoned musician and performs yearly in the Tabernacle Concert Series as a vocalist as well as other venues.

Moderate/Advanced Drumming and Rhythm Group for Stress Relief

Course #110	2-Jul – 30-Jul	10:30 AM – 11:45 AM	M only	\$40.00	HPER 209
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DESCRIPTION: Using the same principles and techniques as the Intro class, the Moderate/Advanced class is for those who have had previous experience with a musical instrument or have previously taken the Intro class and feel comfortable moving on. There will be less structure and more free play compared to the Intro class. Participants will remain seated for the majority of the class, and the instructor will provide the instruments. Come to have fun!

INSTRUCTOR: Natalie Burningham, NMT, SCMT, MT-BC has been a board certified music therapist since 2010 and has facilitated and worked with numerous drumming and rhythm wellness groups as well as practiced music therapy with children, adults, and seniors with a wide range of diagnosis. Natalie is also a seasoned musician and performs yearly in the Tabernacle Concert Series as a vocalist as well as other venues.

Hearing Loss – Options to Improve Communication

Course #114	4-Jun – 8-Jun	10:30 AM – 11:45 AM	M-F	\$50.00	ENGR 201
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DESCRIPTION: This course will focus on helping people who have hearing loss use communication strategies, technology, and their residual hearing in the most productive ways to improve their ability to communicate. Hearing loss, issues surrounding hearing aid technology, speech-reading or lip-reading, and communication repair strategies are just some of the topics to be discussed. A good course for those with hearing loss and those who communicate with someone with a hearing loss regularly. Attendees who have hearing loss are encouraged to bring their spouse or someone with whom they communicate regularly.

INSTRUCTOR: Jeff Larsen is an audiologist certified by the American Speech and Hearing Association and is a clinical assistant professor in the Communicative Disorders and Deaf Education Department at USU. He works in the adult audiology clinic here on campus. Jeff received his Ph.D. in Speech and Hearing Science at the University of Illinois and has practiced clinical audiology in the public schools, at a hospital, in a university clinic, and several other settings. His specialties are amplification, aural rehabilitation, speech perception, acoustics, and balance problems related to concussion.

Course #	Dates	Time	Days	Cost	Location
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Intermediate Tennis Instruction

Course #136	2-Jul – 6-Jul	9:00 AM – 10:00 AM	M, T, Th, F	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Intermediate classes for those who have a good knowledge of the game, may have had lessons in the past, and are capable of keeping the ball in play. There will be live ball drills for movement and strategic play in doubles with emphasis on developing the four basic strokes into consistent shots.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men’s / women’s tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

Beginning Tennis Instruction

Course #137	2-Jul – 6-Jul	10:00 AM – 11:00 AM	M, T, Th, F	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Beginning classes for those with limited experience who have played some or maybe have not played for many years and want to get started back with the “sport of a lifetime”. Emphasis on the fundamentals: forehand, backhand, serve, the net game, and basic doubles strategy.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men’s / women’s tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.



Course #	Dates	Time	Days	Cost	Location
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Intermediate Tennis Instruction

Course #142	9-Jul – 12-Jul	9:00 AM – 10:00 AM	M-Th	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Intermediate classes for those who have a good knowledge of the game, may have had lessons in the past, and are capable of keeping the ball in play. There will be live ball drills for movement and strategic play in doubles with emphasis on developing the four basic strokes into consistent shots.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

Beginning Tennis Instruction

Course #143	9-Jul – 12-Jul	10:00 AM – 11:00 AM	M-Th	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Beginning classes for those with limited experience who have played some or maybe have not played for many years and want to get started back with the "sport of a lifetime". Emphasis on the fundamentals: forehand, backhand, serve, the net game, and basic doubles strategy.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

Low Back Pain: Treatment Options with No Medications

Course #150	11-Jul – 11-Jul	3:00 PM – 4:00 PM	W only	\$0.00	ENGR 304
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DESCRIPTION: Find out the causes of low back pain: treatment options without medications. Get your questions answered.

INSTRUCTOR: Vikas Garg, MD, MSA is a pain management physician practicing in Logan, UT. He has done residency in family practice and anesthesiology and is board certified. He completed his fellowship in

pain management from nationally recognized University of Washington, Seattle and he is board certified in pain management also. He has been in Logan, UT for about the last 10 years. His main expertise has been in: migraine and other headaches, low back and neck pain, bulging and herniated disc, degenerative disease, spinal stenosis, and whiplash injury, and face joint arthritis.

"Logan offers a multitude of experiences to take home as wonderful memories. Sports, concerts, plays, dinners, Tabernacle entertainment, hikes, fishing, and so much more."

Course #	Dates	Time	Days	Cost	Location
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Arthritis Education for Non-Medical Personnel

Course #151	13-Jul – 13-Jul	3:00 PM – 5:00 PM	F only	\$10.00	ENGR 304
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DESCRIPTION: A two-hour basic information class for non-medical personnel in anatomy, types of arthritis, and the effects on our joints and spines as we age. We will discuss modes of treatment and care of our spine and joints. This class is free for those enrolled in Flexibility and Strengthening for Seniors. Enter Promo Code: FREE CLASS on the Registration Confirmation page and hit "Apply" to receive a \$10.00 credit on your account.

