



## Aggies Take On The NCAA Tournament

March Madness. It's what provides light at the end of the tunnel during Cache Valley winters for Utah State men's basketball fans. And for the fourth time in the last five years, USU has qualified for the NCAA Men's Basketball Tournament having been picked as the No. 10 seed in the South Region.

The Aggies punched their ticket to the Big Dance after advancing to the finals of the Mountain West Men's Basketball Tournament and enter the NCAA Tournament with an overall record of 26-8. USU is led by second-year head coach Ryan Odom, who will be making his second NCAA Tournament appearance as a head coach after providing one of the most memorable moments of the tournament during his first stint at UMBC.

During the 2018 tournament, UMBC, the No. 16 seed, became the first-ever team to upset the highest-ranked team in the tournament, No. 1 Virginia, with an improbably 74-54 victory over the Cavaliers.

Fast forward now to the 2023 tournament and Utah State is led by first-team all-Mountain West guard Steven Ashworth, who is averaging 16.3 points per game and is one of the nation's best 3-point shooters, connecting on a 44.3-percent clip. Max Shulga, also recognized by the Mountain West, earned honorable mention all-conference accolades after averaging 12.1 points per game and finishing second on the team with 138 assists during the year.

Dan Akin made the most of his only season at Utah State after transferring from Cal Baptist for his final year of eligibility, earning the Mountain West's Sixth Man of the Year after turning in 12.0 points per game and leading the Aggies on the glass with 6.9 rebounds per game.

Overall, Utah State has made 23 NCAA Tournament appearances in school history. Watch the Aggies in their first-round matchup against No. 7 Missouri on Thursday, March 16, at 11:40 am (MT) on TNT.



## Dates To Remember

### Early Bird -

Sunday, April 30th

### Opening Social -

Thursday, May 25th

### Closing Social -

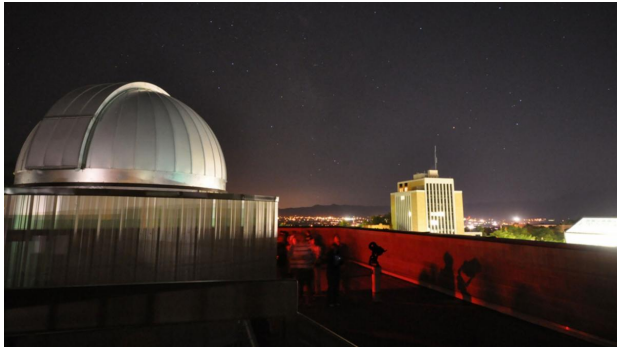
Thursday, July 20th



## Updates

Our Sponsorship Partnerships are just about locked in so keep an eye

out for information from our supporting community. Coupons, discounts, and more! You love Logan and Logan loves you!



## Tour Feature

### USU Observatory Tour

Come gaze at the stars, moon and planet with the USU Physics department. Our primary targets for this visit will be the Moon (nearly full), Venus (crescent), Hercules Globular Cluster, Wild Duck Cluster and more! There will be 4-5 telescopes set up and pointed at these various heavenly bodies for you to view.

The Observatory is located on the roof of USU's **Science Engineering Research (SER) building**, the observatory houses a 20-inch reflecting telescope on a computerized mount that yields clear, crisp images of faraway planets and deep space objects. The observatory's unique half-circle building, designed and constructed by USU Facilities, features a circular staircase that leads to the telescope gallery topped with a metal dome measuring 16.5 feet in diameter.

The observatory's telescope is accessible by stairs only from the SER building's rooftop deck.

[Sign Up Here!](#)



## 2022 Participant Demographics

The Summer Citizens program provides opportunities for the 55+ generation to discover, engage and celebrate life through lifelong learning activities at Utah State University in Logan, Utah, and throughout the greater Cache Valley area.

Each year we are elated to meet each of you and learn about where you are from. 2022 was no different! View where our Summer Citizens call home below.

