



THE Summer Sc p

January 2019

Happy New Year

Happy New Year! It's hard to believe that 2019 is officially here! It always feels good to welcome in a new year with new opportunities and experiences. Here in Logan, the winter break will end on January 7 and students will come back to USU for spring semester!

We're already preparing for 2019 in the Summer Citizens office. We're proofreading our program book and, of course, packing our bags and boxes for the first week of February when we come to beautiful Arizona. In order to provide more accurate counts, we would like each person attending to RSVP. Everyone who RSVPs will be in a drawing for a free class voucher!

[Click this link to RSVP!](#)

We hope each of you enjoy celebrating the New Year. Spend some time appreciating the old year and welcoming in the new. Happy 2019!

"16 years later, and I'm still back for more. The program continues to entice me to come again."
~Summer Citizen



"CHEERS TO A NEW YEAR AND ANOTHER CHANCE FOR US TO GET IT RIGHT." - OPRAH

Summer CITIZENS
Logan, Utah

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New Year's Resolutions

Many of us make New Year's Resolutions at the start of the new year. We looked up some tips you might find interesting on keeping your goals throughout the year:

- 1) **Just pick one thing** - You'll overwhelm yourself if you try to change everything at once.
- 2) **Plan ahead** - Do some research and find out what your goal will require. Get everything ready so keeping your goal will be as easy as possible.
- 3) **Anticipate problems** - Make a list of potential problems and decide how you'll deal with them.
- 4) **Pick a start date** - This doesn't even have to be New Year's Day, just pick a start date that works for you.
- 5) **Go for it** - Give 100% in accomplishing your goals and provide reminders for yourself.
- 6) **Accept failure** - It's OK if you don't achieve your goal right away or if improvement seems slow.
- 7) **Plan rewards** - You deserve a reward when you achieve your goals!

[Click here to read the full article!](#)



"There are far, far better things ahead than any we leave behind."

C.S. Lewis



JANUARY CALENDAR

Dec 31 - New Year's Eve

Jan 1 - New Year's Day

Jan 3 - RSVP link opens for AZ trip

Jan 5 - Men's basketball vs Air Force, 7:00 pm - Spectrum

Jan 9 - Men's basketball vs Fresno State, 7:00 pm - Spectrum

Jan 18 - Women's gymnastics vs BYU, 7:00 pm - Spectrum

Jan 19 - Men's basketball vs Colorado State, 7:00 pm - Spectrum

Jan 21 - Martin Luther King, Jr. Day

Jan 25 - Science Unwrapped: Microscopic, Eccles Science Learning Center - 7:00 pm

Jan 25 - RSVP link closes for AZ trip

Jan 30 - Men's basketball vs San Jose State, 7:00 pm - Spectrum

Every Friday is TRUE BLUE AGGIE FRIDAY! Feel free to wear blue with the rest of the Aggies as we show our school spirit!

WE'RE COMING TO VISIT YOU!



Monday, February 4, 2019

- 9:00 - Saddlebrooke (HOA 2 - Ballroom East)
38759 S Mountain View Blvd - Tucson, AZ 85739
- 1:00 - Sun City Oro Valley (Activity Center - Navajo Room)
1495 E Rancho Vistoso Blvd - Oro Valley, AZ 85755
- 4:30 - Green Valley (Desert Hills Auditorium)
2980 S Camino del Sol - Green Valley, AZ 85614

Tuesday, February 5, 2019

- 9:00 - Sun City Anthem & Merrill Ranch (Union Center Ballroom)
3925 N Sun City Blvd - Florence, AZ 85132
- 1:00 - Fountain of the Sun (Fireside and Lakeside Rooms)
540 S 80th St - Mesa, AZ 85208
- 4:00 - Sun Lakes Country Club (Arizona Room)
25601 S Sun Lakes Blvd - Sun Lakes, AZ 85248

Wednesday, February 6, 2019

- 9:00 - Pebble Creek (Eagle's Nest Clubhouse - Ballroom)
3645 Clubhouse Dr - Goodyear, AZ 85395
- 1:00 - Trilogy at Vistancia (Kiva Clubhouse - Ballroom) *
27980 N Trilogy Blvd - Peoria, AZ 85383

***Trilogy members only**

Thursday, February 7, 2019

- 9:00 - Sun City Grand - The Colonnade (Ballroom)
19116 Colonnade Way - Surprise, AZ 85374
- 1:00 - Sun City Festival (Sage Center - Sable Room)
26501 W Desert Vista Blvd - Buckeye, AZ 85396

Friday, February 8, 2019

- 9:00 - Sun City American Lutheran (Fellowship Hall)
17200 N Del Webb Blvd - Sun City, AZ 85373
- 1:00 - Sun City West - Desert Palms Presbyterian (Fellowship Hall)
13459 W Stardust Blvd - Sun City West, AZ 85375

If you plan on coming, please take a moment and RSVP!

Here is the link:

[Click Here to RSVP](#)



DID YOU KNOW?

- 1) The traditional New Year's song "Auld Lang Syne" means "times gone by".
- 2) The earliest known New Year's celebrations happened in Mesopotamia in 2000 B.C.
- 3) 12% of Americans fall asleep before midnight on New Year's Eve.
- 4) During the Times Square midnight party each year, the party uses 2,000 pounds of confetti!
- 5) Americans drink around 360 million glasses of sparkling wine for New Year's celebrations.
- 6) The most popular US destination for New Year's travel is Orlando, Florida.
- 7) The top New Year's resolutions are eating healthier, getting more exercise, and saving more money.
- 8) 48% of parents plan to count down the last 10 seconds of 2019 by 9 pm so their children can get to bed on time.
- 9) 1 million people attend the Times Square New Year's Eve celebration.
- 10) Until 2006, the Space Shuttle never flew on New Year's Day or Eve because its computers couldn't handle a year rollover.



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Spotlight

Welcome Katie

Today's spotlight is our new Summer Citizens Assistant Coordinator, Katie Sonderegger Smith. She was born in Irvine, CA and is 22 years old. At the age of five Katie and her family moved to Meridian, Idaho. In Idaho Katie developed a love for boating, camping, hiking, running, and snowboarding.

Utah State is where Katie chose to attend college because she loved the campus, the city, and knew that the Huntsman School of Business would shape and stretch her. After her freshmen year Katie served as a full-time missionary for her church in Lansing, Michigan for 18 months.

The summer after her mission Katie worked at a youth camp owned by The Boy Scouts of America in Huntsville, UT. That summer Katie learned how to repel, rock climb, archery, throw axes, do skits, and became a certified lifeguard. Katie loved being outdoors for the entire summer.



Katie met her husband while doing a group project for a marketing class. They dated for about a year and were married May 12, 2018. Katie says, "He truly is the best part of my life." During the summer of 2018 she interned at the Business Resource Center for Zions Bank in downtown SLC. Katie just finished her final semester at USU in December of 2018 and graduated with a bachelor's degree in Marketing.