INSTRUCTOR: Donna Borden received her physical therapy degree from the University of Kentucky and specialized in orthopedic and geriatric physical therapy practices in multiple settings. She taught numerous physical therapy educational programs and is now retired in AZ.

Intermediate Tennis Instruction

Course #154	16-Jul – 19-Jul	9:00 AM – 10:00 AM	M-Th	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Intermediate classes for those who have a good knowledge of the game, may have had lessons in the past, and are capable of keeping the ball in play. There will be live ball drills for movement and strategic play in doubles with emphasis on developing the four basic strokes into consistent shots.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

Beginning Tennis Instruction

Course #155	16-Jul – 19-Jul	10:00 AM – 11:00 AM	M-Th	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Beginning classes for those with limited experience who have played some or maybe have not played for many years and want to get started back with the "sport of a lifetime". Emphasis on the fundamentals: forehand, backhand, serve, the net game, and basic doubles strategy.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking. He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

REQUIREMENTS: Bring rackets, proper tennis shoes, and attire—instructor provides all balls for instruction.

Course #	Dates	Time	Days	Cost	Location
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Intermediate Tennis Instruction

Course #161	23-Jul – 27-Jul	9:00 AM – 10:00 AM	M, W, Th, F	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Intermediate classes for those who have a good knowledge of the game, may have had lessons in the past, and are capable of keeping the ball in play. There will be live ball drills for movement and strategic play in doubles with emphasis on developing the four basic strokes into consistent shots.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking.

He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

Beginning Tennis Instruction

Course #162	23-Jul – 27-Jul	10:00 AM – 11:00 AM	M, W, Th, F	\$60.00	USU Courts
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DESCRIPTION: Tennis clinics for group of 4; this course makes tennis easy & fun for senior citizens. Beginning classes for those with limited experience who have played some or maybe have not played for many years and want to get started back with the "sport of a lifetime". Emphasis on the fundamentals: forehand, backhand, serve, the net game, and basic doubles strategy.

INSTRUCTOR: Ray Yost is a member of the United States Professional Tennis Association with a Pro I Elite ranking.

He is a certified ITA and USTA National & Sectional Official, and a former Owner / Operator of tennis clubs in Erie, PA - Albany, NY - Jamestown, NY - Syracuse, NY - Williamsport, PA and Warren, OH. Yost also served in the capacity of Liquidating Officer and Bank Receiver. He spent 18 years as the head men's / women's tennis coach and Associate Athletic Director at NCAA D II Mercyhurst University, in Erie, PA. He is currently on the Professional Staff at Sun City Grand, Surprise, AZ.

Enlighten the Mind to Success

Course #166	23-Jul – 27-Jul	2:30 PM – 4:00 PM	M, W, Th, F	\$40.00	ENGR 101
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DESCRIPTION: This class is fun, with powerful, interactive information! Students will learn the tenets of the mind, how the mind works, how we enhance our mind by the thoughts we think, how to develop mental programming to reach our goals, the levels of Self-Talk, and how self-esteem and personal responsibility affect our successes. Students will leave with the tools to create their own success program and be able to implement them immediately. Come and learn how to have a healthier, happy life! If you want to reach higher levels of success, this class is a must!

INSTRUCTOR: Richard G. Smart began his journey when a research project led to a discovery of the power of the mind. He found a concept which he internalized and used to enhance his selling abilities and became the top salesperson in his company! He's helped countless people reach their goals through these techniques. They are based on principles that foster change, which comes from empowering the mind to success, which creates consistent long-term results. Richard was born in Salt Lake City. He and his wife of 35 years, Mary Lue, have four children and four grandchildren. They live in Centerville, Utah.

Course #	Dates	Time	Days	Cost	Location
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Acting: Scene Study

Course #111	9-Jul – 25-Jul	9:00 AM – 10:15 AM	M, W	\$50.00	ENGR 302
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DESCRIPTION: Part 1 introduces acting theory and method based on the work of Constantine Stanislavski. Instruction is given in breaking a scene into beats and identifying objectives, obstacles, and actions. Part 2 of the course is hands-on scene study. The class will be divided into groups of two, and each group will be assigned a scene written by a modern playwright (post 1930). Each group will rehearse their scenes outside of class and present them in class to receive notes. The class will end with a performance of all the scenes. 20 slots are open to participants. Others may join as observers.

REQUIREMENTS: One notebook and plenty of pencils. Participants must be willing to perform in front of the class.

INSTRUCTOR: Richie Call is an Assistant Professor of Acting at Utah State University in the Caine College of the Arts. He is also an online instructor at Rutgers University, Mason Gross School of the Arts where he received his MFA in Acting. In addition to Richie's teaching positions, he is also a Co-Artistic Director of the Lyric Repertory Company where he has performed and directed for 16 seasons. Richie is a proud member of the Actors' Equity Association.

Learn to Knit

Course #112	12-Jun – 26-Jun	2:00 PM – 4:00 PM	Tues only	\$30.00	ENGR 201
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DESCRIPTION: Learn the basic techniques of knitting while making trendy fingerless gloves for yourself and friends and family. If you've never knitted or just need a refresher, this class will have you knitting away. Instruction will be 3 sessions, 2 hours each. Each session will be a week apart to allow time to knit project.

REQUIREMENTS: Materials are available at Knit Unique, 27 North Main in Logan. Cost will vary per yarn choice (\$20-\$22).

