



Spring Is Just Around the Corner!

What's New This Spring? More Courses and Tours!

We keep waiting for spring and it keeps teasing us, but then a winter storm blows back in. The ski resorts are happy—they got about a foot of new snow last week! Good thing we are staying too busy planning to notice the weather!

Registrations are coming in steadily each day. Many courses and tours are filling up fast, and some are already full. Register right away so you don't miss out on the courses and tours you are interested in!

Please share this newsletter with friends who may not know about the program and would like to learn more. Encourage them to come to Logan with you this summer!

We look forward to seeing you all soon!

Lisa Anderson
Program Coordinator
Summer Citizens Program

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Visit the Summer Citizens Website to register

Register Today!

Courses and tours are filling up fast and several are already full. You won't want to miss out on the fun courses and tours we have lined up for you. We've added quite a few new courses and tours to the mix. You can see the list on [page 3](#).

Early Bird Rates valid through April 30. Registration rates increase on May 1. Remember, every participant must have a unique email. Please call 435-797-0421 with any registration questions.

[Register Now!](#)

Get a taste of what's it's like to participate in the annual "Baby Animal Days" at the American West Heritage Center in Logan Utah by watching the video linked above.

What's Up in Cache Valley

Hello Friends,

Things have been changing in a hurry around here. You might be shocked the next time you see Main Street. The Emporium was demolished last month. See it yourself with [this dramatic short video](#) on Facebook. The creation of the new downtown plaza that will feature shops, cafes, a performance stage and even ice skating has begun. It's going to be awesome! The Logan Library was demolished last week and a brand new library will be built in its place.

If you were here right now, you'd freeze to death! But you could stop by Barrel and Stave, the brand new whiskey and wine bar on Federal Avenue, to warm up!

One of our favorite springtime traditions is Baby Animal Days at the American West Heritage Center (AWHC). About 30,000 people from across the region come for a chance to hug and pet all sorts of baby farm animals. The AWHC even brings in baby bear cubs from Yellowstone Bear World for people to see. This year's festivities will be held March 31–April 2 and April 6–9. See what all the fuss is about by watching this adorable clip <https://youtu.be/zncdNS9lzGI>

We are missing you and can't wait to welcome you back!
Julie Hollist Terrill and the Gang at the Visitors Bureau

New Summer Citizens Team Member

We have welcomed a new assistant coordinator for the team, Abigail Horn. Abigail is replacing Julie Flores whose last day was March 4. She is majoring in Law and Constitutional Studies and is proud to say she made the Dean's List last fall. She would like to complete two minors in Business/Leadership and Tourism/Hospitality. She came to USU from Colorado where she gained experience in a variety of jobs and volunteer opportunities. We are excited to welcome her to the team.

Program Updates

Change of Dates

Please make note of the new dates for these events.

Welcome Orientation and Merchant Fair

Friday, May 27
2:00 – 4:30 PM

Mid-Summer Orientation and Merchant Fair

Wednesday, June 29
2:00 – 4:30 PM

Change of Course Project

Course #7300 Intermediate Knitting project has been changed to Child's Classic Raglan Pullover. The course project has changed but the date, time, location, instructor and fee have stayed the same. Details are on the [Summer Citizens Registration Website](#).

Housing

Several housing properties still have apartments available. Call them today! If they have a waiting list, be sure to put your name on it. Cancellations and changes do happen through May.

View the contact list for [Sponsored Housing on the Summer Citizens website](#).

Featured Instructor & Adventure Tour

Meet Cree Taylor, Instructor for Course #325



In addition to working with her spouse to raise three young children, Cree is a Lecturer at Utah State University. Her classroom is informed by Social Constructivism, Critical Race Theory, Feminism, Black Feminist Thought, and Pedagogies of Care. She works to employ an Engaged Pedagogy and to establish her classroom as a brave space where students feel empowered to share their own perspectives and have

those perspectives challenged in respectful and meaningful ways. Ms. Taylor loves mentoring students and has a special interest in working with BIPOC students here at USU. Her favorite part about working with students is engaging with them on controversial topics and texts.

Cree will be teaching Course #325, The History of Race and Ethnicity in the United States. This course centralizes the experiences and perspectives of People of Color to help provide you with a broad overview of the history of race, ethnicity, and indigeneity in the United States. You will gain increased understanding of the ways in which race and racism have been, and continue to be, powerful social, cultural, and political forces in society today. The course will be taught June 13–17, Monday–Friday, 1:30 PM–2:45 PM.

