

November 2017

"The Summer Citizen program offered by USU to those who are lucky enough to experience it, is a gift. The area and the people who call Logan their home are some of the friendliest we have ever known...Logan is our home away from home and we look forward to our return next May."

Thanksgiving is right around the corner!

Happy November! There may be a chill in the air, but hearts are warm as we prepare for Thanksgiving, a wonderful time of year to focus on gratitude and our blessings. We are especially grateful to each of you for your continued support from year to year. Thank you for being a part of our program and making Logan such a fun place each summer. We truly appreciate all that each of you do and we're excited to see you this summer!

We're doing our best in Logan to stay warm and hoping the snow stays away until December. Midterms are in full swing and students are spending a lot of time indoors where it's warm to study. The Summer Citizens Office is staying busy as ever. Instructors have submitted their courses and we're putting together an exciting list of classes on a variety of topics. We're also planning our annual trip to Arizona, so put the dates on your calendars, we'd love to see each of you there!

We hope each of you have a wonderful month. May Thanksgiving Day find you surrounded by loved ones with lots of turkey and mashed potatoes on the table!

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Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow.

Melody Beattie



Feeling gratitude and not expressing it is like wrapping a present and not giving it.

William Arthur Ward

November Happenings

- 3 USU basketball vs. Great Falls
- 8 Chamber Ensembles Concert - Caine College of the Arts
- 10 American Festival
 Chorus: War and the
 Human Heart Caine
 College of the Arts
- 11 USU Turkey Trot 5K Run
- 11 American Festival
 Chorus and Orchestra:
 Veterans Day Concert Caine College of the Arts
- 13 USU basketball vs. Montana State
- 14 Fry Street Quartet -Caine College of the Arts
- 15 Big Bands Caine College of the Arts
- 15 USU basketball vs. Mississippi Valley
- 18 USU football team vs. Hawaii
- 23 Happy Thanksgiving!



We're coming to visit you! February Presentation Dates

ARIZONA

Monday, February 5, 2018

9:00 - Sun City Festival (Sage Center - Sable Room) 26501 W Desert Vista Blvd, Buckeye, AZ 85396

1:00 - *Trilogy at Vistancia (Kiva Clubhouse – Ballroom)
27980 North Trilogy Blvd., Peoria, AZ 85383
*Trilogy community members only

Tuesday, February 6, 2018

9:00 - Pebble Creek

(Pending confirmation)

1:00 - Fountain of the Sun (Fireside and Poolside Rooms) 540 South 80th Street, Mesa, AZ 85208

Wednesday, February 7, 2018

9:00 - Sun Lakes United Methodist (Lindsay Hall) 9248 East Riggs Road, Sun Lakes, AZ 85248

1:00 - Sun City Anthem & Merrill Ranch (Ballroom) 3855 N Sun City Blvd, Florence, AZ 85132

Thursday, February 8, 2018

9:00- Green Valley (East Center)

7 South Abrego Dr., Green Valley, AZ 85622

1:00- Sun City Oro Valley (Activity Center- Navajo Room)
1495 East Rancho Vistoso Blvd., Oro Valley, AZ 85704

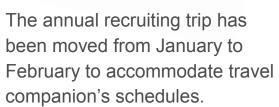
3:30- SaddleBrooke (Desert View Building- Mariposa Room)
38735 South Mountain View Blvd., SaddleBrooke, AZ 85739

Friday, February 9, 2018

9:00- Sun City American Lutheran (Fellowship Hall) 17200 North Del Webb Blvd., Sun City, AZ 85373

1:00- Sun City West Desert Palm Presbyterian (Fellowship Hall) 13459 West Stardust Blvd., Sun City, AZ 85375

4:00- Sun City Grand (Cimarron Center - Agua Fria Room) 17100 West Clearview Blvd., Surprise, AZ 85734









Thanksgiving through the years

Many of us think of Thanksgiving as a time of year where we get together with family and friends, eat turkey, rolls, and mashed potatoes, and watch football. But, where did this tradition start?

When was it recognized as a national holiday?

The first Thanksgiving took place in 1621 in Plymouth, Massachusetts. Pilgrims and Native Americans came together to celebrate their blessings and prosperity.

However, Thanksgiving was not recognized as a national holiday until 1863. Abraham Lincoln declared a national holiday of thanksgiving after a victory at Gettysburg during the Civil War. He also declared that the fourth Thursday of November would be a national holiday of thanksgiving in years to come.

Today, Thanksgiving is still a time for us to show gratitude. Many people gather with loved ones and spend quality time together. This is a good time of year to reflect on the many blessings we have. Studies have shown that gratitude is good for your health and your overall well-being. Gratitude helps you sleep better, strengthens your immune system, and can lower your blood pressure. So, being grateful is always a good habit, no matter the time of year.

We hope each of you have a wonderful Thanksgiving!

Thanksgiving Facts

- 1. Who wanted the turkey to be America's national bird?
- 2. How many turkeys are eaten by Americans each year during Thanksgiving?
- 3. Which US president tried to move Thanksgiving forward a week?
 - 4. How large was the biggest turkey on record?

A1: Benjamin Franklin A2: 46 million A3: Teddy Roosevelt A4: 86 pounds!



Test your Thanksgiving knowledge with some fun trivia!



1) The first Thanksgiving with the Pilgrims and Native Americans had turkey as the main course.

False: The Plymouth museum says that the main course was most likely venison or some other bird.

2) Squanto, a Native American, served as a translator during the first Thanksgiving feast.

True: Squanto was from the Patuxet tribe and learned English to help translate for the Pilgrims.

3) Thanksgiving was originally intended to be a fasting holiday.

True: The Pilgrims were originally going to celebrate all their blessings and show their gratitude by fasting

4) TV Dinners were invented because people wanted a way to save extra meat.

True: Apparently, a company ordered too much meat one year and wanted a way to save it.

Look carefully:

How many orange leaves are scattered throughout this newsletter? (not including the ones in pictures)

How many turkeys are there in this newsletter (on and off the table)?





SPOTLIGHT



Some of you may remember Michelle Harker, who received the Summer Citizens Scholarship Award in the Summer of 2017. During the closing ceremony, she said she was hoping to serve an LDS mission. That hope has become a reality and Michelle has been called to serve a mission in the Adriatic North mission, speaking Slovenian!

LDS sister missionaries serve for 18 months, teaching others about the LDS faith and offering service in the communities where they serve. They can go to one of 422 missions around the world, speaking one of about 50 possible languages. Michelle will go to the Missionary Training Center (MTC) in Provo on February 21st for six weeks to learn the basics of the Slovenian language and some basic teaching techniques; then she will spend the rest of her 18 months in the countries of Croatia and Slovenia.

Michelle graduated from Mountain Crest High School in Hyrum, Utah in 2017 and is just finishing her first semester at Utah State. She completed many medical classes in high school such as medical anatomy, physiology, physics, and chemistry. She enjoys staying fit through exercise and healthy eating, and she is interested in coaching, personal training, or elementary school PE teaching after her mission. Michelle said she's both "nervous and excited" to go on her mission.

Good luck, Michelle! We wish you the very best!





Contact Us

Summer Citizens Utah State University 5005 Old Main Hill Logan, Utah 84322-5005

(435)797-0425 (435)797-2028

Linda.daddabbo@usu.edu Sydney.anderson@usu.edu Visit us on the web at http://

summercitizens.usu.edu