INSTRUCTOR: Peg Neuber learned to knit in the 1970's at an adult education class and hasn't stopped since. She has taught knitting at 2 yarn shops and for Logan City Schools. Currently she works and teaches at Knit Unique Yarn Shop in Logan. She has been a member of Northern Utah Fibers Artisans Guild for 35 years. She also spins her own yarn when she wants to take a break from knitting.

Create Customized Greeting Cards

Course #120	11-Jun – 15-Jun	1:30 PM – 4:30 PM	M, W, F	\$54.00	ENGR 304
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DESCRIPTION: Create beautiful cards for friends and family. These will be displayed longer than store-bought cards because they can be personalized. You'll receive supplies for 8-10 cards. Embellishments, cards, and envelopes are included in the course fee. You'll learn to use die cutting machines, how to sell your cards and get tips on what materials to buy. Extravagant designs may require extra embellishments at students' expense. Bring cutters, scorers, tape runners, and scissors, if available. I have these items to use, also. Come and be amazed at your creation and have FUN!!

REQUIREMENTS: Pencil, scissors, & a great sense of fun.

INSTRUCTOR: Paulette Duda has been involved in many art adventures from oil paintings to stained glass. Her current passion is custom card design covering all seasons and venues. She sells her art at Art and Craft Shows, vendor sales, and has even sold at our Gardener's Market in Logan. Her cards can also be found at Bob's Variety in Sun City West. She teaches at several facilities in Arizona as well as in her home studio. She is very excited to be a part of the Summer Citizens Teaching Staff. Her class will teach you to make cards that are so special that they will be treasured keepsakes.

Course #	Dates	Time	Days	Cost	Location
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Beginning Beading: History and Techniques

Course #126	18-Jun – 22-Jun	10:30 AM – 11:45 AM	M-F	\$40.00	ENGR 203
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DESCRIPTION: Beads and “beading” are one of the oldest art forms in the world. Whether beads and jewelry were used for barter and trade or to adorn the royals of nations, they have played an integral role in the economy, fashions, and the perception we have of history and the world today. Come and learn the basic techniques involved in creating your own style of jewelry! The class is meant to teach basic beading instruction and act as an introduction to the history of beads as an art form. Additional questions about the course can be directed to sales associates at Knit Unique Beads, 27 N. Main, Logan, UT. Materials costs will be emailed to students before the start of class.

INSTRUCTOR: Jenika Jessen Perry is just plain crazy about beads. She graduated in 2000 from USU with a Bachelors degree in Interior Design and Photography. After graduation she was the owner of Beadles Originals Beads for 14 years and now manages the bead department at Knit Unique. Her training comes from instructors around the world at the Bead and Button Convention in Milwaukee as well as good old trial and error. In order to give her students the best class experience possible, she brings 2 of her most experienced employees and “partners in crime” to help mentor and teach the class.

The Lyric Theatre – From Page to the Stage

Course #127	21-Jun – 27-Jun	1:30 PM – 2:45 PM	Th, F, M, T, W	\$50.00	ENGR 101
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DESCRIPTION: Get a glimpse behind the scenes of the Lyric Repertory Company. Examine the process of mounting a stage production with a series of guest lectures from the Lyric Rep’s creative team including directors, actors, and designers. Hear what it’s like to be a professional actor. Learn about the past 100 years of the Caine Lyric Theatre’s history and take a tour of the new scenic and costume studios as well as the backstage area. Discover how the creative team transforms the tiny Lyric stage to make it seem much larger and how elements work together to allow four sets to be interchanged. Students are encouraged to attend the Lyric productions.

INSTRUCTOR: Dennis Hassan is Professor of Scenic Design at Utah State University and Co-Artistic Director for the Lyric Repertory Company. He has designed over 150 productions for theatres across the United States. Dennis started working for the Lyric Repertory Company nearly 30 years ago first as a performer, then as a technician, scenic designer, and now as Co-Artistic Director. He teaches period styles, scenic design, scene painting, and contemporary theatre.

Create Customized Greeting Cards – Intermediate Level

Course #132	25-Jun – 29-Jun	1:30 PM – 4:30 PM	M, W, F	\$54.00	ENGR 304
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DESCRIPTION: This class is for intermediate card makers and scrap bookers. We will make die cuts and emboss, and learn intricate cutting techniques. We will make box cards, pop-ups, and Legacy and Memory cards. Stencils will be available to copy for some cards. We may also spend time on how to start you own card business. These card techniques can also be used on scrapbooks. The material fee is included for this class. There will be enough supplies to make as many cards as you wish. Extravagant embellishments will be at the student’s expense. Bring your creativity and let’s have FUN!!

REQUIREMENTS: Tools are available, but you can bring your own, too. Bring a finished project so we can admire.

INSTRUCTOR: Paulette Duda has been involved in many art adventures from oil paintings to stained glass. Her current passion is custom card design covering all seasons and venues. She sells her art at Art and Craft Shows, vendor sales, and has even sold at our Gardener’s Market in Logan. Her cards can also be found at Bob’s Variety in Sun City West. She teaches at several facilities in Arizona as well as in her home studio. She is very excited to be a part of the Summer Citizens Teaching Staff. Her class will teach you to make cards that are so special that they will be treasured keepsakes.