For a full course description visit [Summer Citizens Registration Website!](#)

Featured Tour: Bear River Valley Museum

Join us on “D-Day” as we take a chartered bus to this fascinating museum in Tremonton, Utah. The Museum opened in 2011 and is located in Tremonton, Utah, 30 miles west of Logan. The museum’s mission is to learn, preserve, exhibit and teach history of the Bear River Valley by collecting stories and artifacts of Northern Utah and displaying them in a historical setting. The museum features a display about prominent and interesting locals such as Gail Halvorsen, the Berlin candy bomber, who recently passed away at age 101, along with the Bergstrom brothers, who were the basis of the movie Saving Private Ryan. The tour will take place on Monday, June 6, 10:00 AM–12:00 PM.

Learn more at [Summer Citizens Registration Website!](#)

New Courses—Not in the Printed Program Book

Preview all the details on the [Summer Citizens Registration Website](#).

#1050 Yoga for Lifelong Well Being

(June)
June 1–June 29, Mon & Wed
9:00 AM–10:00 AM (9 sessions)

#1100 Water Aerobics

May 31–July 28, Tue & Thu
9:00 AM–10:00 AM

#325 The History of Race and Ethnicity in the United States

June 13–17, Mon–Fri
1:30 PM–2:45 PM

#620 Tourist German

July 5–8, Tue–Fri
1:30 PM–3:00 PM

#630 An Introduction to Family History Research (Genealogy Research)

July 5–8, Tue–Fri
3:15 PM–4:45 PM

#830 Medicare 101: How to Maximize Your Senior Benefits and Other Cool Stuff!

July 18–22, Mon–Fri
3:00 PM–4:15 PM

New Adventure Tours

Tour 2D: Bear River Valley Museum

Monday, June 6
10:00 AM–12:00 PM

Tours: Space Dynamics Lab

Tour 1A: Wednesday, June 1
Tour 4B: Wednesday, June 22
Tour 8B: Wednesday, July 20
4:30–5:30 PM

Tour 4C: Hill Air Force Base Air Show—VIP Experience

Saturday, June 25
8:00 AM–6:00 PM

USU Online Presentations You Can Join this Month

Gut Health: Feed Your Flora

Learn more about the importance of your gut health and how to improve it with USU Dietetics students.

Friday, March 18, 2022
12:00 pm–1:00 pm

Register on the [USU recportal website](#).

FORSTER LECTURE SERIES: Jay Quade

Presenter Jay Quade
University of Arizona

Monday, March 21, 2022
3:30 pm–4:30 pm

Tuesday, March 22, 2022
9:00 am–10:30 am

Contact kelly.bradbury@usu.edu to participate in the Online Presentation.

Mindfulness Meditation Sitting in breath and presence

Mindfulness is a type of meditation in which you focus on being intensely aware of what you're sensing and feeling in the moment, without interpretation or judgment. This is a weekly, online wellness series hosted by the Utah State University Office of Health Equity and Community Engagement and Tribal & Rural Opioid Initiative Resource Center.

Tuesday, March 22, 2022
7:30 pm–8:10 pm

Register for free on [Eventbrite](#)

Indigenous Knowledge Symposium

Join us for the second annual Indigenous Knowledge Symposium. Our theme this year is Making Connections with Indigenous Cultural Teachings and the Scientific World.

Friday, March 25, 2022
1:00 pm–3:30 pm

Register for the [Zoom Meeting](#)

Mindful Movement Yin Yoga

Yin yoga is a slow-paced, passive type of yoga that incorporates long holds and stretching designed for deep contemplation and mind-body awareness. This is a weekly, online wellness series hosted by the Utah State University Salt Lake County Health Extension.

Tuesday, March 29, 2022
7:30 pm–8:10 pm

Register for free on [Eventbrite](#)

Ask a Dietitian

Follow us at [usucampusrec on Instagram](#) and ask your nutrition questions to Brooke Lister, Campus Rec's Registered Dietitian, during our monthly Q&A.

Thursday, March 31, 2022
1:00 pm–4:00 pm

Participate at [@usucampusrec on Instagram](#)



Logan City in Beautiful Cache Valley

Program Sponsors, Partners, and Ambassadors

The Summer Citizens Program is grateful for our VIP Sponsors and partners who contribute their time and resources to make Summer Citizens a success each year. [See a list of current Sponsors and Partners.](#)

The Summer Citizens Program would also like to thank our volunteer Ambassadors. They serve as an advisory board and marketing team to help spread the word about the Summer Citizens Program to anyone they come into contact with. We appreciate all their help and support of this program. [See a list of current Ambassadors.](#)

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