Age	% of Total	Home State	% of Total
59	4%	AZ	85%
60-69	7%	UT	3%
70-79	45%	CA	5%
80-89	40%	TX	2%
90-98	4%	Other *	5%

\*(includes 12 different states)

## Travel Adventure Tours

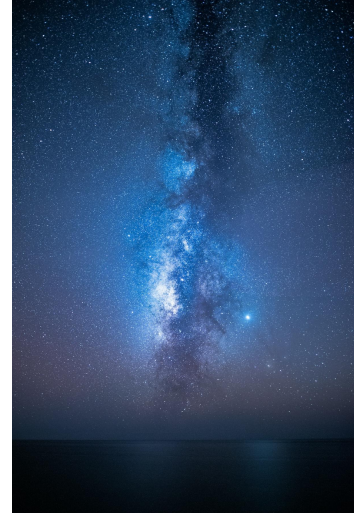
### Space Dynamics Lab Tour

The Space Dynamics Lab at USU offers tours to educate all ages from the community about our contributions to society, innovative technology, core capabilities, and state-of-the-art facilities. Tours are designed to help engage visitors about the exciting possibilities the science disciplines provide.

The USU Space Dynamics Laboratory (SDL) is passionate about educating people of all ages about some of the exciting work and innovation that is happening right here in our community. SDL's public tour introduces you to their specialized capabilities, satellites, mission systems in support of science and national security, and to see some of their state-of-the-art facilities.



The tour route at the North Logan facility includes visits to three buildings. Along this route please be prepared to walk, climb up and down stairs, and stand for anywhere from 20-30 minutes



## Cox Honeyland Warehouse Tour

You surely know what honey is, but do you actually know how it's made? Come to the Cox Honeyland Warehouse and see the bees do their work under a plexiglass surface to marvel over the intricate work they perform. Bees are some of the most efficient manufacturers in the world. They do a lot of work and are very organized, using pheromones to communicate with one another. One bee makes about one twelfth of a teaspoon of honey in its entire life. In order to make just one pound of honey, bees travel around 55,000 miles, gathering pollen and nectar from over two million flowers.

With over 100 years of local honey producing experience, Cox Honeyland and Gifts is proud to provide high-quality pure honey products to Cache Valley locals and customers around the world. Since the beginning, our goal at Cox Honeyland has been to make life a little sweeter.

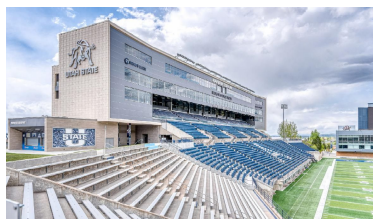


## Aggie Chocolate Factory Tour

Don't miss this opportunity to learn how the Aggie Chocolate Factory makes the world's finest single origin bean-to-bar chocolate.

This tour will walk you through the entire process of how cacao is grown, harvested, and processed into delicious chocolate. The tour will conclude with a special tasting session.

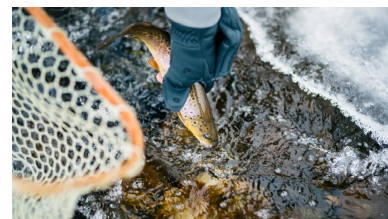
Taste the flavors of single origin chocolates made at the Aggie Chocolate Factory and compare them



## Maverick Stadium Tour

Merlin Olsen Field at Maverick Stadium is an outdoor football stadium on the campus of Utah State University. It opened in 1968 and currently has a seating capacity of 25,513. Its FieldTurf playing field, installed prior to the 2022 season, runs in the traditional north-south configuration, and sits at an elevation of 4,710 feet above sea level.

This is a walking guided tour of the West Stadium Center, the President's Suite, the National Broadcast booth, and the Coaches box.



## Sportsman's Paradise and Trout Dinner Tour

Located in the south end of Cache Valley Sportsman's Paradise, was settled in 1868 by Barnard White an immigrant from England. This 56,000-acre homestead was one of the first settlements in the beautiful Cache Valley.