Course #	Dates	Time	Days	Cost	Location
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Beginning Drawing

Course #141	2-Jul – 6-Jul	3:15 PM – 4:45 PM	M, T, Th, F	\$45.00	FAV 201
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DESCRIPTION: The objective of this workshop is to develop basic drawing skills. This course will focus primarily on drawing from observation. The first 2 days will be spent on drawing a simple still life in graphite and the final 2 days will be spent drawing a portrait from life with charcoal. This course is just as much about learning how to see and sharpening visual awareness as it is about drawing. Refer to Summer Citizens website: <http://summercitizens.usu.edu/CourseInfo.cfm> for a detailed list of supplies and daily course schedule. All drawing supplies are an additional cost per student, not included in registration fees.

INSTRUCTOR: Shane Larson received his BA and MFA degrees in illustration from USU. Shane has taught courses in Basic and Advanced Illustration, Drawing for Illustration, Graduate Illustration Studio, and Children's Storybook Illustration. He is currently teaching Drawing I and II and 2-D Design at USU. He has worked as a free-lance illustrator, doing digital concept illustrations for Frito-Lay, Walmart, Hershey's, and Deans Foods. He's had award-winning paintings in the Arts for the Parks in Jackson Hole, Wyoming, and the United States Olympic Committee National Art Contest.

Exploring Japanese Brush Paintings - Traditional Asian Watercolor Techniques

Course #144	9-Jul – 20-Jul	9:00 AM – 11:00 AM	M, T, W, Th & M, W, Th, F	\$80.00	FAV 201
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DESCRIPTION: Introductory class teaches the art of Asian watercolor painting & how it differs from Western style painting. Basic techniques using only brush, Sumi ink, few basic watercolor paints & Asian watercolor papers (rice paper). Focus is on painting as a meditative process. With a few strokes of the brush capture the "Essence of the Subject". Includes brush techniques, color blending, & composition. Traditional subjects, the "Four Gentlemen": Bamboo, Plum, Orchid, & Chrysanthemum. Asian watercolor painting is an ancient tradition, but is new to many people. Suitable for beginning & experienced painters. Supplies and materials paid to instructor, not included in course fee.

INSTRUCTOR: Eiko Anderson was born in Osaka, Japan & studied calligraphy since childhood with various teachers including cursive form of kanji & kana with the Master, Zuiun Kobayashi. Inspired by her father's paintings, she began the study of Sumie (Japanese brush painting) & Asian Watercolor. With many years of experience, she teaches both adults & children. Eiko is a member of the Sumi-e Society of America & the Utah Water Color Society. She has received recognition & awards for her talent. Her paintings are on exhibit in various locations & featured on her website at eikosart.com.

Beginning Oil Painting

Course #168	30-Jul – 3-Aug	10:30 AM – 12:30 PM	M-F	\$50.00	FAV 201
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DESCRIPTION: The objective of this workshop is to develop basic oil painting skills. This course will focus primarily on the technical aspect of oil painting and thus focus primarily on painting from observation. Students will learn and explore basic aspects of painting such as brush techniques, mixing paint, color, value, composition, use of soft and hard edges, and many other fundamental principles in painting. Refer to Summer Citizens website: <http://summercitizens.usu.edu/CourseInfo.cfm> for a detailed list of supplies and daily course schedule. All paint supplies are an additional cost per student, not included in registration fees.

INSTRUCTOR: Shane Larson received his BA and MFA degrees in illustration from USU. Shane has taught courses in Basic and Advanced Illustration, Drawing for Illustration, Graduate Illustration Studio, and Children's Storybook Illustration. He is currently teaching Drawing I and II and 2-D Design at USU. He has worked as a free-lance illustrator, doing digital concept illustrations for Frito-Lay, Walmart, Hershey's, and Deans Foods. He's had award-winning paintings in the Arts for the Parks in Jackson Hole, Wyoming, and the United States Olympic Committee National Art Contest.

Course #	Dates	Time	Days	Cost	Location
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Gold Medal Park City, Heber Valley Adventure Tour

Course #170	5-Jun – 6-Jun	8:00 AM (5th) – 5:30 PM (6th)	T-W	\$229.00	Off-Campus
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DESCRIPTION: Join us for an exciting and enlightening adventure to Park City! Our trip will be jam-packed with a variety of memorable experiences. First, we'll visit Olympic Park where the 2002 Winter Olympics were held. Tour the museum or watch ski jumping. An expert guide will give us a bus tour of this spacious venue. Next we head to Park City where you can meander on Main Street and grab lunch on your own. Then we'll gather for a guided tour of the Park City Museum, which provides a fascinating glimpse of the area's colorful and rowdy past. Next, we travel to beautiful Midway for an overnight stay at the Homestead Resort (**\$198 value**). Optional activities include golfing at a championship 18-hole course (\$49 w/cart) or a swim in the famous Crater (\$13 each), with its 95-degree mineral water. Dinner on your own. Tennis courts, shuffleboard, and a

beautiful garden walk are also available that evening. After a lovely night stay we'll enjoy a classy continental breakfast before heading off to ride the historic Heber Valley Railroad past the dramatic Mt. Timpanogos and through beautiful Provo Canyon. Entertainment and lunch will be served on board the "Heber Creeper." Upon our return we'll head home to Logan. Price is \$229 per person double occupancy.

TOUR GUIDE: **Julie Hollist Terrill** is the director of the Cache Valley Visitors Bureau. She holds a masters degree in journalism and communications from Utah State University, loves new adventures and is a sought-after speaker and instructor. You're just as likely to find her at the rodeo as at the opera. She loves summer citizens and can't wait to share some of the area's history with you.

Humanitarian Center, Welfare Square, LDS Museum & Family History Library

Course #171	20-Jun	8:00 AM – 4:00 PM	Wednesday	\$65.00	Off-Campus
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DESCRIPTION: We had many natural disasters in 2017. The LDS Humanitarian volunteers with yellow "Mormon Helping Hands" shirts were usually among the first to help. Humanitarian Services coordinate with government and nonprofit agencies to provide food, water, and other supplies after disasters. We'll also see LDS Welfare Square in action, where the food for the Welfare Program is produced. This program helps people become self-reliant. After a lunch on your own in City Square, we'll visit the LDS Museum or

the Family History Center. This will be Wednesday, June 20th. We'll leave at 8 am and return by 4 pm.

TOUR GUIDE: **Lucille Hansen** is a lifelong member of the LDS Church. She is proud of the many hours she has spent helping at the Ogden Cannery preparing beans or stew for Church Welfare Distribution. She is anxious to give needed background and share this program with her Summer Citizen friends.

Hill Air Force Base Museum

Course #172	13-Jul	8:30 AM – 3:30 PM	Friday	\$80.00	Off-Campus
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DESCRIPTION: Come hear stories told by a veteran USAF pilot. Bring your camera and hat as this is a walking tour, with the first 2 hours outside in the sun. Some of the stories include: Medal of Honor Winner Bernie Fisher in his Sandy Skyraider; the fastest plane ever built, the SR-71; and the fighters stationed at HAFB over the years. Transportation, lunch, water, and fun are included! Park your vehicles in the Maverik Football Stadium Parking Lot (corner of 1000 N and 800 E) to board the bus. See map on page 7.

TOUR GUIDE: **Baron Wesemann** is an assistant professor and professional practice instructor in the Aviation Technology Program. He arrived at USU in 2015 after more than 27 years in the U.S. Air Force. While serving in the Air Force, Wesemann worked as an instructor pilot in five different aircraft, taught German at the Air Force Academy, and instructed at Specialized Undergraduate Pilot Training. His professional interests are in areas related to aviation, including curriculum development, leadership and ethics in the cockpit, and safety and risk management systems.

Course #	Dates	Time	Days	Cost	Location
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Mormon Tabernacle Choir & Temple Square Tour

Course #174	22-Jul	7:00 AM – 4:00 PM	Sunday	\$90.00	Off-Campus
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DESCRIPTION: Join us for an adventure you'll never forget as we head to Salt Lake City for a performance by the world-renowned Mormon Tabernacle Choir. Their international broadcast is seen around the world, and this 300-member volunteer choir has been heralded as "America's Choir." Their broadcast initiates in the Conference Center, a beautiful building that holds 21,000 people. We'll have some free time and a tour of Temple Square with its beautiful museums, family history center, and gardens before we head for a delicious lunch and then finish with a short

driving tour of the city. Bus transportation, tour guide, bottled water, snacks, and a wonderful brunch/lunch are included. Please park at the Big Blue Terrace.

TOUR GUIDE: **Julie Hollist Terrill** is a sixth-generation active member of the Church of Jesus Christ of Latter-Day Saints. She has taught gospel doctrine classes in her congregation for 6 years and is well-acquainted with the history and culture of the LDS church.

Gold Medal Park City, Heber Valley Adventure Tour

Course #175	30-Jul – 31-Jul	8:00 AM (30th) – 5:30 PM (31st)	M–T	\$229.00	Off-Campus
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DESCRIPTION: Join us for an exciting and enlightening adventure to Park City. Our trip will be jam-packed with a variety of memorable experiences. First, we'll visit Olympic Park where the 2002 Winter Olympics were held. Tour the museum or watch ski jumping. An expert guide will give us a bus tour of this spacious venue. Next we head to Park City where you can meander on Main Street and grab lunch on your own. Then we'll gather for a guided tour of the Park City Museum, which provides a fascinating glimpse of the area's colorful and rowdy past. Next, we travel to beautiful Midway for an overnight stay at the Homestead Resort (**\$198 value**). Optional activities include golfing at a championship 18-hole course (\$49 w/cart) or a swim in the famous Crater (\$13 each), with its 95-degree mineral water. Dinner on your own. Tennis courts, shuffleboard, and a

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Scholarship Endowment Fund

Together we have raised \$47,750 since 1992.

In September of 1985, leaders of the Summer Citizens Program initiated a scholarship endowment fund at Utah State University. The purpose of this fund is to provide an enduring expression of gratitude to USU and to the people of Cache Valley for their hospitality. The Fund is a symbol of the satisfying relationships among those persons who make their summer homes in Cache Valley, the university, and the community. Recipients of awards from this Fund are known as Summer Citizens Scholars. Summer Citizens Scholars typically are those students who demonstrate financial need, personal integrity, and academic achievement.

Recipients are graduates of a Cache County or City of Logan high school, legal residents of the county, and citizens of the United States. Special consideration is

given to recipients who would be unable to pursue a higher education without financial assistance. Thanks to the Summer Citizens, in 2017 two students were awarded the Summer Citizens Scholarship to pursue an education at Utah State University.