This working ranch is known not only for all the wonderful outdoor sports, but for great hospitality & fine dining too.

On this night you will get to hear

to commodity chocolates. Identify the flavors that you prefer and become a chocolate snob!



There are elevators in the building but come prepared to walk around the building with some periods of standing for 45 minutes to an hour.

**Read More About  
The Stadium**

from Colonel Grant White tell the history of this wonderful ranch, enjoy the quiet peacefulness of the outdoors and feast on the evening meal, featuring fresh, boneless trout fillets, au gratin potatoes, fresh green salad, warm rolls and for dessert, a slice of cheesecake. Music will fill the night air featuring Jeffrey Tingy & his live band on 6/26/23 and our own Summer Citizen Mike Lindner & his live band on 7/6/23 and 7/13/23.

## Returning Instructor - Cammy Adair

Cammy Adair loves yoga and sharing yoga! It's an important part of her overall health and allows her to do all the other things she loves. She earned a Bachelor's degree in Exercise Science & Health Education from Utah State University, but just found yoga 7 years ago and was hooked.

Her husband also began a consistent yoga practice to help deal with his chronic pain. Yoga helped him more than anything else he had tried over 30+ years!

Since then, Cammy has completed her 200 hour + 300 hour yoga teacher training certifications, and her Yoga Tune Up® + Roll Model Method® certifications. She has over 1200 hours of teaching to all ages and levels. Her favorite is teaching active seniors to feel and live better in their bodies!

Please Note: Deborah Lazear from February's newsletter is *anew* instructor.



Cammy Adair Yoga Instructor

**Sign Up For A Yoga  
Class!**

## Games

# It Is March

N	C	S	N	G	T	R	E	R	E	V	O	L	C
L	E	P	R	E	C	H	A	U	N	C	D	C	C
I	M	A	E	E	C	S	A	S	P	R	I	N	G
L	A	K	I	S	D	O	N	C	E	E	S	I	I
D	D	N	Q	D	A	F	F	O	D	I	L	S	E
E	N	I	R	A	M	A	U	Q	A	M	E	E	L
P	E	X	O	N	I	U	Q	E	A	O	A	C	F
D	S	E	D	I	A	D	E	P	A	E	S	S	P
N	S	S	T	P	A	T	R	I	C	K	T	I	C
E	I	R	N	S	E	R	D	D	I	N	E	P	X
S	P	A	A	U	L	U	C	K	I	A	R	R	P
D	I	I	L	X	H	I	G	R	E	E	N	S	E
T	R	N	T	D	F	U	A	M	I	N	U	O	I
A	U	Y	C	G	R	I	A	R	I	E	S	O	A

LUCK  
EASTER  
ARIES  
IDES  
LEPRECHAUN  
AQUAMARINE  
DAFFODIL  
PISCES  
RAINY  
EQUINOX  
STPATRICK  
GREEN  
MADNESS  
CLOVER  
SPRING

## Flash Back - Remember When?

50 Years Ago - Billboard Hot 100 Week of March 17th, 1973

### Billboard Hot 100

1. Killing Me Softly With His Song – Roberta Flack
2. Dueling Banjos – Deliverance/Eric Weissberg & Steve Mandell
3. Love Train – The O'Jays
4. Also Sprach Zarathustra (2001)
5. Last Song – Edward Bear
6. The Cover of "Rolling Stone" - Dr. Hook and the Medicine Show
7. Could It Be I'm Falling In Love – The Spinners
8. Neither One of Us (Wants to Be The First To Say Goodbye) – Gladys Knight And The Pips
9. Daddy's Home – Jermaine Jackson
10. Danny's Song – Anne Murray

### Movies That Turn 50 This Year

1. 2001: A Space Odyssey
2. Barbarella
3. Bullitt
4. Chitty Chitty Bang Bang
5. Funny Girl
6. The Lion in Winter
7. Night of the Living Dead
8. The Odd Couple







## Saint Patricks Day

Not wearing your green? Ouch! Thankfully as you get older the threat of a pinch on St. Patrick's Day decreases, but how did St. Patrick's Day begin?