You can donate to the scholarship fund at the time of registration. When you register online, there is an option to add a donation to your registration. If you mail, fax, or call in your registration, just indicate that you want to make a donation and the amount. This will be charged to you at the time of registration. You can also donate throughout the summer at the Summer Citizens Office in the lower level of the Eccles Conference Center, room 103.

2017 Scholarship Recipients



Ashlee Buist

A 2017 Summer Citizens scholarship award was presented to Ashlee during the 2017 End of Summer Closing Social Luncheon. Ashlee graduated in the first graduating class of Ridgeline High School in Millville, UT.

Ashlee enrolled in upper-level classes and was on the honor roll. Her accomplishments include varsity basketball for 3 years, serving as captain during her senior year. The first game she injured her knee, resulting in surgery that sidelined her for the remainder of the season, but she maintained her leadership role.

Ashlee was involved in extracurricular activities including FFA (Future Farmers of America) where she was team captain. She took first place in Utah for Veterinary Science and went on to compete in nationals. Ashlee also volunteered at the Cache Meadow Vet Clinic for 2 ½ years.

Ashlee is enrolled in the 2017 fall semester at Utah State University and after completing her undergraduate studies hopes to go on to study Veterinary Medicine.



Michelle Harker

Michelle was the recipient of the second 2017 Summer Citizens scholarship at an awards ceremony during the 2017 End of Summer Closing Social Luncheon.

Michelle graduated from Mountain Crest High School in Hyrum, Utah. She developed a keen interest in the medical field and completed multiple science classes including medical anatomy, physiology, physics, and chemistry, graduating with a cumulative GPA of 3.981.

Staying healthy by exercising and eating nutritiously has always been important to Michelle. She was often running throughout her community in preparation for Mountain Crest High School cross-country and track meets. Michelle always tried to be a good example to her peers through her life style choices and actions.

Michelle begins her freshman studies at Utah State University in the fall of 2017. She also announced during the scholarship award ceremony that she is hoping to serve a full-time mission for the LDS Church.

There are 4 Easy Ways to Register!

- 1 Online at summercitizens.usu.edu
***Free T-Shirt Included** when you register online!
- 2 Call 800-538-2663 and register over the phone
- 3 Download and print the registration form on the Summer Citizens website (summercitizens.usu.edu), complete and mail with full payment to:

*USU Summer Citizens Registration
University Inn & Conference Center
5024 Old Main Hill
Logan, UT 84322-5024*
- 4 Register in person in the Eccles Conference Center Summer Citizens Basement Office Room 103

**Register online before April 25th to receive an exclusively FREE 2018 Summer Citizens T-Shirt! Offer not valid for other registration methods.*

Summer Citizens Card

\$100 per ID Card

Sponsored housing card fee included in lease.

Early Registration Deadline April 25, 2018

Price Increases \$10 per card after April 25, 2018 for persons not residing in sponsored housing. All ID Cardholders **must register online** with the Summer Citizens Program.

How to Register and Become a Summer Citizen

Register Early

Registration opens on February 5, 2018. Confirmations will be emailed following registration. **Early registration deadline is April 25th. Each course or guided tour price increases by \$10 after the April 25th deadline.** A minimum of 20 participants are required to keep most courses going. In some cases, class size is limited. Don't delay...register today!

Summer Citizens Card and Courses

Participants must purchase a Summer Citizens ID Card to participate in the program. Refer to page 2 for Summer Citizens Card amenities.

Registration Confirmations

Once you have registered for a Summer Citizens ID Card and/or Summer Citizens Course, a confirmation will be emailed to you. Information about Utah State University and Cache Valley, including a coupon book offering discounts to local vendors, will be provided at check-in on campus in the Eccles Conference Center, Summer Citizens Program Basement Office 103. See page 8 for more information.

USU Summer Citizens Program ID Cards

Anyone registered in the 2015, 2016, or 2017 Summer Citizens Program was provided a lifetime ID Card. You must retain the ID Card which will be re-activated each year with your registration. New registrants in the program will be provided an ID Card which becomes their permanent ID. Lost cards can be re-printed in the USU Card Office at a cost of \$15 per ID Card paid by the cardholder.

Course Guest Pass – Refer a Friend

Course guest passes are available for visitors of registered program participants. These passes are meant for prospective participants. Advance purchase is required and must be approved by a Program Staff member. The Guest Pass must be purchased at the Eccles Conference Center, Summer Citizen Program Basement Office 103, after presenting a valid Summer Citizens ID Card.

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This book is based on information available at the time of publication.

All information, including statements of course fees, descriptions, and designation of instructors is subject to change without notice or obligation. Moreover, all announcements in this publication are subject to change without notice and do not constitute an agreement between Utah State University Summer Citizens Program and the participant. (The Summer Citizens Program reserves the right to take photos and/or video during the program to be used for marketing purposes. Please see the photo release clause on your hard copy registration form and on the Summer Citizens website.)



Cancellation Policies

Due to financial commitments made by the organization for meeting space and instructor scheduling, there are cancellation fees that apply to cards, courses, and tours.

Card Cancellations

Participants wishing to cancel their Summer Citizens Card prior to check-in will receive a refund less a \$25 processing fee per ID Card cancelled. No refunds on the ID cards after check-in.

Day Tour Cancellations

Participants withdrawing from a day tour must do so **in writing** (through an email) by May 18 and will receive a refund less a \$25 per person processing fee. No refunds will be given after May 18. A "no show" on the day of the tour will result in a loss of all fees paid with no refund. Substitutions are acceptable up to 3 days prior.

Overnight Tour Cancellations

Participants withdrawing from an overnight tour to Park City and Heber Valley must do so **in writing** (through an email) by March 1 for the June 5 tour and by April 23 for the July 30 to receive a refund less a \$90 per person processing fee. A "no show" the day of departure will result in a loss of all fees paid with no refund. Substitutions are acceptable up to 3 days prior.

Course Cancellations

Participants wishing to cancel courses must do so **in writing** (through an email) prior to May 18, 2018 and will receive a refund less a \$10 processing fee per course. No refunds will be given after Friday May 18, 2018. You do have the option to trade courses, if you attend the first day and are not satisfied, a refund will not be given, but you can trade for another course of equal or lesser value without penalty. (If trading to a course of higher value, difference must be paid immediately after trade. If trading to course of lower value, no credit will be given).

T-Shirt Exchanges

T-Shirts **may not** be exchanged for a different size. Please visit the Summer Citizens website for T-Shirt sizing. The shirt WILL shrink after they are washed. **Free T-Shirts only to those who register online.** Shirts are NOT available for purchase. Online registration required.

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June 18 — Aging with Agility

June 25 — Stay Seated. Get Moving!

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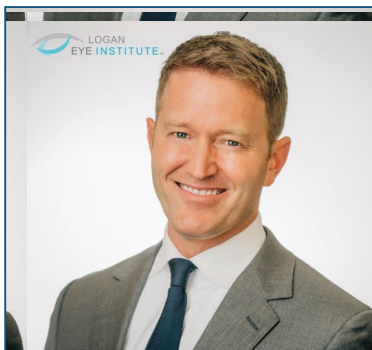
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 Perfect Summer
 Wildlife Classes
 Unique
 Art
 T-Shirt
 Performances
 USU
 Opera
 Summer
 Lifelong Learning
 Closing Social
 Affordable Housing
 Farefree Transportation
 Community Discounts

Linda D'Addabbo
 tabernacle
 culture
 coupon book
 new friends
 Aggie ice cream
 Logan tennis
 fun time
 friendly
 Lyric
 ID Card
 tours
 recreation
 outdoors
 travel
 library
 Discover
 hidden gem

phenomenal
 religion
 canyon
 fitness
 yoga
 zumba
 golf
 weather
 painting
 talent show
 birdwatching
 drawing
 hiking
 performances
 Cache Valley
 medical care
 adventure
 merchant fair
 pickleball
 family history
 restaurants
 Logan
 technology
 entertainment

active living
 wildflowers
 celebration
 history
 climate
 photography
 fishing
 diversity
 water aerobics
 Tony Grove
 shopping

dental care
 music
 welcoming
 photography
 diversity
 water aerobics
 Tony Grove
 shopping



Norene Stafford
Talent Show 2017



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'U' can become a
Summer Citizen

DISCOVER / ENGAGE / CELEBRATE

Schedule At-A-Glance 2018

Date	Course	Time	Title	Location
Full Summer	101	8:00 AM	Water Aerobics (M, W, F)	HPER Small Pool
	102	9:00 AM	Zumba Gold (M, W, F)	HPER 215 & 201
	103	9:00 AM	Summer Citizens Bicycle Club (W only)	ENGR 201
	104	9:00 AM	Yoga (T, Th)	HPER 102 & 209
	105	8:45 AM	iPhone Photography (Th only)	ENGR 304
	106	10:00 AM	Utah State University Summer Citizens Camera Club (Th only)	ENGR 201
4-6 Weeks	107	8:00 AM	Flexibility and Strengthening for Seniors (T, Th)	HPER 215
	108	1:30 PM	Living Well With Pain: Self Management Workshop (F only)	ENGR 201
	109	9:00 AM	Intro to Drumming and Rhythm Group for Stress Relief (M only)	HPER 209
	110	10:30 AM	Moderate/Advanced Drumming and Rhythm Group for Stress Relief (M only)	HPER 209
2-3 Wks	111	9:00 AM	Acting: Scene Study (M, W)	ENGR 302
	112	2:00 PM	Learn to Knit (Tues only)	ENGR 201
Jun 4 - Jun 8	113	9:00 AM	British History - The Tudors (M-F)	ENGR 101
	114	10:30 AM	Hearing Loss - Options to Improve Communication (M-F)	ENGR 101
	115	1:30 PM	Astronomy for Beginners (M-F)	ENGR 101
	116	3:00 PM	Social Media Basics (M-F)	ENGR 101
	117	3:00 PM	Hemingway's War (M-F)	ENGR 201
Jun 11 - Jun 15	118	9:00 AM	Utah's Struggle for Statehood (M-F)	ENGR 101
	119	10:30 AM	Un Spun, Finding Facts in a World of Disinformation (M-F)	ENGR 101
	120	1:30 PM	Create Customized Greeting Cards (M, W, F)	ENGR 304
	121	1:30 PM	Beginner iOS (M-F)	ENGR 203
	122	3:00 PM	Unsung Heroes of World War II (M-F)	ENGR 203
	123	3:15 PM	Colorful Characters of the Bear River Region (M-F)	ENGR 101
Jun 18 - Jun 22	124	9:00 AM	Awesome Internet Websites You Need To Know (M-F)	YETC Computer Lab
	125	10:30 AM	The Vietnam War (M-F)	ENGR 101
	126	10:30 AM	Beginning Beading: History and Techniques (M-F)	ENGR 203
	127	1:30 PM	The Lyric Theatre - From Page to the Stage (Th, F, M, T, W; Jun 21 - Jun 27)	ENGR 101
	128	3:00 PM	Shoshone Nation History (M-F)	ENGR 101
Jun 25 - Jun 29	129	9:00 AM	How to Optimize Your Android Phone or Tablet (M-F)	ENGR 101
	130	10:30 AM	Social Media Platforms and Mobile Applications for Beginners (M-F)	ENGR 101
	131	10:30 AM	Writing the Poets of Logan (M-F)	ENGR 203
	132	1:30 PM	Create Customized Greeting Cards - Intermediate Level (M, W, F)	ENGR 304
	133	1:30 PM	Pondering Petra through Objects + Research (M-F)	TBD
	134	3:00 PM	All About Apps (M-F)	ENGR 203
	135	3:15 PM	Meet your Mormon Neighbors: Insights Into The Church of Jesus Christ of Latter-Day Saints (M-F)	ENGR 101