According to Time magazine, the March 17 holiday began in 1631 when the Church established a feast to honor St. Patrick, the patron saint of Ireland. The feast was a long-time coming as St. Patrick died during the fifth century. Curiously, little is known about St. Patrick, although myths exist of him expelling all the snakes from Ireland. Born of wealthy parents in England, St. Patrick was kidnapped by Irish raiders when he was 16 and held captive for six years. Upon his escape, St. Patrick studied as a priest for more than 15 years before embarking on a mission to minister to Christians already in Ireland and to convert the Irish. St. Patrick is credited with teaching the concept of the Holy Trinity to an unbeliever by showing them the three-leaved plant with one stalk, a shamrock. The shamrock, or three-leaf clover, is the national flower of Ireland and seen on the lapels of Irishmen during the holiday.

Irish immigrants in the United States founded "Irish Aid" societies and each would put on their own St. Patrick's Day parades, before the organizations began to unite their groups and ultimately began the official New York City St. Patrick's Day parade. Today, that parade is the world's oldest civilian parade and the largest in the United States, with over 150,000 participants. Other traditions began to spread across the United States, including Chicago's annual dyeing of the Chicago River to green in 1962. That year, they released 100 pounds of green vegetable dye into the river—enough to keep it green for a week. Today, in order to minimize environmental damage, only 40 pounds of dye are used, and the river turns green for only several hours.

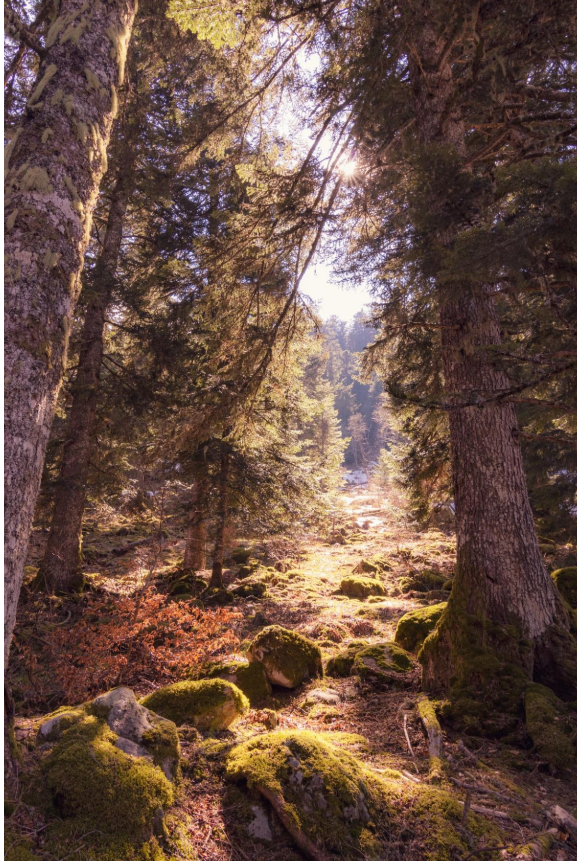
So, why the color green? The color is attributed to the very same shamrock used by St. Patrick and the color worn to celebrate Irish nationalism.

What is your favorite St. Patrick's Day tradition?

## We Want To Hear From You!

(Click on an option below)

Why do you visit as a Summer Citizen?



**USU Summer Classes**

**Entertainment-Opera & Theater**

**The Weather**

**Friends and Family**

**Outdoor Recreation**

**Cheap Housing**

Event Services, Utah State University | Utah State University, 5005 Old Main Hill, Logan, UT  
84322

[Unsubscribe mara.christensen@usu.edu](mailto:mara.christensen@usu.edu)

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