Date	Course	Time	Title	Location
Jul 2 - Jul 6	136	9:00 AM	Intermediate Tennis Instruction (M, T, Th, F)	USU Courts
	137	10:00 AM	Beginning Tennis Instruction (M, T, Th, F)	USU Courts
	138	8:45 AM	Smuggler Nation, How Illicit Trade Made America (M, T, Th, F)	ENGR 101
	139	10:30 AM	History of the Arts in Cache Valley (M, T, Th, F)	Off-Campus
	140	1:30 PM	British History - The Stuarts (M, T, Th, F)	ENGR 101
	141	3:15 PM	Beginning Drawing (M, T, Th, F)	FAV 201
Jul 9 - Jul 13	142	9:00 AM	Intermediate Tennis Instruction (M-Th)	USU Courts
	143	10:00 AM	Beginning Tennis Instruction (M-Th)	USU Courts
	144	9:00 AM	Exploring Japanese Brush Paintings - Traditional Asian Watercolor Techniques (M, T, W, Th & M, W, Th, F; Jul 9 - Jul 20)	FAV 201
	145	9:00 AM	How Airplanes Fly: See the Picturesque Cache Valley from the Air! (M-Th)	IS 101A
	146	9:00 AM	Intermediate iOS (M-F)	ENGR 101
	147	10:30 AM	Bob Paul: King of the Arizona Lawmen (M-F)	ENGR 101
	148	10:30 AM	Traveling Across America with Classic Literature (M-Th)	ENGR 304
	149	1:30 PM	History of Aviation in America: Military Aircraft Over the Past 100 Years (M-Th)	IS 101A
	150	3:00 PM	Low Back Pain: Treatment Options with No Medications (W only)	ENGR 304
	151	3:00 PM	Arthritis Education for Non-Medical Personnel (F only)	ENGR 304
	152	3:00 PM	How We Drill Oil Wells in Deep Ocean Waters (Th, F)	ENGR 101
	153	6:00 PM	Soaring Through the Decades with Aviation Films (M-Th)	ENGR 101
	Jul 16 - Jul 20	154	9:00 AM	Intermediate Tennis Instruction (M-Th)
155		10:00 AM	Beginning Tennis Instruction (M-Th)	USU Courts
156		9:00 AM	Social Media Platforms and Mobile Applications for Beyond Beginners (M-F)	ENGR 101
157		10:30 AM	Understanding Money, Banking, and Finance (M-F)	ENGR 304
158		10:30 AM	British History - The House of Hanover (M-F)	ENGR 101
159		1:30 PM	Maximize Your Use of Gmail and Google (M-F)	YETC Computer Lab
160		3:00 PM	Understanding Islam and the Muslims (M-F)	ENGR 101
161		9:00 AM	Intermediate Tennis Instruction (M, W, Th, F)	USU Courts
Jul 23 - Jul 27	162	10:00 AM	Beginning Tennis Instruction (M, W, Th, F)	USU Courts
	163	8:45 AM	When the White House is in Crisis: An Overview of How America Navigated Real and Perceived Executive Malfunction (M, W, Th, F)	ENGR 101
	164	10:30 AM	JFK Assassination: Warren Commission vs JFK Researchers (M, W, Th, F)	ENGR 101
	165	1:45 PM	Photoshop for Photographers - Beginners (M, W, Th, F)	YETC Computer Lab
	166	2:30 PM	Enlighten the Mind to Success (M, W, Th, F)	ENGR 101
	167	9:00 AM	Ins and Outs of Google Drive (M-F)	YETC Computer Lab
Jul 30 - Aug 3	168	10:30 AM	Beginning Oil Painting (M-F)	FAV 201
	169	10:30 AM	Japanese Internment in WWII (M-F)	ENGR 101

For information on this year's Tours, see pg. 36
Detailed course information begins on pg. 11